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Island Sun

The first day
of Spring
Friday, March 20

VOL. 22, NO. 39 | SANIBEL & CAPTIVA ISLANDS, FLORIDA | MARCH 20, 2015

MARCH SUNRISE/SUNSET: 20 7:33 • 7:39 | 21 7:32 • 7:40 | 22 7:31 • 7:40 | 23 7:30 • 7:41 | 24 7:29 • 7:41 | 25 7:28 • 7:42 | 26 7:27 • 7:42

Burr Family Continues Legacy At Shell Museum

In front of The Bailey-Matthews National Shell Museum, Eileen and Bridget Morgenstern hold some family photos while Dorrie Hipschmann presents them with the memorial brick named in honor of their father, James Burr photos by Jeff Lysiak

by Jeff Lysiak

Last Friday afternoon, two members of the Burr family took part in a special ceremony in front of The Bailey-Matthews National Shell Museum, adding a new brick to the Raymond Burr Memorial Garden walkway in honor of their father, James Burr. Bridget Morgenstern – niece of the late actor Raymond Burr – visited the museum

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Sanibel artist Laura Ball selling her hand-painted coconuts and other works of art at a previous fair

Sanibel-Captiva Lions Club 32nd Annual Arts And Crafts Fair

The 2015 Sanibel-Captiva Lions Club's 32nd annual Arts and Crafts Fair will take place from 9 a.m. until 5 p.m. on Friday, March 20 and Saturday, March 21. The fair, which includes over 100 artists and crafts people from across the United States, will be held on the grounds and inside The Community House, 2173 Periwinkle Way. Parking is free and available across the street and at other nearby locations.

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Norma Miller with a dance troupe

An Evening On Captiva With The Queen Of Swing, Norma Miller

Captiva Island Historical Society will present An Evening with Norma Miller on Monday, March 30, from 5 to 8 p.m. at Captiva Community Center on Chapin Lane.

Known to many as the Queen of Swing, Miller is an author, choreographer, dancer, comedian and actor whose career spans over seven decades. Discovered at the age of 12

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Group Exhibit At Captiva Community Center

A group exhibition by nearly a dozen artists, featuring museum quality modern art in various mediums, will be on display at the Captiva Community Center, 11550 Chapin Lane, for nearly a month.

This group show, titled Island Contemporary, features works by such internationally famous artists as Joan Miró and Robert Rauschenberg, as well as pieces by outstanding local artists such as Eleanor Dominek, who was awarded first place in the Sanibel-Captiva Art League's recent show at the Community Center gallery.

It is the fourth art exhibition of the season at the renovated and expanded Community Center. Earlier this season, the facility's gallery hosted the award-winning ARTCALUSA group exhibition, which was put together by the Lee Trust for Historic Preservation; Captiva Eclectic, an exhibition of new works by five local artists; and the Sanibel-Captiva Art League's Island Art, a juried exhibition of more than 60 new pieces.

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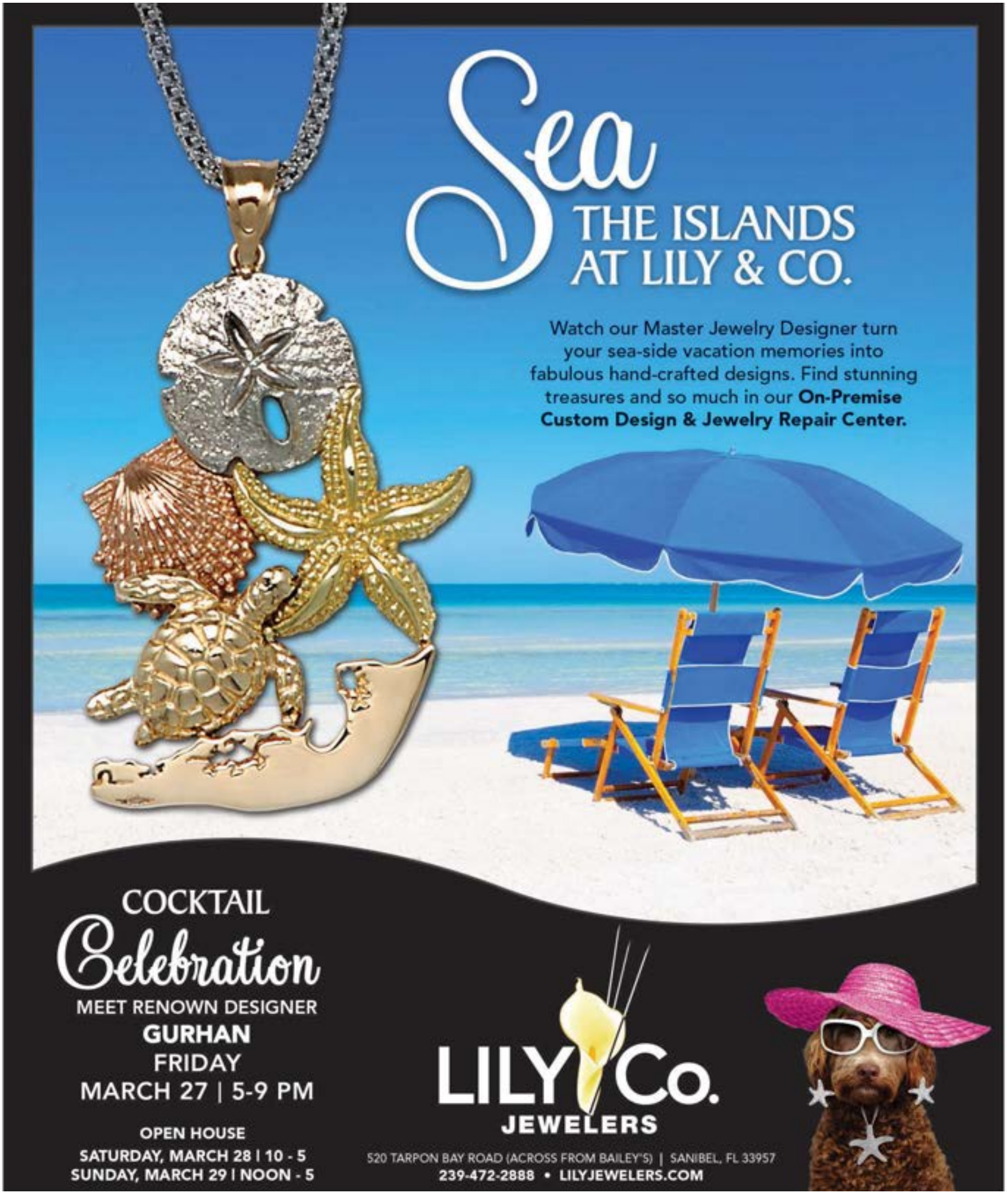
This dramatic portrait was spray-painted on canvas by acclaimed artist David Walker, who has developed a signature multi-layered style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Girl Scouts Make Instruments From Garbage

To fit with the recycling theme of Upcycle! Art Fest on April 1 and 2 at J.N. 'Ding' Darling National Wildlife Refuge, a new, local "garbage band" will perform with instruments made from recycled materials.

Junior Girl Scout Troop #673 fourth- and fifth-graders from south Fort Myers have fashioned guitars and a cello out of Girl Scout cookie boxes and shakers out of plastic bottles, said leader Anisa Stewart.

"The girls have been working on energy and the way to conserve it this year and will be making recycled instruments out of recyclables and garbage and

Girl Scouts from Troop #673 practice for Upcycle! with their instruments made from repurposed materials, including Girl Scout cookie boxes

performing songs with them as their end-of-the-year Innovate Project," she added.

"We are so excited to hear the girls play and sing their songs," said Barb Rogers, Upcycle! Art Fest committee chair. "What a great, fun addition this will be to the spirit of Upcycle!"

The festival will take place at the "Ding" Darling Visitor & Education Center from 9 a.m. to 4 p.m. both days and will feature the upcycled works of

Girl Scout garbage band

more than 20 artists for display, judging, and sales. Activities will include artist exhibits, an art sale, a silent auction of select artists' work, make-and-take crafts for kids and adults, artist demonstrations and environmental exhibitors.

"Ding" Darling Wildlife Society-Friends of the Refuge hosts Upcycle! Art Fest with sponsorship support from Cip's Place, George & Wendy's Seafood Grille, *Island Sun*, Southwest Florida Fine Craft Guild and Ann-Marie and Don Wildman.

"We are once again planning an educational and entertaining event that will directly benefit wildlife and its habitat at 'Ding' Darling," said DDWS executive director Birgie Miller. "Besides demonstrating the importance of recycling and conservation, it will offer visitors opportunities to purchase one-of-a-kind pieces and even try their hand at it."

Any businesses or individuals interested in sponsoring or participating in Upcycle! Art Fest may contact Miller at 292-0566 or director@dingdarlingsociety.org. ☆

You are cordially invited to attend

New Resident Reception

Thursday, April 9, 2015
9:00 am to 11:00 am
Sanibel City Hall
800 Dunlop Road
Sanibel, Florida 33957

Hosted by Mayor Kevin Ruane and City Councilmembers Mick Denham, Chauncey Goss, Marty Harrity & Jim Jennings

Please RSVP to
sancouncil@mysanibel.com
or
(239) 472-3700
By Friday, April 3, 2015

Ikki Matsumoto
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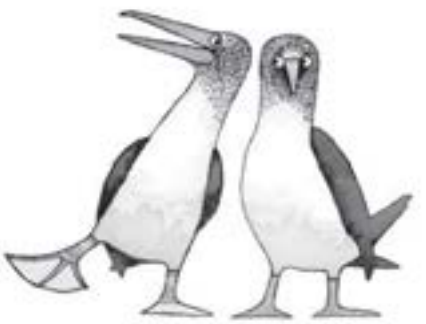

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What's Happening At The House In 2015

SCA Events

Black Queen Luncheon
March 26 12 Noon
$30/Members,$40/Guests

Raffle Tickets
Available Now for Spring Thing

CLASSES/PROGRAMS

Complimentary Shell Crafting
Lesson: Monday begins 10 am - Noon
Crafts on Sale Mon.-Friday until 3 p.m.

Welcome Coffee
April 8, 10 am

Beginner iPad/iPhone
April 2 9:30 am
$35 Members/$40 Guests

Sanctioned Duplicate Bridge
Tues. & Thurs. 1 pm

Optimize Your Health
April 9 4 pm

Yoga
Monday and Thursday 8:30 am

Silk Painting
March 26 6:30 pm
$80/Member, $85/Guests

Chalk Painting
March 23 6 pm -9 pm
$65 Members/$70 Guests

Beading with Shells
April 1 9- Noon
$35 Members/$40 Guests

Sissi Paint Party
March 25 7 pm
$40 Members/$45 Guests

The Community House
SANIBEL COMMUNITY ASSOCIATION
Telephone: (239) 472-2155
info@sanibelcommunityhouse.net
www.sanibelcommunityhouse.net
2173 Periwinkle Way, Sanibel, FL 33957

"To enrich community spirit through educational, cultural and social gatherings in our historic Community House."
The SCA is a 501c 3 Organization.

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SanCap Art League

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Captiva Community Panel News

The Captiva Community Panel will hold its regular monthly meeting on Tuesday, April 14, beginning at 9 a.m., in Chadwicks Square at South Seas Island Resort. The meeting is open to all interested islanders and the public.

Among the agenda items:

- Discussion of the Captiva Plan update.
- Panel discussion on issues and action surrounding the South Seas master plan amendment.
- Review of proposed amendments to the panel bylaws.
- Discussion of panel priorities.
- A Captiva Erosion Prevention District update.
- A Captiva Fire District update.
- A Hurricane Preparedness and Response Committee update.
- Other business as necessary.

In addition, the panel will hold a public workshop on the Captiva Plan right after the panel meeting, in the same room. This will be an opportunity to review the initial draft language for the plan, which is posted online at: http://www.captivacommunitypanel.com/pdfs/021115capPlanUpdate.pdf (click or paste into your browser).

This plan update will go through a number of reviews, but this is your best opportunity to comment on the proposed language before the panel finalizes it for submission to the county for approval. All interested Captivans are encouraged to review these goals and policies and share their thoughts with panel members. If you cannot attend the meeting, send your comments to captivacommunitypanel@gmail.com and they will be passed along to panel members.

Public participation is invited and encouraged. The next Captiva Community Panel meeting will tentatively be on May 12. Information and background documents are available online at www.captivacommunitypanel.com.

CEPD To Meet April 15

The Captiva Erosion Prevention District will hold its next monthly board meeting on Wednesday, April 15 at 1 p.m. in the Wakefield Room at 'Tween Waters Inn. Call the district at 472-2472 or go to http://mycepd.com/ for more information.

A Chance To Settle Those Overdue Tickets And Fines

Outstanding tickets? Overdue fines? The Lee County Clerk of Courts is offering a one-time opportunity to pay up during Operation Green Light, a one-day-only event on Saturday, April 18. You can pay off overdue traffic tickets and other court fees and fines – and the clerk's office is waiving the 25 percent collection surcharge. It is a convenient, money-saving opportunity for people to restore their driving privileges.

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To Benefit
J. N. "Ding" Darling National Wildlife Refuge
Upcycle! Art Fest
Wednesday, April 1st
Thursday, April 2nd
9:00 AM - 4:00 PM
"Ding" Education Center

NEW ART FROM RECYCLED MATERIALS

* Meet the artists
* Shop the unique & support the environment
* Bid on one-of-a-kind Silent Auction art works
* Create your own upcycled art at Make & Take tables

FREE FUN for THE ENTIRE FAMILY

All art is for sale with a portion of the proceeds benefiting conservation efforts at the Refuge www.dingdarlingsociety.org

"Ding" Darling Wildlife Society 1 Wildlife Dr. Sanibel, FL 33957
239-472-1100 ext. 4 www.UpcycleArtFest.org

CARD OF THANKS

The Community House, home of the Sanibel Community Association (SCA), has been fortunate to once again benefit from island volunteers. Over 500 volunteers help to make the annual Sanibel Shell Festival a success. These volunteers are from three different organizations: SCA Shell Crafters, The Bailey-Matthews National Shell Museum and the Sanibel-Captiva Shell Club.

Over the past year, the shell festival committee has worked hard to put on a successful shell festival. The shell crafters work every Monday producing beautiful works of art to sell. The shell club meets monthly and provides an opportunity for the exchange of information about shells and mollusks. The shell museum provides nine weeks of training to The Sanibel School sixth graders. They, in turn, share their knowledge at the shell festival. The Sanibel-Captiva Kiwanis Club, Sanibel-Captiva Rotary Club and Sanibel-Captiva Lions Club members helped with parking.

As with all older structures, refurbishment, air conditioners, and other improvements are needed from time to time. The Community House has been well used over the years and is showing its age in a number of areas. The shell festival helps to provide the funding needed to keep the facility use fees low for all clubs and organizations, and has been a blessing to The Community House.

The Community House president, board of directors, executive director and staff, along with the membership, extend

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Spring Festival

Emma Spencer is preparing her smile for a picture with the Easter Bunny who will make an appearance at the Children's Education Center's Spring Festival

The 21st annual Spring Festival put on by the Children's Education Center of the Islands will be held on April 4 from 9 to 11 a.m. at the Sanibel City Park (next to The Community House).

The festival begins with a free Easter Egg Hunt by age group, followed by a silent auction, games, crafts, food and contests. Activities will include a bounce house, grand slide, face painting and photo booth. The cost is $10 for unlimited fun. The Easter Bunny will be available for pictures.

Sanibel artist Eleanor Dominek, who painted this scene on display in the group show, walked off with first place in the Sanibel-Captiva Art League show at the Civic Center last month

***Cardboard Factory* by Kathy Kissik features a variety of found objects**

From page 1

Captiva Group Exhibition

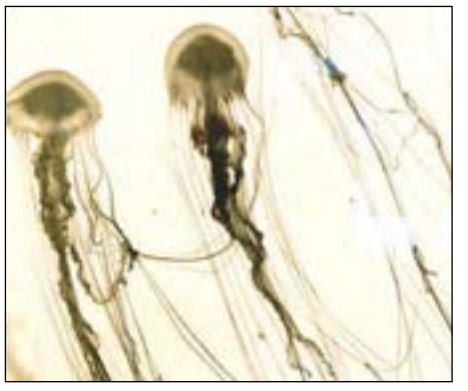
This Island Contemporary show was assembled by the Robert Fontaine Gallery of Miami, form for emerging, mid-career and established which seeks to provide a platmaster artists.

Fontaine has island roots. He grew up on Captiva and Sanibel and is a former CCA scholarship recipient who attended Florida Gulf Coast University.

Artists whose works are featured in the Island Contemporary group exhibition are Eleanor Dominek, Stella Farwell, Francesco Gillia, Kathy Kissik, Joan Miró, Ashley Oubré, Jarek Putzel, Robert Rauschenberg, Joel Shapiro, Susan Sherlock and David Walker.

The show's opening reception was held on Thursday, March 12. It will run through April 9. Viewing can be arranged by appointment by calling 472-2111.✲

Artist Francesco Gillia admires the photo-realistic techniques used in Ashley Oubre's *Aquatic Dream I*



Ashley Oubré created a wall full of small works such as this one – as well as a large one – utilizing graphite powder, India ink and carbon pencil

NEW EXHIBIT AT WATSON MACRAE GALLERY

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Opening night at the Island Contemporary Art Show at the Captiva Civic Center not only means museum quality art work, but food, cocktails and friendship

A sculpture by the late Stella Farwell, an artist whose sculptures were known well beyond Captiva where she lived and worked

Ann Brady, director of the Rauschenberg Residency, studies two paintings by Sue Sherlock

Chicken wire, a ruler, part of a nail clipper, insulation and cardboard are just a few of the found objects used to create Kathy Kissik's *Cardboard Factory*

Mark Rosenbaum, whose wife Eleanor had a number of works on display opening night, admires the etchings of New York City artist Joel Shapiro

Ron Gibson tends bar during opening night, while Pat Boris signs the guest book

Sanibel artist Eleanor Dominek and Captiva artist Sue Sherlock compare notes during the opening night of the show

DESIGNER TRUNK SHOW

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From page 1

Burr Family Legacy

for the first time last summer. For several years, she was unaware of her famous uncle's connection to Sanibel, and as one of the most important elements in assisting islanders in helping raise money to build the shell museum in the early 1990s.

"Last time, I was a little taken back with emotion," Bridget Morgenstern wrote in an email to the museum recently. "It is an honor to be able to be a part of this."

Raymond Burr, best known for his work on the television shows *Perry Mason* and *Ironside*, was also an avid shell collector who lent his celebrity to the cause of raising start-up funds that led to the eventual construction of The Bailey-Matthews National Shell Museum.

Raymond Burr

In January 1991, a capital campaign fundraiser held at Sanibel Harbour Resort entitled An Evening with Raymond Burr generated more than $530,000 in cash, pledges and in-kind gifts. Burr also lent his vocal talents to the effort by recording voiceover commercials and TV promotional spots to help publicize the museum.

"Because he loved shells and because he knew (shell museum founding director and conchologist) Tucker Abbott, he agreed to be the celebrity spokesman for the capital campaign," said Dorrie Hipschmann, executive director of the museum. "He was so well respected and so trusted. And he was a great, great actor."

Raymond Burr's acting career covered thousands of radio appearances, over 60 films and more than 150 television shows. His lead role as criminal defense lawyer Perry Mason became a Saturday evening favorite in that popular television series which reached an audience of more than 30 million viewers.

Idyllic and isolated South Seas islands were magnets for Burr, who in 1965 purchased Naitamba Island in Fiji. There, he and his partner Robert Benevides collected shells as a relaxing hobby.

The garden located at the entrance to The Bailey-Matthews National Shell Museum honors Burr, who passed away in 1993, just two years before the museum opened.

On March 13, Bridget Morgenstern and her sister, Eileen, joined Hipschmann in the garden and placed a memorial brick dedicated to their father, who in addition to working for the Los Angeles Police Department, also landed roles on TV shows including *Ironside* and *Columbo*.

"We look at (Raymond Burr's TV shows and movies) and see an extension of our father," said Bridget Morgenstern, who lives in Largo, Florida. "Like our uncle, he reached out to people and tried to make a difference."

The Burr family previously dedicated a brick in the memorial garden to their brother, Kevin, who died in 2013.

Bridget Morgenstern, center, places the new brick in the memorial garden as Eileen Morgenstern and Dorrie Hipschmann look on

"Kevin looked just like (Raymond Burr)… it was remarkable," added Eileen Morgenstern, visiting from California. "Our brother was really funny and so talented, too. He played 21 different instruments."

To purchase a brick to add to the Raymond Burr Memorial Garden, contact The Bailey-Matthews National Shell Museum, PO Box 1580, Sanibel, FL 33957, call 395-2233 or visit www.shellmuseum.org.☆

The Community House

Weave necklace with scallop shell

Beading Classes

All are invited to learn the art of beading with shells and other treasures of the sea with instructor Anita Gober. All supplies and tools are included. Classes are kept small for one on one instruction. Minimum of three people and maximum of 10.

Wednesdays, 9 a.m. to noon:
March 25 – Pearl Bracelet
April 1 – Tubular Peyote Stitch
April 15 – Spiral Rope Bracelet

You can see some of Gober's items for sale at Pandora's Box. Per class price, is $35 for members and $40 for guests. Advanced classes will be scheduled ad hoc for $50 for three hours for members.

For more information or registration, call 472-2155.

Colorful Sips

Peaceful Cove **by Sissi Janku is the painting being demonstrated March 25**

The Community House offers evening Art and Wine Parties with local artist Sissi Janku. No experience is necessary. Create your own work of art to take home. All materials will be provided.

Bring your favorite wine and a snack for sharing with fellow artists.

Class is Wednesday, March 25 from 7 to 9 p.m. Cost is $40 for members and $45 for non-members. Call 472-2155 to register.

Catherine de Medici

Luncheon Performance

Catherine de Medici, The Black Queen, tells the intriguing story of the Renaissance woman who never expected to be a queen, yet who went on to be the power behind the throne through the reigns of three of her sons. During her early years in her new country, de Medici was despised and discounted as "the Italian woman." When she became Queen Regent, however, she proved how skilled a leader she was – even during the Protestant Huguenot Rebellion. History has not always treated her kindly, casting her as a villain, a poisoner and a necromancer. But her greatest "crime" may have been one she shared with her contemporary, Queen Elizabeth I of England, that of being an intelligent and powerful woman far ahead of her time.

This one-woman performance and catered luncheon is on Thursday, March 26 starting at noon. The performance is $30 pre-paid for members, $40 for guests. A light meal is included – honey grilled chicken salad and dessert – followed by the performance. Register by calling 472-2155 or online at www.sanibelcommunityhouse.net on the donate here page.

Silk Painting

A silk painting class is scheduled for Thursday, March 26 from 6:30 to 9:30 p.m. All materials provided: 8 x 70-inch silk scarf pre-stretched on frame with your chosen design pre-drawn on the scarf, use of bamboo art brushes, baggies, silk dyes and paints, media to move the dyes (salt and rubbing alcohol), as well as art instruction by Jenny Licht. You can choose to paint a traditional flower, contemporary flower, poppies, calla lily, eye of the peacock, dragonflies, butterflies, sunflowers, geometric/modern shapes, a suggestion of your choice or free-hand your own design.Choose your color palette from an extensive variety of hues. Bring a snack if you like.

Use your hand painted silk as a scarf to wear, add tassels and make it a table runner, add a backing and you have a creative pillow covering, stretch and

A finished silk scarf

frame to use as a wall hanging or decorate like a designer and feature your hand painted silk as a window valance.

Upon completion of the class, Licht will take the silk scarves on their frames to her home, remove them from the frame after 24 hours to heat set them. After heat-setting, she will wash them with professional silk dye detergent and rinses. The scarves are then ironed, packaged and shipped back to the student.

Licht said, "Everyone enjoys this Bella Art (Beautiful Art Made by You). Licht is a graduate of University of Wisconsin. Her work can be seen at www.facebook.com/wissotaart.Call 472-2155 to register.

The Community House is located at 2173 Periwinkle Way. For more information, visit www.sanibelcommunityhouse.net or call 472-2155.✡

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Card Of Thanks

their sincere thanks to the Sanibel Shell Festival volunteers for their support and efforts in raising funds on behalf of the historic Community House.

To become a future volunteer or to support the Community House through new or renewal membership in the Sanibel Community Association, call 472-2155 or go online to www.sanibelcommunityhouse.net.✡

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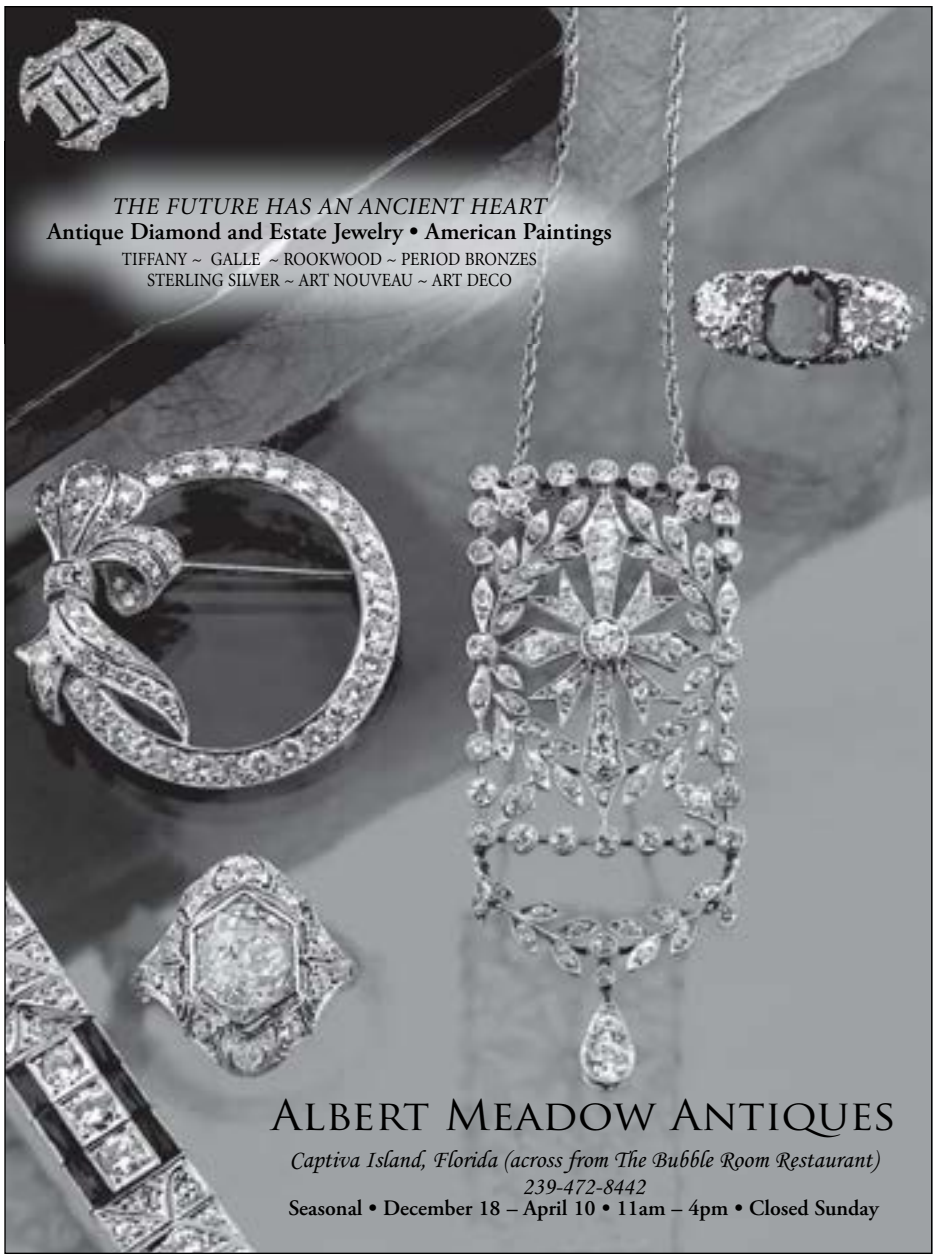

SCCF Receives Grant To Restore Oyster Reefs In Estuary

Members of the SCCF Marine Laboratory team, from left, Becca Grotrian, Rick Bartleson, Sarah Bridenbaugh, Sarah Snow, Emily Harrington and Eric Milbrandt photo by Jeff Lysiak

by Jeff Lysiak

The Sanibel-Captiva Conservation Foundation's Marine Laboratory was awarded a $500,000 from the Florida Department of Environmental Protection (DEP), which they will use to re-establish oyster populations and seagrass beds in the Caloosahatchee Estuary.

According to Dr. Eric Milbrandt, director of SCCF's Marine Lab, the foundation had been working with the DEP for more than a year on the grant application. News of the grant was signed late last year.

Harmful freshwater discharges have resulted in losses of oysters and seagrasses in the Caloosahatchee Estuary. The SCCF grant will be used to re-establish critical estuarine habitats of shellfish and submerged aquatic vegetation beds.

To offset habitat impacts and build resiliency, SCCF will use its grant to begin a four-part restoration and monitoring plan for the Caloosahatchee Estuary. They will replace and restore damaged habitats to a pre-2013 level and will provide substrate to promote healthy oyster reef development. SCCF will also grow and replant founder colonies of submerged aquatic vegetation to build resiliency by providing a source of healthy reefs and vegetation.

Milbrandt said that a large-scale oyster reef restoration will be completed using professional contractors that will haul some 700 tons of shell material into a section of Matlacha Pass near the mouth of the Caloosahatchee.

A smaller-scale operation using SCCF staff and volunteers to disperse shell material in Tarpon Bay and along several reefs located adjacent to the Sanibel Causeway will take 20 to 25 days. As has been done in past oyster reef restoration efforts, the Marine Lab will organize a series of volunteer shell deployment events this summer, using kayaks, canoes and small boats.

Four Sanibel restaurants – including Timbers, Lazy Flamingo, Sanibel Fish House and Doc Ford's – have joined forces to collect oyster shells for the Marine Lab project.

In addition, Milbrandt noted that the grant will allow SCCF to perform seagrass bed restoration. Staff will install a mesh fence material – in 50 meter sections – to help protect seagrass beds in 24 local sites.

"We are going to establish a number of 'founder colonies' of young seagrass plants, which we hope will expand and assist in repopulating parts of the river where seagrasses have been depleted," added Milbrandt, who also noted that some grant funding will be used for seagrass plant incubation sites to grow submerged aquatic vegetation.

The Caloosahatchee was originally a shallow, meandering river, but over the past 120 years it has experienced extensive modifications in the interest of navigation, flood control and development. As a result, heavy rainfall brings large influxes of freshwater and polluted stormwater runoff from both the watershed and releases from Lake Okeechobee. These events degrade water quality and the health of oysters and seagrasses in the estuary.

However in recent years, the DEP, the Southwest Florida Water Management District, the Department of Agriculture and Consumer Services and local governments are promoting or implementing best management practices, stormwater controls and other water quality restoration projects to bring the Caloosahatchee Estuary back to health.

SCCF is dedicated to the conservation of coastal habitats and aquatic resources on Sanibel and Captiva and in the surrounding watershed. Visit www.sccf.org for more information.

A second $500,000 grant was awarded to the Florida Oceanographic Society for similar work in the Indian River Lagoon's St. Lucie Estuary along Florida's east coast.

"The St. Lucie and Caloosahatchee estuaries are vital natural resources that must be maintained and supported," said DEP Deputy Secretary for Ecosystem Restoration Drew Bartlett. "These projects will help restore healthy oyster populations and seagrass beds, which are important to these ecosystems and our economy."

The Florida Oceanographic Society's mission is to inspire environmental stewardship of Florida's coastal ecosystems through education and research. Visit www.FloridaOcean.org for more details.☼

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News Weekly for Sanibel & Captiva Islands

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Wessel To Speak To Women Voters

Rae Ann Wessel

Rae Ann Wessel will speak on current legislative initiatives important to water quality on Sanibel and Captiva islands on March 25.

Wessel is the natural resources policy director at the Sanibel-Captiva Conservation Foundation.

Registration is at 11:30 a.m. at Sundial Resort on Sanibel and luncheon will be served at noon.

Cost is $25, payable at the door.

Reservations may be made by contacting Ellen O'Neill at eoneill805@gmail.com or 395-1019.☆

From page 4

Captiva Community Panel

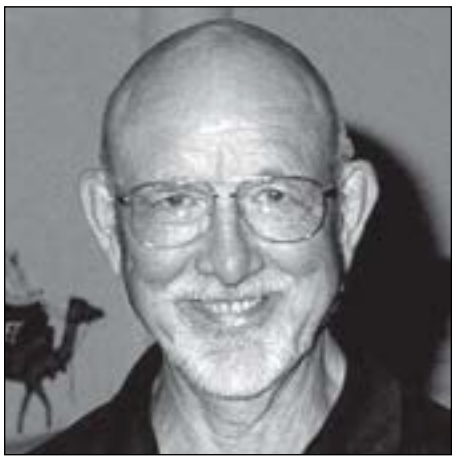
Operation Green Light is Saturday, April 18 from 9 a.m. to 4 p.m. at the downtown Fort Myers Justice Center. Patrons are directed to use the south entrance located at 2075 Dr. Martin Luther King Jr. Boulevard in Fort Myers.

Captiva Community Panel Looking For Nominees

Interested in helping to set the island's land use and zoning direction? The Captiva Community Panel is looking for interested nominees to fill current and future openings on the panel. Meetings are usually in the morning on the second Tuesday of each month; no specific background is required, except a desire to learn about issues facing the island and a willingness to work to address them. Email your name, contact information and a little background about you to captivacommunitypanel@gmail.com, and the your information will be passed on to the panel's nominating committee.☆

Read us online at IslandSunNews.com

OBITUARY



WILLIAM P. WOLLSCHLAGER

William P. "Bill" Wollschlager was born December 9, 1928 in Glendive, Montana. Bill joined the navy after graduating from high school and spent most of his service in Alaska. Upon discharge, he moved to Missoula, Montana and attended the University of Montana. He later started a career with the Montana State Board of Health. On November 30, 1957, Bill married his wife, Ann, in Helena, Montana. Soon afterwards, they moved to North Carolina where Bill earned his master's degree in public health at the University of North Carolina Chapel Hill in 1959. They returned to Montana, where he served the State of Montana as a sanitarian.

Bill joined the U.S. Public Health Service in 1963 and moved to Overland Park, Kansas. In 1970, he was transferred to Washington, DC and the family lived in Alexandria, Virginia.

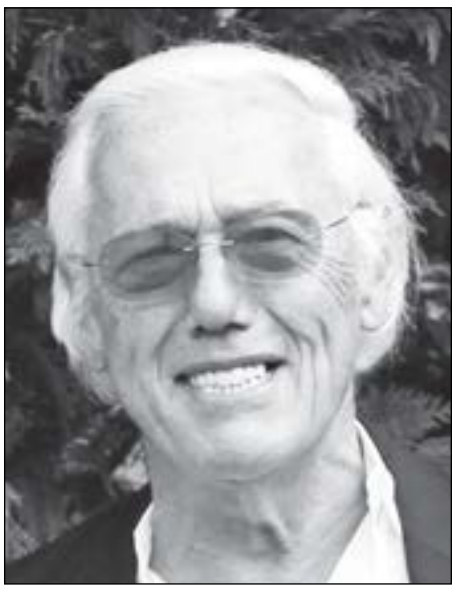
A vacation brought the family to Sanibel Island in 1968. Bill and Ann fell in love with the beaches, wildlife and seashells and returned many times. They retired to Sanibel in 1987. Bill volunteered his services at JN "Ding" Darling National Wildlife Refuge, the City of Sanibel, Sanibel-Captiva Conservation Foundation (SCCF), Lions International, The Community House, and the Sanibel Public Library, and served as an usher at St. Isabel's Catholic Church. Bill and Ann are members of the James E. Hendry Chapter of the American Hibiscus Society. He served as a flower judge for several years. His hibiscus blooms are usually on display at the Sanibel Public Library. In 2010, Bill was awarded the Berne Davis Honorary Service Award from the Fort Myers-Lee County Garden Council.

A service of remembrance was held at St. Isabel's Catholic Church on Sanibel Saturday, March 14, 2015.

Bill is survived by his wife Ann, daughter Amy and husband Robert Suggs, and their two daughters Christina Louise and Danielle Marie of Alexandria, Virginia; son Mark and wife Jennifer of Alexandria, Virginia; sisters MaryAnn and husband Birder Coffee of Whidbey Island, Washington, and Eileen and husband James Smith of Missoula, Montana; and brother Jon of Whidbey Island, Washington.

In lieu of flowers, the family requests donations to Sanibel-Captiva Conservation Foundation, 3333 Sanibel-Captiva Rd., Sanibel, FL 33957 or online at https://www.sccf.org/content/82/Donate-Now.aspx.

OBITUARY



WILLIAM FRANCIS OLINGER

William Francis Olinger, Esq., 76, of Sanibel, Florida died February 25, 2015 at HealthPark Medical Center in Fort Myers, Florida after a short battle with lung cancer. A celebration of life was held March 8 on Sanibel and a memorial service will be held in Cedar Rapids at All Saints Catholic Church in June.

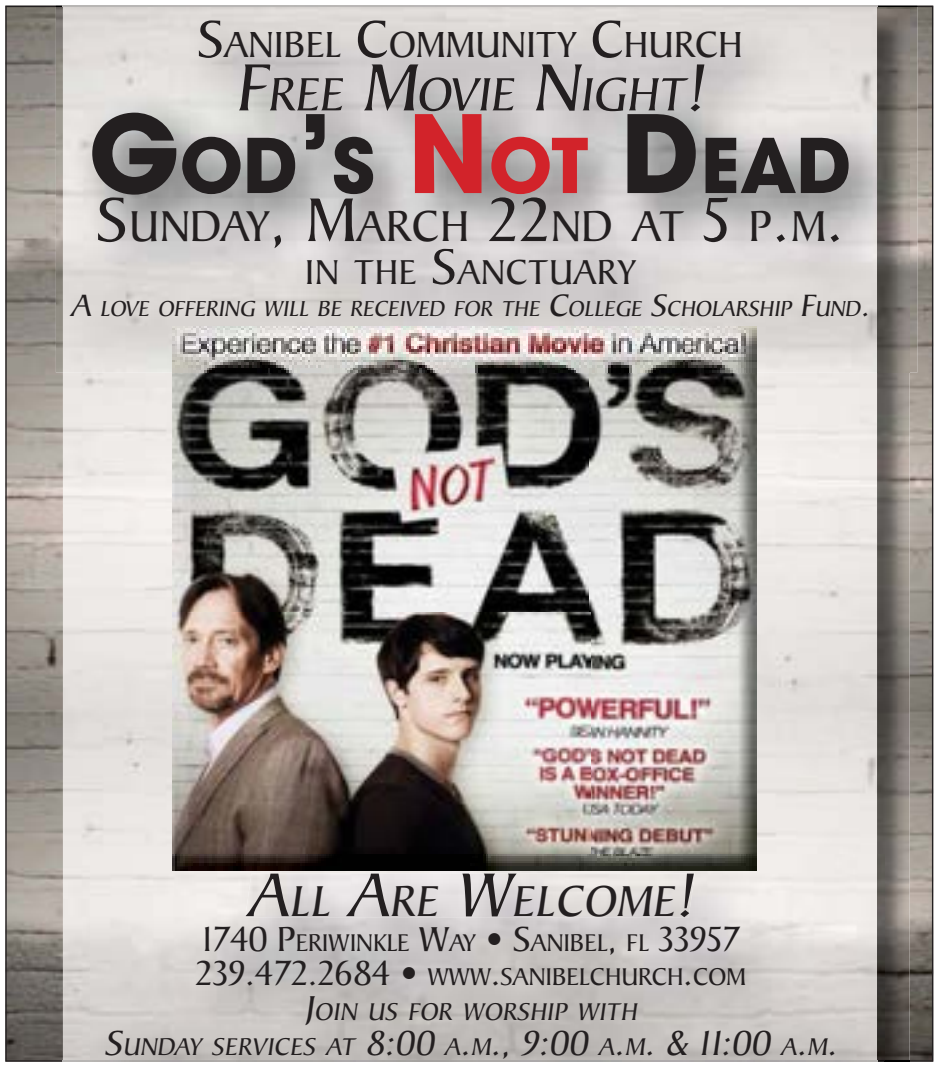
He was born on September 16, 1938 in Waterloo, Iowa, a son of Ermin and Augusta (Schares) Olinger. He graduated from Sacred Heart High School, University of Iowa, class of 1960, University of Iowa School of Law, class of 1964 with a juris doctorate. He served in the marines corps. He was a founding partner of Olinger, Sosalla & McManus and later his own firm, William F. Olinger PC. He was inducted into the American Board of Trial Advocacy.

He was a member of the Cedar Rapids Country Club, Mu Deuteron chapter of Phi Gamma Delta, the McGregor Upper Mississippi Yacht and Boat Club, where he served as commodore, past board member of the Linn County Historical Society and Tanager Place. He was a prominent historic preservationist having preserved and restored four historic houses and two historic churches in Cedar Rapids. He was a trustee of Sny McGill University of So. McGregor, Iowa, an honorary member of the Corvair Biking Society and a member of the Beachview Tennis team on Sanibel. He loved to play tennis, golf, ski, read and boat on the Mississippi.

He is survived by his wife of 45 years, Jeannie: two sons, Bill of Sanibel, Florida and John of Portsmouth, Rhode Island, two grandchildren, Grayson and Maryn, a sister, Betty Winder (John) and a sister-in-law, Mary Ann Olinger of Cedar Rapids, a niece, Lisa Olinger and great nephew, Jack Dickens of Iowa City and his dog, McGregor.

He was preceded in death by his parents and brother, Larry Olinger.

In lieu of flowers, memorial gifts may be sent to The American Cancer Society, the Juvenile Diabetes Association, St. Mary's Catholic Church, McGregor, Iowa or the Linn County Historical Society. Friends may sign the guest book at www.horizonfunerals.com.



Churches/ Temples

ANNUNCIATION GREEK ORTHODOX CHURCH:
8210 Cypress Lake Drive, Fort Myers
Reverend Dr. Elias Bouboutsis. Orthros Service Sunday 9 a.m. Divine Liturgy Sunday 10 a.m. Fellowship Programs, Greek School, Sunday School, Bible Study
www.orthodox-faith.com, 481-2099

BAT YAM-TEMPLE OF THE ISLANDS:
The Reform Congregation of Bat Yam Temple of the Islands meets for Friday night services at 7 p.m. in the Fellowship Hall of the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. Rabbi Myra Soifer. For information call President Martin Pokedoff at 239-395-2544.

CAPTIVA CHAPEL BY THE SEA:
The Reverend George E. Morris
Services every Sunday 11 a.m. through April 26, 2015. 11580 Chapin Lane on Captiva. 472-1646.

FIRST CHURCH OF CHRIST, SCIENTIST:
2950 West Gulf Dr., Sunday 10:30 a.m.; Sunday School 10:30 a.m., Wednesday evening meeting 7:30 p.m.; Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 472-8684.

NEW SANIBEL BAPTIST CHURCH
Join us for worship Sunday mornings 9 a.m. Bible Study and 10 a.m. Worship Service at The Community House, 2173 Periwinkle Way. 239-671-5502.

SANIBEL COMMUNITY CHURCH
1740 Periwinkle Way, Sanibel, 472-2684
Dr. Daryl Donovan, Senior Pastor
Sunday Worship Hours:
8 a.m. Traditional in historic Chapel. 9 a.m. Contemporary and 11 a.m. Traditional in main Sanctuary. 10:15 a.m. Courtyard Fellowship. 9 and 11 a.m. Bible classes. Childcare available at all services.

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST:
2050 Periwinkle Way 472-0497
The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 a.m. Chapel, 9 and 11 a.m. Full Service with Sunday school and nursery care provided. Elevator access.

ST. ISABEL CATHOLIC CHURCH:
3559 San-Cap Rd., 472-2763
Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., Daily Mass Wed. Thurs. Fri. 8:30 a.m. Communion Service Mon. and Tues. 8:30 a.m. Holy Days call.

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH:
2304 Periwinkle Way. Reverend Dr. Ellen Sloan, Rector. Saturday Eucharist 5 p.m., Sunday Eucharist 8 and 10:30 a.m., Sunday School 10:30 a.m., Tuesday Morning Prayer 9 a.m., Wednesday Healing Eucharist 9 a.m., Wednesday Evening Service – 6 p.m. (Followed by Potluck Supper on the 1st Wednesday) For more information call 472-2173 or visit www.saintmichaels-sanibel.org

UNITARIAN UNIVERSALISTS OF THE ISLANDS:
Meets on the first Sunday of each month from December through April at the Sanibel Congregational Church, 2050 Periwinkle Way at 5 p.m. A pot luck is held at a member's home on the third Sunday of each month. For more information call 433-4901 or email ryi39@aol.com.

IN MEMORIAM

GEORGE DOWNING

George Downing, 80, died peacefully at his home in Sanibel, Florida, on Thursday, February 26. Born in Erie, Pennsylvania, in 1934, to Anna Strasswimmer Downing and Jerome Francis Downing, he was predeceased by his sister, Roxanna Downing.

He graduated from Gannon College and Case Western Reserve University School of Law, and he spent his entire legal career with Baker Hostetler, working in the intellectual property rights and environmental law practice areas. He was particularly proud of his work on the contracts for the Peanuts and Garfield properties, most notably the holiday classic, *A Charlie Brown Christmas*. He also spent a significant portion of his later career working on Superfund-related issues. He was a member of the Copyright Society of the United States, as well as the Patent, Trademark and Copyright Sections for the American and Ohio Bar Associations.

George was an active trustee of The Cleveland Law Library Association, The Cleveland Music School Settlement and The Cleveland Skating Club. He was also a member of The Rowfant Club, to which he delivered numerous literary papers. He relished his winters in Sanibel, where Great Books and other classes at Barrier Island Group for the Arts consumed his time and attention.

George's passions included literature, art, music, travel and basking in the sun with *The New York Times* in hand. He cherished his family and friends.

George is survived by Molly, his beloved wife of 48 years; his son, Matthew, and his wife, Debby; his daughter, Gwynne Gretter, and her husband, Craig, and five grandchildren: Anna, Avery, and Tommy Downing; Katie and Gage Gretter.

In lieu of flowers, those who wish may make a donation in his name to the Rowfant Club, 3028 Prospect Avenue East, Cleveland, OH, 44115. For more information and to sign the guestbook, log online: www.Brown-Forward.com.

Johnny Santana-Chevaz sings a silly song in Spanish.

Ben Blycker, missionary to Puebla, Mexico.

LOGOS Kids Welcome Missionary From Mexico

March 11 was Logos Missions night at Sanibel Community Church. The kids learned what it was like to live and work in Puebla, Mexico. Ben Blycker, a missionary supported by Sanibel Community Church, shared fun stories with the Logos kids while in town for the church's missionary weekend celebration.

Blycker spoke to the children after dinner and held a Q & A time. Yungsters asked if he ever built a dog house, what their bathrooms looked like, what needs their family had, what his kids did, how they helped other people and lots more. Families brought in things for Blycker to take back to his family, such as gluten-free foods, natural peanut butter and their favorite gum.

Johnny Santana-Chevaz sang a silly thank-you song, *La Cucaracha,* in Spanish to the cooks.

SPRING BAZAAR

Sanibel Congregational United Church of Christ
is hosting its Annual Bazaar

SATURDAY, MARCH 28th, 9AM-1PM

Local artists and crafters will be selling Baskets, Soaps, Paintings, Plants, Photography, Candles, Fused Glass, Herbs, Jewelry. There will be Baked Goods, a Silent Auction; gently used furniture, household items and books.

Proceeds benefit area missions supporting women and children

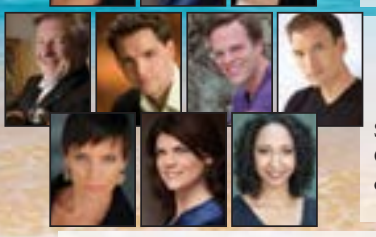
(239) 472-0497
2050 Periwinkle Way, Sanibel, FL
www.sanibelucc.org

SANIBEL Music FESTIVAL
Save March For Music 2015

Concerts are held at the Sanibel Congregational U.C.C. 2050 Periwinkle Way at 8:00 p.m.

The America Chamber Players
Saturday, March 21 • $45
Piano quartet plus flute and clarinet, the Players are masters at combining various instrumental combinations.
Sponsored by Roz & Jim Marks and Bunny & Joel Ospa

Opera Theater of Connecticut
Tuesday, March 24 • $45
Puccini: Selections from La Boheme, Tosca, Madama Butterfly and Turandot. Opera scenes and arias will be supplemented with supertitles and witty commentary from Alan Mann, Artistic Director.
Sponsored by The Estate of Christine Johnson



An Evening with Rodgers and Hammerstein
Saturday, March 28 • $45
Selections from Carousel, The King and I, Okalahoma, and South Pacific sung by an exciting cast of young broadway-style singers.
Sponsored by LAT Foundation

Tickets available on-line at **www.sanibelmusicfestival.org**
or by phone at **239-344-7025**
Tickets may also be purchased at Bank of the Islands, 1699 Periwinkle Way or Sanibel Captiva Community Bank, 2475 Library Way. ***Cash or check only.***

An Island Tradition

Sanibel Music Festival is grateful to Lee County and Southwest Florida Community Foundation. Sanibel Music Festival thanks Piano Distributors, Inc. and Yamaha Corporation of America for graciously providing the Yamaha CFIIIS Concert Grand Piano.

Movie Night At Sanibel Community Church

On Sunday March 22, Sanibel Community Church will show the movie *God's Not Dead* at 5 p.m. All are welcome to be encouraged and inspired by this powerful film of faith. The movie is free and so is the popcorn. Bring a friend. A free-will offering for the college scholarship fund will be received.

God's Not Dead is a 2014 Christian drama film directed by Harold Cronk, and stars Kevin Sorbo, Shane Harper, David AR White and Dean Cain. The film follows an evangelical Christian college student who finds his faith challenged by a philosophy professor who believes that God does not exist.

Josh Wheaton (Shane Harper), an evangelical college student, enrolls in a philosophy class taught by Professor Jeffrey Radisson (Kevin Sorbo), an atheist, who demands that his students sign a declaration that "God is dead" to get a passing grade. Josh is the only student in the class who refuses to sign and is then required by Radisson to debate the topic with him, with the class members deciding who wins.

Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's Market). For more information, call 472-2684, or visit www.sanibelchurch.com. ☆

Children Hunt Treasure At Sanibel Historical Village

It's time to celebrate pirates at the Sanibel Historical Village. Children who visit the village are invited to go on a treasure hunt and then choose a prize from the treasure chest at the Rutland House.

The notorious pirate Black Caesar made Sanibel his home for a time in the early 1800s, building a village of rough palm-thatched huts on the bay side, somewhere near the old ferry landing. He sailed up and down the gulf coast of South Florida, attacking and plundering ships in search of silver and gold. Some say he buried his treasure on Sanibel. If so, has it ever been found? No one knows.

On March 25, Calusa Day, there will be a Twilight Talk by Charles LeBuff. The Topic of LeBuff's talk is Getting To Know The Calusa People. LeBuff is the author of the best-selling historical novel, *The Calusan*. Although it is a work of fiction, this book accurately describes the culture of these extinct Native Americans. Tickets are required for LeBuff's 7 p.m. presentation at $5 per person. The event will take place in Shore Haven. Make reservations early by calling the museum at 472-4648.

LeBuff's talk will conclude this year's Calusa Day at the village. The day begins with curator Theresa Schober and artist Luc Century giving a 10:45 a.m. presentation exploring the Calusa in art. In addition, Calusa Day will include activities for the children including coloring Calusa masks. There will also be Calusa shells and pottery available for viewing and handling.

The historical village is open from 10 a.m. to 4 p.m. Wednesdays through Saturdays. The village is located at 950 Dunlop Road (next to BIG ARTS). Admission is $10 for adults 18 and older; those under 18 and members are free. Docent-guided tours are available at 10:30 a.m. and 1:30 p.m. at no extra charge, based upon docent availability. There is handicap access to all buildings. Admission for entrance to go only to the Museum Store is free.

For more information, call 472-4648 during business hours or visit www.sanibelmuseum.org.☆

Email your editorial copy to:
press@islandsunnews.com

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Sanibel Fellowship, SBC.
Will meet each Sunday
at
Periwinkle Park
1119 Periwinkle Way, Clubhouse
Now until Easter Sunday
9AM Bible Study, 10AM Worship
For info call 239-284-6709
Pastor Mark Hutchinson

SANIBEL CONGREGATIONAL
UNITED CHURCH OF CHRIST
Palm Sunday, March 29th
7:45, 9:00 and 11:00AM
Sermon: "Two for One and One for All"
The Rev. Dr. John H. Danner, preaching
Special Music: Suncoast Brass (9:00 & 11:00)
Maundy Thursday, April 2nd
7:30PM Holy Communion and Tenebrae
Good Friday, April 3rd
Noon Dramatic Monologue "At a Distance"
The Rev. Deborah Kunkel
Easter Sunday, April 5th
7:45, 9:00 & 11:00AM
Sermon: "Raisins, Reasons and Resurrection"
The Rev. Dr. John H. Danner, preaching
2050 Periwinkle Way, Sanibel, FL 33957
www.sanibelucc.org • (239) 472-0497
Rev. Dr. John H. Danner, *Senior Pastor*
Rev. Deborah Kunkel, *Associate Pastor*

Dancing the Lindy Hop

From page 1

Queen Of Swing

in the 1930s by Harlem's Savoy Ballroom dancer, Twist Mouth George, Miller has been in show business ever since.

It was a time when the music was Swing and Harlem was king. By the age of 14, Miller had become a celebrated Savoy Ballroom champion of the acrobatic style swing dance, known as the Lindy Hop and a member of the world famous Lindy Hoppers.

Now aged 95, Miller lives in Fort Myers. The evening will begin with a showing of the 60-minute documentary film, *The Queen of Swing*, produced by Florida filmmaker John Biffar. Following the film Miller and Biffar will have a conversation in which she will share anecdotes about her life experiences and her youthful encounters with legends in music history including Ella Fitzgerald, Count Basie, Benny Goodman, Louis Armstrong, Artie Shaw and even boxer, Joe Lewis.

A short Q & A will take place after which "chicken in a basket", per Miller's request, will be available along with refreshments, provided by South Seas Island Resort and The Island Store. Given Miller's zest for life and creativity, it's very likely the evening will finish with a swingin' flair, say the organizers.

Tickets are available at $25 per person, and reservations are required. Contact the historical society at 472-2323 or mail@captivaislandhistoricalsociety.org.☆

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Albert Meadow Antiques
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Closed Sunday

Coptic Christianity Course Offered

The Rev. Dr. John H. Danner, Senior Pastor of the Sanibel Congregational United Church of Christ, will offer a one-session course entitled Who Are The Coptic Christians? exploring the history and theology of the Coptic Orthodox Church on Wednesday, March 25. Two identical classes will be held at 10 a.m. and 7 p.m.

Until the recent news about kidnappings and killings in Egypt by ISIS, Coptic Christians were largely unheard of in the United States, yet they constitute a significant minority in that nation. Various parties estimate that 6 to 20 percent of the population is constituted by members of this ancient sect of Christianity. While most Coptic Christians live in upper Egypt, some one million members live outside of Egypt, including many in the United States where there are some 100 Coptic Orthodox Churches.

The Coptic Orthodox Church traces its roots to the preaching of the Apostle Mark, who is considered to be their first pope. Tradition dates the beginning of the church to 50 CE.

The catechetical school founded in Alexandria, Egypt was a center for learning in the second century and was home for significant early church theologians including Clement, Didymus and Origin. The school in Alexandria was also a center for scientific and mathematical learning.

Other early members of the church included the desert father St. Anthony, considered influential in the monastic movement.

Class members will learn not only about the church of the past, but also its current situation.

The course is offered free of charge and is open to the public. Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way. For further information, call the church office at 472-0497 or visit www.sanibelucc.org.☆

Read us online at
IslandSunNews.com

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Phone: 239-395-1201

Big Arts on Periwinkle
Administrative Offices
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Phone # 239-472-9700

Nan Bailey's Fly Shop
Hours: 9am-5pm Monday-Saturday
11am-4pm Sunday Phone # 239-472-6868

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Hours: 8am-5pm
Monday-Friday
Phone # 239-472-1841

Sanibel Realty Associates Susan
9am-5pm 7 days a week
Phone #: 239-472-HOME

Sanibel Rental Service
Showroom Hours: 8am-5pm
Monday-Friday
Phone # 239-472-1101

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Sanibel Treasures & Consignment
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12-5 Sunday
Phone: 239-910-7333

Sanibel Plumbing
Showroom Hours: 8am-5pm
Monday-Friday
Phone # 239-472-1101

Conveniently located on Periwinkle Way across from Sanibel Community Park
Sanibel Square is a division of West Gulf Co LLC
West Gulf Co.

A prescribed burn

City And SCCF Fire Managers Evaluate Need For Prescribed Fires

During the spring season (February-June), the Sanibel-Captiva Conservation Foundation (SCCF) and the City of Sanibel will be looking to conduct prescribed burns on the following conservation lands:

- Sanibel Gardens Preserve
- SCCF Center Tract
- Postell Tract
- Gulfside City Park Extension
- SCCF Frannie's Preserve

Over the next several months, city and SCCF fire managers will be regularly evaluating the environmental conditions and weather forecasts in order to schedule prescribed burns. When forecasted conditions are favorable, the city will issue further notification that a prescribed burn is possible and identify the specific location of the burn. All prescribed fires must be authorized by the Florida Forest Service on the morning of the scheduled burn. A change in the forecast conditions may result in cancellation of the planned burn. A prescribed fire will not be conducted if the prescription conditions cannot be met prior to ignition or if conditions change after the prescribed fire has been ignited.

A burn plan, or "prescription," has been established for the priority areas within these conservation lands. The prescription details the required conditions that must exist in order for a prescribed burn to take place. These include environmental conditions such as soil moisture, fuel conditions, and recent rainfall as well as forecasted and actual weather conditions including temperature, relative humidity, wind speed and wind direction. Following a predefined prescription allows fire management officers to establish the desired fire behavior (intensity, flame length, direction of fire spread and smoke). The prescription also identifies the number of qualified fire personnel needed to conduct the burn as well as the types and number of equipment required to safely complete the burn.

Why are prescribed fires needed?

Fire is a natural part of Florida's ecosystem, historically set by lightning. Because of this history of periodic fires many of Florida's natural communities are adapted to burning. Fire removes old vegetation, promotes new growth of native vegetation and suppresses the growth of non-native invasive plants. In the absence of fire many plant communities are displaced by dense, woody vegetation which can reduce plant diversity and eliminate foraging opportunities for the island's wildlife. Species such as the gopher tortoise, eastern indigo snakes, and the Sanibel rice rat all depend on a fire maintained ecosystem. In addition to the natural benefits of fire, carefully planning and conducting managed burns can prevent the likelihood of catastrophic wildfires and help preserve the natural ecology of the area. This technique, called "prescribed fire," reduces the amount of vegetation, or "fuel", that would be available in the event of a wildfire.

Why can't prescribed burns be conducted some other time?

The window of opportunity for conducting prescribed burns in Southwest Florida is very narrow and may vary from year to year. By mid to late spring, soils and fuels are often too dry and prescribed fires may be prohibited by state authorities. By mid- to late summer, soils on Sanibel are often too wet, humidity is high and afternoon thunderstorms render wind conditions unsuitable. Plus, on any given day all the conditions detailed in the prescription must be met and personnel and resources must be available to conduct the burn. To maximize opportunities for conducting prescribed fires, the city and SCCF have identified a number of priority burn sites for 2015. Because the prescription requirements for each site are different, this provides with the flexibility to determine if the forecast conditions will meet the prescription requirements for any of the priority burns sites and then to schedule the prescribed fire accordingly.

What can I expect on the day of a prescribed burn?

Depending on the wind direction and strength, it may be possible to see or smell smoke. The fire prescription identifies the specific wind conditions necessary to achieve the burn objectives while minimizing smoke impacts to roads and communities. However, smoke and ash associated with a prescribed burn cannot be prevented. Smoke-sensitive individuals should keep their windows closed and avoid outdoor activities in the affected areas. To be registered on the city's list of smoke-sensitive individuals, contact Jason Cull in the city's Natural Resources Department at 472-3700. Once you're registered, the city will notify you in advance of any prescribed burn on Sanibel.

To reduce the risk of wildfire around your home, the Sanibel Firewise Task Force recommends that you:

- Trim dead palm fronds from trees
- Trim tall grasses near the home
- Prune large, leafy hardwood trees so the lowest branches are six to ten feet above the ground
- Do not store combustible materials such as gasoline containers, firewood, and building supplies under or around the home, and
- Keep mulch and other landscaping material well watered

For additional information regarding fire and prescribed burning on Sanibel, contact the Natural Resources Department at 472-3700.✡

American Legion Post 123

On Sunday, March 22, American Legion Post 123 will offer a barbecued ribs and chicken meal from 1 to 8 p.m. Cost is $12 to $14.

On Sunday, March 29, it's a Mexican Fiesta. Every Friday through April is a fish fry from 4 to 8 p.m.

On Monday, March 23, there is a singles pool league tournament at 5 p.m. Monday, March 30 is the pool league awards banquet.

"Hump day" specials are served all day on Wednesdays.

Texas Hold'em is played Thursdays from 7 to 10 p.m. and Saturdays from 4:30 to 10 p.m. Players are welcome and must be members.

Also on Fridays, a six-ounce ribeye steak sandwich is available all day. There are daily specials as well as the popular half-pound burgers. Food is served from 11 a.m. to 8 p.m. The public is welcome.

Women's Auxiliary cookbooks are available for a $15 donation.

If you have a flag that needs to be retired, drop it off at your convenience.

Hours are Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m.

American Legion Post 123 is located at mile marker 3 on Sanibel-Captiva Road. For more information, call 472-9979.✡

Sailor's Valentine Superstars Meet At Sanibel Shell Show

Sailor's Valentine artists Pam Boynton, left, and Daphne Hunte stand next to Boynton's artistic entry at the 78th annual Sanibel Shell Festival at The Community House

photos by Jeff Lysiak

Daphne Hunte with a Sailor's Valentine made entirely out of flowers, which were shipped from Barbados and displayed at the Chelsea Flower Show in the United Kingdom

Pam Boynton's gigantic Sailor's Valentine greeted attendees of the Sanibel Shell Festival earlier this month

by Jeff Lysiak

If the recently-completed Sanibel Shell Festival is considered the "Super Bowl" of all things related to shelling, then two of the show's attendees – Pam Boynton and Daphne Hunte – might be called the "Superstars of Sailor's Valentines."

Boynton, an island resident and volunteer at the Bailey-Matthews National Shell Museum, created her first Sailor's Valentine in 2003. The following year, she entered – and took second place honors – at the Philadelphia Shell Show. Since then, her work has been sold in galleries across Florida, New England and Barbados, the three areas in which Sailor's Valentines are most renowned.

Hunte, a native of Barbados, recalled that her interest in "fancy work" (another phrase used when referring to Sailor's Valentines) began at an early age.

"I always had a love of art," said Hunte, who grew up on a sugar plantation in a family of nine. "As a youngster, I used to make rings, necklaces and other jewelry. I had sort of an inborn creativity."

In the late 1970s, after having been married and raising two children, Hunte started working creatively with shells. In 1979, she entered a shell arrangement in a local shell show. It won top honors.

"Coming from a competitive family, it wasn't good enough to win just in Barbados," she added with a laugh. "So in 1980, I entered my work in the Sanibel Shell Show."

Hunte won first place awards for floral arrangements in 1981, 1983 and 1985. And for the Sanibel Shell Show in 1981, she entered her first Sailor's Valentine creation in the amateur category. It was awarded second place.

Over the years, Hunte honed her craft, returning to Sanibel as an artistic judge in 1991 and 1993. In 2003, she purchased the first of her world-class collection of Sailor's Valentines from part-time Sanibel resident Sandy Moran.

"I am absolutely enthralled by the intrigue and romantic interests in Sailor's Valentines there is today," said Hunte, who noted that her collection of shell mosaics has grown to nearly 30 original creations.

Among her most prized possessions is the Sailor's Valentines made by Boynton. Created in memory of her sister Judy, who had passed away, Boynton's fancy work – entitled Evermore – was among four Sailor's Valentines featured on postage stamps issued in Barbados in 2011.

"My sister, Sandra Boynton, wrote a song called Evermore, which was recorded by Allison Krauss," said Pam Boynton, who explained that the honor of having her Sailor's Valentine being selected for the image on a stamp "still feels amazing."

Hunte created two of the other Sailor's Valentines featured on the Barbados stamps, while the other was a vintage creation by an unknown artist.

Boynton, who also does restoration work on older Sailor's Valentines, first entered her work at the Sanibel Shell Show in 2003, bringing home a pair of ribbons.

"That really encouraged me to go on," added Boynton, who said that the level of skill for making Sailor's Valentines has increased dramatically over the years. "I still marvel at their appeal, the vastness of natural colors found in shells, the enormous variety of shapes and sizes and the symmetry of the work."

The pinnacle of Hunte's illustrious career came in 2011 when the Barbados Horticultural Society asked her to create four gigantic Sailor's Valentines out of flowers, which would be shipped to the United Kingdom for display at the prestigious Chelsea Flower Show. Each six-foot display used hundreds of flowers arranged personally by Hunte.

"I was so overwhelmed when I arrived at the show, because the entire British press was surrounding our display," said Hunte, who noted that the opening day of the show coincided with her birthday. "Honestly, I don't think that I could take the Sailor's Valentine any higher than that."☆

The Barbados postage stamp which used Pam Boynton's Sailor's Valentine entitled Evermore

Anders To Host Lecture At Cayo Costa State Park

Kristie Anders

Kristie Anders will lead the Captiva Cruises Lecture Series at Cayo Costa State Park on Thursday, March 26 at noon under the tiki hut. Her presentation is titled Shaping the Island: Tides and Currents. Anders is education director at the Sanibel-Captiva Conservation Foundation.

Whether it is shelling, fishing, boating, birding or just enjoying the view of the water, tides and currents affect most of our lives daily. Grains of sand are lifted from their place and swirl with the currents, shaping and reshaping the beaches daily. Sometimes, there are small cliffs and other times gentle dunes. Sand never rests and the islands always move. Anders has been the education director at the Sanibel-Captiva Conservation Foundation for more than 25 years and will present an introductory program on how water behaves as the earth spins, the moon orbits and the winds blow.

The lectures are free and open to the public. Transportation costs vary depending on departure location. For transportation from Captiva, call Captiva Cruises at 472-5300; from Punta Gorda, call Kingfisher Fleet at 941-639-0969; from Pine Island call Tropic Star at 283-0015; from Port Charlotte call 941-889-8000 or book online at www.cayocostaferry.com. Attendees are encouraged to bring a bagged lunch; some locations will have pre-ordered bagged lunch options for an additional cost, ask for details when making a reservation.

Captiva Cruises is the official state park concessionaire for Cayo Costa State Park, Gasparilla State Park, Don Pedro Island State Park, Stump Pass Beach State Park, Jug Creek Cottages and oversees all ferry services, special events and concessions. For more information visit www.captivacruises.com. ☆

Bald eagle photo by Clair Postmus

Sanibel-Captiva Conservation Foundation

Birders Outings

Join experienced birders on outings on the second and fourth Fridays. On Friday, March 20, meet at Sanibel Gardens Preserves, jointly owned and managed by the Sanibel-Captiva Conservation Foundation and the City of Sanibel. Both new and experienced birders will see a variety of birds in a diversity of wildlife habitats. Botany enthusiasts are also welcome to help identify plants along the trails. All walks begin at 8 a.m. but the locations do vary. Walks are free for members and non-members. Call 472-2329 for more information.

Directions to Sanibel Gardens Preserve: Enter Island Inn Road from Tarpon Bay Road and park on the side of the road near the trailhead or enter Island Inn Road from West Gulf Drive, park near the road barrier and take short walk to trailhead.

Dune sunflower

Weeds and Seeds

Weeds and Seeds is a group of amateur botanists who like finding and identifying native plants on Sanibel. Walks, visiting different locations on Sanibel, last for two hours, and are guided by a leader with a plant list. The group meets at the Nature Center porch. Depending on the location, you may need parking money. Bring a hat, water, sun-block and wear comfortable enclosed shoes with socks. For more information, contact Candice Etheridge at 395-9498. Meetings will be on the second and fourth Mondays in March: the next walk will be on March 20 at 9 a.m. Meet at the base of the Nature Center porch. Walks are free but donations to SCCF are welcome.

Call SCCF at 472-2329 for more information on these programs unless otherwise indicated. Sanibel-Captiva Conservation Foundation is located at 3333 Sanibel-Captiva Road.☆

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Programs At CROW

The Clinic for the Rehabilitation of Wildlife (CROW) has some specialty programs available for visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

Reservations are required for all programs with a fee. Contact Rachel Rainbolt at rrainbolt@crowclinic.org or 472-3644 ext. 229 to register.

Friday, March 20, 11 a.m. and 2 p.m. – CROW Wildlife Ambassadors: Raptors, presented by a CROW Wildlife Rehabilitator. Free with admission.

Raptors are groups of birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. Florida is home to both native and migratory species of raptors. Learn more about these majestic birds.

Friday, March 20, 12 p.m. – Lunch and Learn with Dr. Heather Barron, hospital director, $30, registration required.

This ineractive lunch with Dr. Barron will include an intimate discussion about CROW's mission of saving wildlife through state-of-the-art veterinary care, research, education and conservation medicine. It concludes with a tour of the CROW hospital from 1 to 1:30 p.m.

Friday, March 20, 4:15 p.m. – Speaker Series, Following the Calusa Blueway, $5, registration required.

Presented by Mike Hammond, Lee County Parks & Recreation, who will speak about the 190-mile paddlecraft trail featuring mysterious mangroves and abundant wildlife.

Saturday, March 21, 11 a.m. – CROW Case of the Week, presented by CROW Wildlife Rehabilitator Rachel Walsh, free with admission.

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories.

Saturday, March 21, 2 p.m. – Baby Care at CROW, presented by a CROW volunteer, free with admission.

Wildlife parents are devoted to the care of their young and rarely abandon them, and juveniles found "abandoned" might actually be in a natural stage of development. Those that need assistance are placed in a specialized wing of the wildlife hospital and provided supportive care around the clock until they are old enough to care for themselves.

Monday, March 23, 11 a.m. – CROW Case of the Week, presented by CROW student Breanna Frankel, free with admission.

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories.

Monday, March 23, 2 p.m. – CROW Case of the Week, presented by CROW student Christin Meilink, free with admission.

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories.

Monday, March 23, 4:15 to 5:15 p.m. – Speaker Series, Secret Lives of Snowy Plovers, presented by Claudia Burns, CROW volunteer, and Joel Caouette, SCCF shorebird monitoring coordinator, $5, registration required.

Tuesday, March 24, 11 a.m. and 2 p.m. – CROW Wildlife Ambassadors: Raptors, presented by a CROW wildlife rehabilitator, free with admission.

Raptors are groups of birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. Florida is home to both native and migratory species of raptors. Learn more about these majestic birds.

Tuesday, March 24, 2 p.m. – Wildlife Walk, $20, registration required.

Following the presentation in the Visitor Education Center, visitors will be escorted to the rehabilitation grounds for an exclusive look at what it takes to rehabilitate more than 3,500 wildlife patients per year.

Wednesday, March 25, 11 a.m. – Wildlife Rescue 101, presented by CROW volunteer Denny Toll, free with admission.

CROW hospital treats over 3,500 patients a year, but not all of the animals admitted need our assistance. Facilities like CROW should be an animal's last resort not their first one. This presentation uses past case studies, rescues and releases to teach you about safe interactions with wildlife in the community.

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Following the presentation in the Visitor Education Center, visitors will be escorted to the rehabilitation grounds for an exclusive look at what it takes to rehabilitate more than 3,500 wildlife patients per year.

Thursday, March 26, 11 a.m. – Patient Profiles: Gopher Tortoises, presented by CROW volunteer Patricia Appino, free with admission.

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from Southern Georgia to Southeast Florida. Because of its contributions to the ecosystem, it is classified as a "Keystone Species." Listen as CROW's presenter describes why they are admitted and how the medical staff treats this species.

Thursday, March 26, 2 p.m. – Wildlife Rescue 101, presented by CROW volunteer Denny Toll, free with admission.

CROW hospital treats over 3,500 patients a year, but not all of the animals admitted need our assistance. Facilities like CROW should be an animal's last resort not their first one. This presentation uses past case studies, rescues and releases to teach you about safe interactions with wildlife in the community.

Friday, March 27, 11 a.m. – Why Animals Come to CROW, presented by CROW volunteer Claudia Burns, free

continued on page 48

Spring Species Begin To Arrive

by Capt. Matt Mitchell

From winter conditions to summer conditions, all in just a few quick weeks. What a positive upswing in fishing action an almost 20-degree increase in water temperature brings. With our long term weather forecasts not showing any more cold fronts, our winter should be all but done, and some of the more glamorous and sought after migratory species will be on the way soon.

Springtime is an awesome time to be out on the water. Everything comes back to life with bait and the fish that feed on it throughout our waterways, as they slowly make the march north for the summer. Even with our usual strong prevailing winds of March and April, boaters and fishermen are still smiling after a February that was much colder than advertised, making getting out on the water often a challenge.

One of the springtime species that has already started to show up in huge numbers is Spanish mackerel. From the beaches to the passes and throughout the sound, mackerel are one species that are extremely angler friendly, easy to catch and very plentiful. Fast and fun are the words that come to mind when I think of Spanish mackerel fishing. The methods they can be caught with are almost endless, from trolling spoons and plugs to sight fishing them on a fly rod with a clouser minnow.

Blacktip sharks are also doing the spring thing and have invaded the area, with sharks being caught from beach to bay. Their average size runs from two to four feet, with a few getting even bigger. They make for a fun fish to target on medium spinning tackle, often jumping clear out of the water and making long fast runs during the fight. Tie a chum bag off the back of the boat on any grass flat within sight of a pass and it won't take long for them to show up to the party. Another favorite method for shore anglers is night fishing the trough between the sandbars from the beach.

Mary Laser from Sanibel and Stu Grinnell from Ithaca, New York with a tackle busting jack crevalle caught while fishing with Capt. Matt Mitchell

Natural baits, either live or fresh cut, work best.

Big schools of ladyfish, jacks and bluefish can also be run into just about anywhere right now. If you're just looking to keep the rods bent, there is probably not any better fast-paced action to be found. Small jigs and spoons thrown into the blitz of feeding fish and simply wound back in get hit every cast. This is some of the most novice angler-friendly fishing on the planet, with anyone being able to cast and catch these hard feeding fish on an artificial. Stay away from treble hooks whenever possible and even crush the barbs down on your jigs and spoons to make for quick and easy releases. Don't forget to bring some bigger tackle along as wherever there are this many fish, there are bigger fish feeding on the easy meal.

One go-to method I used this past week was chumming live shiners in some of the narrow channels and creek mouths. The mail boat channel and small deep creek mouths feeding "Ding" Darling were all loaded with a variety of the above mentioned species and also good places to get out of the often rough conditions on the open sound. Watching the fish explode on the surface, it was a matter of just free-lining a hooked shiner to where the fish were chasing the freebies. Add a few really big trout to the mix in these same places and it was a good way to spend an hour or so of fast-paced, drag-screaming catching.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com.☆

Send Us Your Fish Tales

The *Island Sun* would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch,
species and weight, and include photographs with identification. Drop them at the *Island Sun*, 1640 Periwinkle Way, Suite 2, Sanibel, or email to press@islandsunnews.com; or call 395-1213.

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Dave Doane

Plant Smart

Starburst Clerodendrum

Non-native starburst clerodendrum's stunning flower show occurs during the winter and early spring months in South Florida photos by Gerri Reaves

by Gerri Reaves

Take one look at starburst clerodendrum (*Clerodendrum quadriloculare*) in bloom and you'll understand why it has a host of evocative common names: shooting star, winter starburst, bronze-leaved clerodendrum, Philippine glorybower and firecracker bush.

A native of New Guinea and the Philippines, it is a member of the verbena family and a popular ornamental. This fast-grower can be grown as a many-branched shrub or be shaped into a tree that can reach more than 15 feet tall.

Large clusters of five-petaled flowers attract bees, hummingbirds, and long-tongued butterflies

The bark is pale and the young stems quadrangular, thus the term quadriloculare in the species name.

The pairs of dark-green oblong leaves have pointed tips and purplish undersides.

It blooms during the cooler months in South Florida, producing showy round clusters at the branch ends. The clusters measure up to a foot across and range in color from white or pink to coral or plum.

Individual tubular flowers have five recurved petals and a narrow pink tube. They attract bees, hummingbirds and long-tongued butterflies.

The fleshy purple fruit contains four stones.

This plant needs full sun for maximum flowering. It will bloom in partial shade, but will have a tendency to become leggy.

Although it requires plenty of water to get established, it is subsequently drought tolerant.

Propagation is easy with cuttings or root suckers, but beware. The rhizomes, or running underground root-like stems, spread aggressively. In some parts of the world, including Hawaii, it is officially listed as an invasive species.

It can also be grown as a container plant.

Sources: cabi.org, freshfromflorida.com, and lee.ifas.ufl.edu.

Plant Smart explores the diverse flora of South Florida.

SCCF

Sanibel-Captiva Conservation Foundation

Beach, Shorebird and Plant Walks

Beach Walk at West Wind Inn — March 24

Meet your SCCF guide on the beach at West Wind Inn at 3345 West Gulf Drive at 10 a.m. ***Tuesday, March 10 at 10 a.m. Free.***

Birding at the Preserves — March 27

Both new and experienced birders are welcome to join experienced birders at the Sanibel Gardens off Island Inn Road. Call 472-2329 for more info. ***Friday, March 13 at 8 a.m. Free.***

Lighthouse Beach & Birds — March 25

Meet your SCCF guide at the Sanibel Fishing Pier at Lighthouse Park for a walk on the beach and through the woods. ***Wednesday, March 11 at 8 a.m.. Program is free to all but you must pay to park.***

SCCF Nature Center Trail Walks — Tuesdays - Fridays at 11 a.m.

Guided tours of 4 miles of trails at the Nature Center. ***$5 adults***

Weeds and Seeds Native Plant Walk — March 23

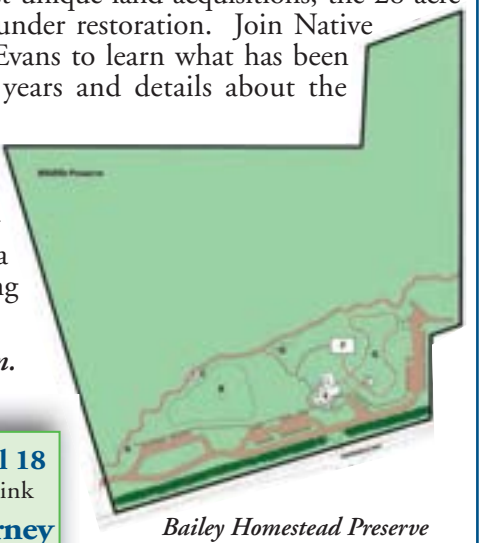
Join this group of amateur botanists on walks guided by a leader with a plant list. Locations vary but group meets on the SCCF porch and carpools to location. ***Monday, March 9 at 9 a.m. Free.***

Bailey Homestead Progress Update — March 25

One of SCCF's newest and most unique land acquisitions, the 28-acre Bailey Homestead is currently under restoration. Join Native Plant Nursery Manager Jenny Evans to learn what has been accomplished in the past few years and details about the future plans for the property.

A discussion of the relocation of the Native Plant Nursery, the installation of the Shipley Trail and Devitt Pond, as well a Q&A session will be held during this hour-long program.

Wednesday, March 25 at 10 a.m. $5 adults.



Bailey Homestead Preserve

Beer in the Bushes - April 18
www.sccf.org - Look for Beer tix link

23rd Annual Tennis Tourney
April 11-12 *www.sccf.org* - Tennis link

Snowy Plovers — March 26

Have you ever wondered about the staked nests on the beach or the families of birds with tiny chicks running around? Join us to learn more about the Snowy Plover and the ongoing SCCF research and conservation efforts on Sanibel and around Florida. ***Thursday, March 26 at 1:30 p.m. $5 adults.***

Explore Our Nature Center, Trails and Observation Tower

Butterfly House – Guided tour Tuesdays 10 a.m.; also self-guided.
Nature Center – live turtles, snakes, touch tank, videos. $5 adults
The Shipley Trail, located on the Bailey Homestead Preserve, connects the City of Sanibel's Pond Apple Park Trail (beginning at the Chamber) to Roadside City Park on Periwinkle. *Please note that the Bailey Homestead is still undergoing site work and is not yet open to the public.*

Sanibel-Captiva Conservation Foundation

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Nature Center: **Open Monday-Friday 8:30 a.m. - 4 p.m.**
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Shell Of The Week

Sharp-rib Drill

by José H. Leal, PhD, The Bailey-Matthews National Shell Museum Science Director & Curator

The shell of the sharp-rib drill, *Eupleura sulcidentata* Dall, 1890, has a "flattened" appearance, thanks to the blade-like varices ("ribs") that occur alternately every 180° (every half-whorl). There may be two or three "bumps," or nodes, present between lthe ast two varices. Color is variable, often grayish-white to tan, sometimes with brown spiral bands. The shell is not uncommon on the barrier islands beaches, in particular, after winter storms. Sharp-rib drills use their teeth, as part of their feeding habits, to etch tiny holes into the shells of other mollusks. Their egg cases, about 5 mm (about 3/16 inch) tall, resemble miniature champagne goblets. The egg cases in the picture, laid on a ponderous ark shell, were collected by shell museum founding volunteer Barb Hansen on Algiers Beach (Gulf Side City Park), on Sanibel.

Shell Museum Events

Daily at 11:30 a.m. and 3 p.m. – Live Mollusk Tank Talk: Learn more about the shell makers.

Shell of the sharp-rib drill and egg cases (right) on a ponderous ark shell

photos by José H. Leal

Mondays at 2 p.m. – Carolyn's Collection (featuring gem quality shells) or giant and colossal squids: An expert's insights about these mysterious creatures.

Tuesdays at 2 p.m. – What is a Mollusk? A marine biologist offers a fun and informative introduction to mollusks found throughout the world.

Wednesdays at 2 p.m. – Mollusk Matinées: Scientific lectures by guest speakers, ranging from historical changes in waterways to learning about cephalopods.

Thursdays at 2 p.m. – Shell ID: Get mysterious finds identified by an expert.

Fridays and Sundays – Shelling 101: Learn how and where to shell our local beaches.

Saturdays at 2 p.m. – Giant and Colossal Squids: An expert's insights into the lives of these mysterious creatures.

Daily Island Inn Morning Beach Walks: Join our marine biologist for a beach walk near Island Inn on Sanibel. Walks depart daily from the Island Inn lobby at 9 a.m. The cost is $10 and parking at Island Inn is free for beach walk participants. Space is limited so book online at www.shellmuseum.org/events or call 395-2233 to make a reservation. All beach walk participants receive half-off shell museum admission. (Current Island Inn guests: Please contact the inn directly to book).

Marine Naturalist Cruise on Thursdays: At Captiva Cruises, South Seas Island Resort, Captiva. Join our marine biologist for an unforgettable four-hour cruise with a small group aboard a 40-foot sailing catamaran. You are likely to see dolphins, manatees, bald eagles, live shells and other interesting wild life. Includes laminated shell guide, gourmet lunch and free admission to the shell museum. Cost is $100 per adult/$75 per child. Cruise must be booked by calling Captiva Cruises at 472-5300.

The Bailey-Matthews National Shell Museum is at 3075 Sanibel-Captiva Road. Phone 239-395-2233 or visit www.shellmuseum.org.☆

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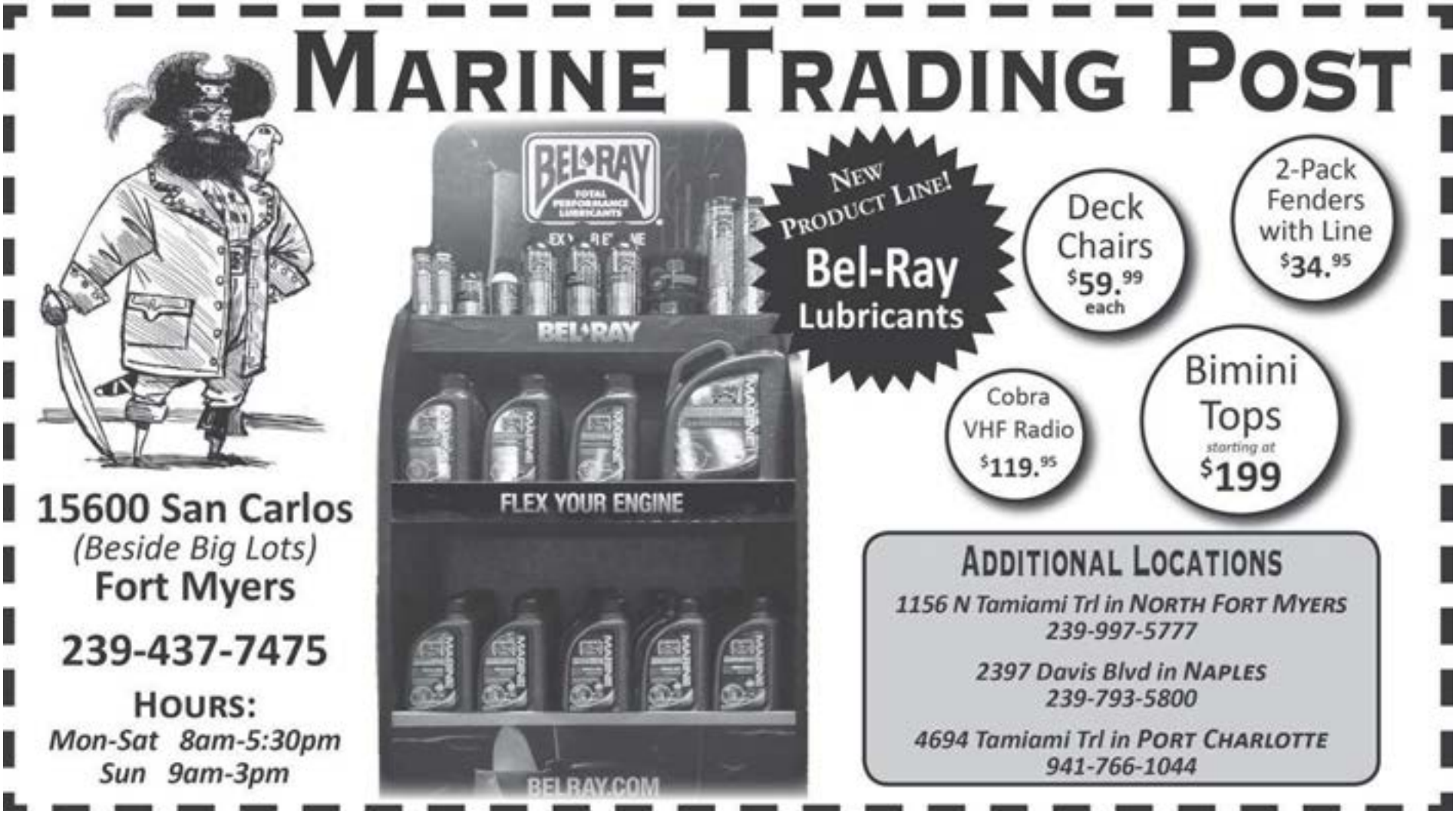

CROW Case Of The Week:

Ambassador-Elect Sneezy

by Patricia Molloy

The Virginia opossum *(Didelphis virginiana)* is a nocturnal omnivore that is the only marsupial native to North America. The trademark marsupium, or pouch, develops on the abdomen of the female and is where litters of baby opossums will spend the first two months of their lives nursing and growing.

As one of the oldest mammals on earth, the opossum has survived for at least 70 million years. Despite popular belief, opossums do not hang from their tails while sleeping; their tails are not strong enough to support them for extended periods of time. They do, however, serve a very important function.

An opossum's tail is long and scaly and acts as a fifth hand. When the animal is climbing a tree, it will wrap its tail around a branch for balance, allowing it to use its front paws to grasp nearby branches. Known as a prehensile tail, opossums rely heavily on the body part.

CROW is currently caring for a young male opossum (#14-3324) which was admitted to the wildlife clinic after being hit by a car. Examinations and radiographs indicated that he had suffered multiple injuries, including head and neck trauma and severe injury to his tail. The patient has endured several surgeries by the specialized vets which have proven to be life-saving. Sadly, he is not a candidate for re-release; his tail was so damaged that amputation was necessary.

"He's doing, overall, OK. He's still pretty bright and alert and feisty. He's not getting any worse," Dr. Brittany Stevens said several weeks ago when discussing his progress. "He continues to have a corneal ulcer, which is causing him discomfort."

Since that discussion, the opossum has improved significantly. "It's been quite awhile since his first surgery," explained Dr. Heather. "He is now totally healed. Both of his eyes are now fine and he sees well out of both."

The staff and students at CROW have become so attached to the opossum, that they have given him a nickname: Sneezy. Dr. Heather hopes to obtain permission to keep Sneezy as a Wildlife Ambassador to help teach the public respect for wildlife and the environment.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

The Virginia opossum, patient #14-3324, has won the hearts of staff and students for his enduring will to survive. Because he is not releasable, he may be granted Ambassador status.

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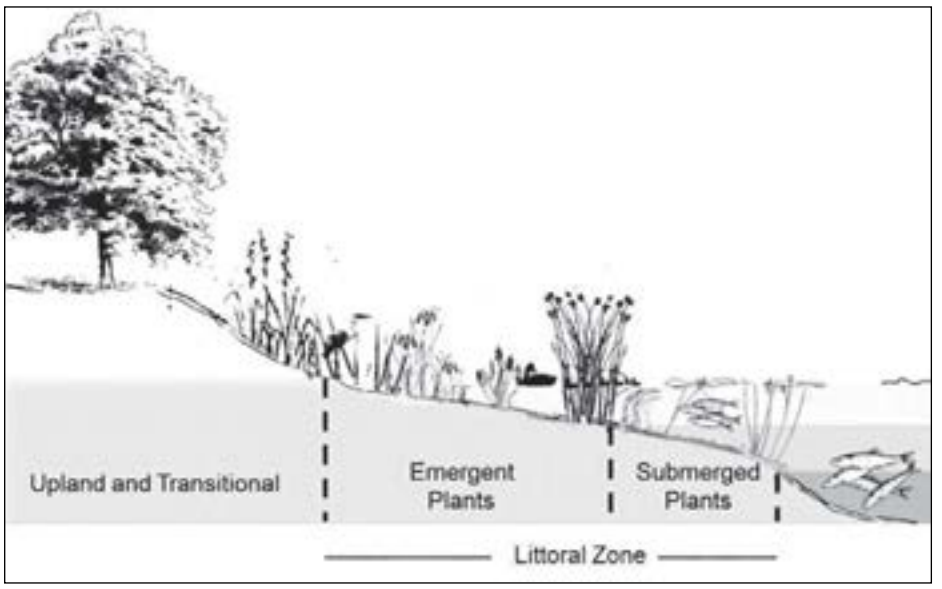
You Can Help Improve Water Quality On Sanibel

submitted by the City of Sanibel Department of Natural Resources

If you own property adjacent to one of Sanibel's many lakes, wetlands or waterways, you can help protect and/or improve water quality within your community. Homeowner's associations are also in a unique position to facilitate changes that can enhance water quality by embracing Best Management Practices (BMPs) aimed at reducing stormwater runoff entering community lakes. One cost-effective practice that improves water quality and provides a number of other important ecological benefits is the planting and maintenance of the shoreline littoral zone.

What is the littoral zone? The littoral zone is the shallow area along the edge of a waterbody where sunlight penetrates all the way to the sediment, allowing aquatic plants to grow.



Diagram

Photos courtesy of City of Sanibel

Why is maintaining vegetation within the littoral zone important? Littoral zone vegetation can provide a number of important ecosystem services including buffering of stormwater runoff that contains nutrients such as nitrogen and phosphorus or other pollutants, shoreline protection and stabilization, food and habitat for wildlife, and a seed source for other areas. Littoral zone plantings can also provide important economic benefits such as improving neighborhood aesthetics and increasing property values.

How does littoral zone vegetation improve water quality in my community lake? Shoreline plantings provide an important buffer between upland landscapes and waterbodies by taking up excess phosphorus and nitrogen originating from fertilizers, pet waste, and vegetative debris, as well as other pollutants carried by stormwater runoff. This reduces the amount of nutrients available to algae and other nuisance aquatic vegetation, resulting in a cleaner and clearer community lake.

Before

After

How does littoral zone vegetation protect and stabilize my shoreline? Shoreline vegetation has a complex network of roots that help stabilize sediments and hold lake banks together, preventing erosion. These plants also slow down the flow of stormwater runoff, attenuate wave action, and trap sediments that would otherwise flow directly into the waterbody. This helps prevent shoreline erosion and silting-in of lakes or other waterbodies.

How does the littoral zone provide food and habitat for wildlife? Native plants planted in the appropriate location and within suitable conditions (i.e., proper salinity range and water depth) provide foraging opportunities for waterfowl, marsh birds, wading

Native plants provide foraging opportunities and habitat for wildlife

photo courtesy of Ruth Brooks

birds, alligators, turtles, fishes, among others. These plantings also provide important structure and cover for invertebrates and fishes that form the basis of the aquatic food web and nesting sites for secretive marsh birds and waterfowl. A vegetated tree-lined shoreline may provide shade that helps keep water temperatures lower, resulting in a better natural habitat for many native species.

What other benefits do littoral zone plantings provide?

Provide a Seed Source

• Littoral plantings provide a seed source for a healthy expansion into other waterbodies and wetland areas.

May Act as an Alligator Deterrent

• Vegetated shorelines can be utilized to discourage alligators from basking in neighborhood yards. Since alligators use the sun to help regulate their body temperature, a shady well-vegetated shoreline discourages alligators from basking. For more information about landscaping for alligators, contact the Sanibel-Captiva Conservation Foundation at 472-2329.

Improves Aesthetics and Property Values

A carefully planned and maintained littoral zone can enhance the beauty and value of your property. Shoreline vegetation can mask seasonal changes in lake water levels and unsightly water debris, such as algae that may appear periodically. Strategically

Shoreline plantings provide an important buffer between upland landscapes and waterbodies

placed vegetation along your shoreline can also help frame in that picturesque water view that you moved to Sanibel to enjoy.

If you are considering transforming your lifeless shoreline into a vibrant living filter to improve the island's water quality, you will want to consider the following steps:

1. Determine who owns and manages the shoreline of the waterbody you are planning to enhance or restore. Identify any HOA restrictions or city codes that may apply. For help, contact your neighborhood HOA or the City of Sanibel Planning Department at 472-4136.

2. Develop a planting plan using native plants suitable for your specific location taking into consideration existing and future environmental conditions. Consider seasonal

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President Theodore Roosevelt (Joe Wiegand), left, chats with America's first national wildlife refuge manager Paul Kroegel (Paul Tritaik) during his March 12 appearance at the JN "Ding" Darling National Wildlife Refuge photos by Jeff Lysiak

Following his lecture, Teddy Roosevelt answered questions from the audience

Teddy Roosevelt Delights At Refuge

by Jeff Lysiak

During his annual visit to the JN "Ding" Darling National Wildlife Refuge, the 26th President of the United States, Theodore "Teddy" Roosevelt, stopped in to share a few stories about how his early interest in nature and animals led to his creating the National Wildlife Refuge System.

"I recently visited my namesake high school in Los Angeles," said Roosevelt – portrayed by impersonator Joe Wiegand – upon welcoming the crowd to his lecture. "And I met a young man who saw me, turned to his friends, and said, 'Hey, it's the Monopoly dude!'"

After telling tales about his youth, how being in the great outdoors restored his vigor and triggered a lifelong interest in wildlife, Roosevelt spoke at length about his many travels and heroic exploits, his political ascension as a state assemblyman, governor of New York, vice president and – following the death of William McKinley – President of the United States, and his policies which helped preserve national landmarks including Grand Canyon Game Preserve (renamed Grand Canyon National Park, in 1919).

"Let this great wonder of nature remain as it now is. Do nothing to mar its grandeur, sublimity and loveliness. You cannot improve on it," Roosevelt said upon visiting the Grand Canyon in 1903 during his first term. "But what you can do is to keep it for your children, your children's children, and all who come after you, as the one great sight which every American should see."

Teddy Roosevelt shared a number of stories about how the National Wildlife Refuge System was established

Roosevelt also spoke about his affinity for big game hunting, which was hindered by his poor eyesight.

"What I lacked in accuracy, I made up for in volume," the Roosevelt impersonator told an audience of about 60 gathered at the Visitor & Education Center. "I didn't shoot well, but I shot often."

Roosevelt's love of outdoor activities helped improve the asthma he suffered as a youngster. Hunting, riding horses and

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Pictorial Presentation At 'Ding' Follows Great Blue Herons In Love

Local photographer Sallie Rich will be bringing back to JN "Ding" Darling National Wildlife Refuge her pictorial Courtship of Great Blue Herons presentation that she showed last October during "Ding" Darling Days. The free presentation takes place at 11:30 a.m. on Monday, March 23, in the "Ding" Darling Visitor & Education Center auditorium on Sanibel.

The photographic documentary covers the courtship ritual from when the male arrives to his nest through the female's egg-laying. It includes the presentation of the twig by the male, an important mating rite in the great blue heron world. Rich, a longtime island nature photographer, has presented programs in several media at the refuge during the past decade.

Rich, who has practiced yoga for 60 years and taught yoga for 30 years, believes the practice has led her to develop the state of concentration needed to wait patiently for nature's marvels to unfold. "Yoga practice gives one a flexible mind and body," she says. "My many years of practice have influenced the way I look at the world. What you see is that your nature is the same as the nature of all else. You realize the connectedness of all things and that's the thrill."

Seating for Rich's presentation is limited and first-come, so attendees are encouraged to arrive early. For more information, call 472-1100.☼

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One of Sallie Rich's portraits of mating great blue herons.

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RESTAURANTS

The variety of dining options on Sanibel and Captiva just keeps getting better. For their size, the islands offer an extensive culinary array – all making the most of the area's fresh and abundant seafood and local produce. You'll find everything from burgers to barbecue, bistro style, Italian, Mexican, American, classic deli fare, organic, vegan, gluten-free, café food and Caribbean.

In this column, each week you will be able to stay updated on our local dining establishments and what they're offering and get the scoop on the island dining scene, whether it's fine or casual, take-out or frozen desserts.

AMONG THE FLOWERS CAFE

Among the Flowers Cafe features local and organic vegetarian/vegan fare. Some of the featured items are fresh pressed juices and smoothies, fresh organic coffee and an espresso drink bar, fresh house-made nut milks, raw protein gems and chocolates, organic egg sandwiches and salads, Queenie's local ice cream, local beers and organic/sustainably farmed wines, gluten free bakery with custom layered cakes and complete party catering. You'll also find original art with uplifting messages as well as salt lamps, sage wands, handmade jewelry, T-shirts and gift-baskets.

Open 7 days a week for breakfast, lunch and early dinner until 6 p.m. Call-ahead for to-go orders, or sit outside under a covered deck.

BAILEY'S GENERAL STORE

Bailey's General Store has a full deli, bakery, daily lunch specials, take out and catering for cook-outs, picnics and parties. This is the oldest supermarket on the islands, established long before a causeway linked Sanibel to the mainland.

The bakery has freshly made donuts, scones and breads. The deli offers a variety of hot foods for breakfast, lunch and dinner, as well as catering services for special events. Services include shopping for your groceries and delivering them to your home or vacation destination. If you are on a gluten-free diet, pick up the extensive list of gluten-free products near the entrance to the supermarket.

The Coffee Bar at Bailey's serves espresso based drinks, hot chocolate, smoothies and specialty coffees.

BENNETT'S FRESH ROAST

Bennett's Fresh Roast at 1020 Periwinkle Way prides itself on its fresh-from-scratch doughnuts made daily and being the only Southwest Florida doughnut shop offering fresh roasted coffee from the finest beans. They also offer fresh desserts including praline bread pudding and lemon bars, packaged whole bean or ground coffees, breakfast muffins, oatmeal, breakfast sandwiches, strata (a layered baked breakfast dish) and a large variety of Harney & Sons Fine Teas. Lunch offerings including paninis, soups, sandwiches, signature salads and Bennett's Chicken & Donut, Donut Dog and a Lobster Roll are available Monday through Sunday from 11 a.m. to 2 p.m.

BLUE GIRAFFE

Blue Giraffe serves breakfast, lunch and dinner from 10 a.m. to 9 p.m. This restaurant offers casual island dining seven days a week from a menu featuring fresh local seafood, chowders, salads and steaks. Besides dessert choices, you can get hand-dipped Edy's Grand Ice Cream.

Dine outside on the boardwalk or inside at hand-painted tables decorated by a local artist, or sit at the full liquor bar for a mixed drink, glass of wine or cold beer.

Malissa Portilla at Jerry's Café

CIP'S PLACE

Cip's Place is named for the late Jimmy Cipriani, a longtime islander and owner of the property on which the restaurant sits. Jimmy always made time for a good conversation, good company and great food. In Jimmy's memory, Cip's styles itself as a local watering hole. A mural that takes up an entire wall shows lots of islanders through the ages – including Cip – and if you don't recognize them all, ask to see the "key."

Food choices range from "comfort" to culinary with some Caribbean and island favorites as well. And do try the home-made potato chips, the fried buttermilk chicken with sage gravy and the snapper tacos.

Choose between the outdoor garden patio or front porch. Indoor seating and full bar are also available. Hours are 11:30 a.m. to 9:30 p.m. daily with happy hour from 4 to 6 p.m.

CHIP'S SANIBEL STEAKHOUSE

Chip's Sanibel Steakhouse has many great options for locals and tourists alike. It is open seven nights a week with daily happy hour from 5 to 6 p.m., featuring two-for-one drinks and $4.95 appetizers. For early diners, there's a three-course prix fixe menu for $35 including a cocktail. In addition to an updated wine list, seasonal house-infused liquors such as strawberry-jalapeño tequila, blood orange vodka and cucumber gin are available.

The menu features steaks and seafood, including a six-ounce filet mignon topped with jumbo lump crabmeat finished with Hollandaise and served with of asparagus and choice of potato; Parmesan-crusted seabass served with mushroom risotto and finished with a creamy dill sauce. Save room for dessert though, because whether you are a chocolate lover or Key lime pie fan, Chip's has something for every sweet tooth.

CROW'S NEST AT 'TWEEN WATERS INN

The Crow's Nest at 'Tween Waters Inn is a more casual place than its sister the Old Captiva House. It's home to the famed Captiva Crab Races on Mondays and Thursdays and is a popular venue for live entertainment on Fridays and Saturdays.

There is a nightly happy hour.

DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels.

In addition to its Sanibel restaurant, Doc Ford's has a Captiva location in Chadwick's Square.

It's a well known gathering place and tropical theme sports bar with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich. The fish tacos are an island favorite and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

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THE DUNES RESTAURANT

The Dunes Golf & Tennis Club is open to the public and serves lunch daily from 11 a.m. to 3 p.m. Chef specials include an assortment of salads, wraps and sandwiches, soup buffet Monday through Friday, and the popular the Shrimp Po' Boy.

Featured monthly events include Trivia Night, Corks & Canvas, Comedy Night, dinner, dancing and live entertainment, and bridge. There is a Friday a la carte dinner menu with featured selections each week such as fish fry, prime rib, seafood and pasta nights.

Take in the sunset views while sipping on your favorite drink. Happy hour is every day from 3 to 6 p.m.

GEORGE & WENDY'S SEAFOOD GRILLE

George & Wendy's Seafood Grille features live music Fridays and Saturdays and Karaoke on Thursdays. Specials include barbecued ribs on Monday for $18, prime rib on Tuesdays for $18, crab legs on Wednesdays for $18, steak lovers special on Thursdays for $18 and Friday night fish fry for $15.

There is a live jazz brunch buffet on Sunday from 10 a.m. to 1 p.m.

Happy hour is from 11 a.m. to 6 p.m. The full bar has an extensive wine list, 20 beers on tap, local, domestic and craft beer, mojitos, martinis and tropical favorites.

Football food and drink specials are available in the bar area only during all NFL and Saturday college games. There are free Jello shots with each Chicago or Buffalo touchdown.

Hours are 11 a.m. to midnight seven days a week.

GRAMMA DOT'S

Gramma Dot's, the only dockside dining on Sanibel, offers a lunch and dinner menu seven days a week from "Sanibel's only Seaside Saloon" where you can leisurely dine at the Sanibel Marina in view of luxury yachts and modest fishing boats and watch the comings and goings of seagoing folk and fishermen. The menu features a full line of "only fresh" seafood, salads, sandwiches and more. Appropriate dress is required.

If you're arriving by boat, check in with dockmaster for a lunch slip, monitor VHF 16. You can tie up for a night or two at the available dockage if you wish. Gramma Dot's is open daily at 11:30 a.m. For dinner, arrive before 8 p.m.

GREAT WHITE GRILL

The Great White Grill is a sports bar featuring 29 beers on tap and a good wine list. It's home of The Steel Curtain Pizza. There's free pizza delivery too. The Great White carries the TV Baseball package and the NFL package for sports enthusiasts and has arcade games for kids of all ages.

The regular menu includes hand-cast fresh dough pizza, wings, fries, chicken fingers, salads, gyros, sandwiches and burgers. Check out the Pittsburgh Salad, which consists of grilled chicken, French fries, cheddar cheese, cucumbers, tomatoes and onions on a bed of lettuce.

GREEN FLASH

The Green Flash has marvelous waterfront views of Captiva's bayside and Pine Island Sound. The Green Flash was built on the site of the historic Timmy's Nook, opened in 1950. Fittingly, seafood dominates the menu, although other options are offered as well. The Green Flash is easily navigable by boat and is located southwest of Marker 38 on the Intracoastal Waterway.

Hours are daily from 11:30 a.m. to 3:30 p.m. for lunch and 5:30 to 9:30 p.m. for dinner.

GREENHOUSE GRILL

The Greenhouse Grill has happy hour daily that includes $2 off house wine, $1 off draft beer and half price special of the day appetizer from 4 to 6 p.m. There are vegan and gluten free options available. Fresh, local, seasonal ingredients are used to flavor steaks, seafood, pasta, salads and burgers. The signature Bouillabaisse is a seafood lover's delight with fresh shrimp, mussels, clams, scallops, grouper and calamari. Homemade lemonade and green tea with pomegranate are a favorite among guests. Grand finales include Chocolate Fondant, Tiramisu, Crème Brule, Cannoli and other delectables. Pet-friendly patio seating available.

The Greenhouse Grill is open daily from 10:30 a.m. to 9 p.m. Reservations are appreciated and carry out orders are welcome.

IL TESORO

Il Tesoro serves authentic Italian food "with the taste and feel of a Tuscan holiday," according to owner Chef AJ Black. He infuses flavors from the old world to the new world of cooking using only fresh seasonal ingredients to bring his dishes to life. Daily specials focus on pairing authentic meals with a bold array of fine Italian wines.

Il Tesoro (The Treasure) serves dinner seven nights a week from 5 to 10 p.m.

ISLAND COW

The Island Cow is a family favorite with its colorful indoor and outdoor seating and live entertainment. "Come as our guests… leave as our friends!" is the motto. The Cow serves breakfast, lunch and dinner featuring fresh local seafood and meats and has an extensive children's menu. Starbucks coffee is also on the menu.

Breakfast is served between 7 and 11 a.m. Hours are 7 a.m. to 10 p.m.

JACARANDA

The Jacaranda Restaurant & Patio Lounge is a Sanibel mainstay, with a reputation for fine seafood and steaks. Dinner is served year-round Monday through Sunday. You can eat inside or outside on the pretty patio with its fairy lights and tropical vegetation.

During The Jac's Summer Break, Monday through Thursday, choose an appetizer, entree and dessert from the featured menu for just $30. Wine specials are also offered, along with the featured drink, The Jacaranda Sangria.

The Jac Bar has live music six nights and is the unofficial HQ for Sanibel's social scene. The patio lounge menu includes a selection of "happy apps" for $5.95 and half price drinks during happy hour, 5 to 7 p.m. There is also a raw bar.

JERRY'S RESTAURANT AND DELI

Jerry's Restaurant and Deli in Jerry's Market is the next best thing to dining in a tropical garden. This family-style restaurant has large windows to view the lush garden with caged tropical birds that are favorites with visitors and residents. Daily specials are offered in the spacious restaurant and you can order a sandwich or hot food from the deli or help yourself at the well-stocked salad bar to take out.

The restaurant is open for breakfast, lunch and dinner from 6 a.m. to 8:30 p.m.

LAZY FLAMINGO

The Lazy Flamingo is a famed island hang-out with two Sanibel locations: one at 1036 Periwinkle Way, the other – the original – at 6520 Pine Avenue, near Blind Pass. "If our seafood were any fresher, we would be serving it under water!" is the Flamingo's motto. And that includes, shrimp, grouper, oysters, conch fritters and chowder as well as chicken.

The Flamingo Bread and the Caesar Salad are signature items. Pull up a stool to the rustic bar or take a high or low table. The interior feels like the inside of an old pirate ship with its portholes and hewn wood surfaces. The atmosphere is definitely casual and beer is available by the bottle, on draft or by the pitcher.

LIGHTHOUSE CAFE

Sanibel's popular breakfast and lunch restaurant on the east end also serves dinner from December 15 until the end of April. Owner Mike Billheimer, Sanibel native and member of a family operating one of Sanibel's first restaurants back in the 1950s, took over this legendary cafe in 1988 and has been mentioned in *Gourmet, Bon Appetit, Country Living, Southern Living* magazines for their outstanding food quality and service. Try one of the selections of eggs Benedict, homemade wholewheat granola hotcakes or one of the three-egg omelets.

The French toast is made with a rich custard batter and real French bread. Breakfast is served until 3 p.m. The most popular lunch item is the fresh, local grouper sandwich served crunchy fried, chargrilled, blackened, sautéed or broiled. Open 7 days. Call ahead seating for breakfast and lunch, and reservations accepted for dinner.

MATZALUNA ITALIAN KITCHEN

In the mood for pizza? Matzaluna Italian Kitchen has a wood-fired oven to bake authentic pizzas, including gluten-free ones. That's in addition to a big selection including over 20 combinations of pasta dinners from $11.95 (including soup or salad and fresh baked bread), affordable veal, tender chicken, choice steaks and seafood (Italian style) in a casual market-like setting. Gluten-free pizza is also available.

Matzaluna has craft beers on tap. On Wine Wednesdays, every bottle priced $25 and over will be discounted by $8 all evening. Hours are 4:30 to 9:30 p.m. daily and happy hour is from 4:30 to 6:30 p.m.

MUCKY DUCK

The Mucky Duck may well be the most famous restaurant on Captiva due to its longevity and quirky name. Then there's the fabulous sunsets. Patrons gladly wait on the beach for tables. This place draws crowds – sipping cocktails and beverages until they can take their seats. Reservations are not accepted.

The Duck is open for lunch and dinner, serving fresh seafood, pub-style food, sandwiches, steaks and other items.

OLD CAPTIVA HOUSE AT 'TWEEN WATERS INN

Old Captiva House at 'Tween Waters Inn, Captiva, offers romantic sunset dining in an historic setting with live piano music. Executive Chef Jason Miller prepares New Florida island favorites, tropical seafoods, classic meats and daily fresh-baked breads and pastries, served with an extensive selection of wines, liquors and coffees.

First built as a one-room school for children of Captiva's pioneer settlers, the Old Captiva House still reflects much of its original charm – from white French doors to hardwood floors to the Gulf of Mexico sunset that streams through the western windows. Its collection of famed cartoonist JN "Ding" Darling's 1930s whimsical vacation illustrations has led to its designation as a landmark in Southwest Florida.

OVER EASY CAFÉ

Over Easy Café is a pet-friendly place with indoor and outdoor dining for breakfast and lunch. The covered patio is a popular spot. Choose from 22 different Eggs Benedict, scramblers and omelettes, 11 pancakes and French toast choices, 15 egg specialties and wraps, eight salads and 26 sandwiches and burgers, plus baked goods. Beer and wine is available.

Breakfast is served all day. Hours are 7 a.m. to 3 p.m.

PECKING ORDER

The Pecking Order, features tender, juicy, broasted fried chicken and the fixins. The chicken is marinated and seasoned, and the high-pressure deep-frying system produces a crispy coating and holds in the juices without allowing the fat to penetrate.

Homemade sides include slow-cooked collard greens, sweet and spicy baked beans, cheesy shell mac, rice and beans, cole slaw, red mashed and gravy, fried pickles and veggie chili. Try the Black Betty, a warm, dark chocolate cupcake filled with liquid dark chocolate, sprinkled with sea salt flakes and confectioners sugar.

Take out and outdoor dining available. .

POCOLOCO

Need a pick-me-up? Looking for some downtime? Either way, your best bet is PocoLoco on the tropical courtyard at Jerry's Center. Indoors or out you will savor gourmet coffee, tea, signature sandwiches, pastries, or a cone of the region's most popular ice cream, Love Boat. PocoLoco is the Sanibel source for this ice cream and always features a couple dozen delicious favors. Stop by, sit in the sunshine and chatter with six cheerful parrots for a unique and memorable experience.

RC OTTER'S, CANTINA CAPTIVA, SUNSHINE SEAFOOD, KEYLIME BISTRO AND CAPTIVA PIZZA, YOGURT & GIFTS

Five Captiva eateries under the same ownership – RC Otter's, Cantina Captiva, Sunshine Seafood, Keylime Bistro and Captiva Pizza, Yogurt & Gifts – offer a fun and casual dining experience with a tropical flair reminiscent of Key West.

RC Otter's and Keylime Bistro have live music outdoors most of the day. Cantina Captiva serves Mexican food. Sunshine Seafood Cafe Wine Bar specializes in fine dining with a very respectable wine list. You have your choice of dining inside or outdoors.

ROSIE'S CAFÉ & GRILL

Rosie's repertoire includes crab cakes, grouper and shrimp entrees and steaks with all the trimmings, Southwestern dishes such as burritos and fajitas, soup and sandwich combos, and salads. Among the most popular items is Rosie's Famous Cheese Steak made from shaved rib eye, grilled mushrooms, onions and green peppers, Ultimate Cuban and Classic Reuben, home-made muffins and cinnamon rolls and Key lime pie, root beer floats and banana splits. A children's menu and carry-out are also available and outdoor seating is available.

Breakfast is served from 8 a.m. to 3 p.m. and happy hour is from 3 to 6 p.m. seven days a week with two-for-one draft beer and wine and a menu that starts at $4.50 for items such as nachos with cheese and salsa and $5.50 wings and chicken tenders. The ice cream bar has 20+ flavors of locally made Royal Scoop ice cream.

SANDBAR

Currently serving happy hour from 4 to 5:30 p.m. every day in the lounge only, and dinner from 5 to 9 p.m. Since opening in 2013, The Sandbar has become known for its fresh seafood and choice cuts of beef and pork.

SANIBEL BEAN

The Sanibel Bean coffee shop is java central on Sanibel Island. With its indoor and outdoor seating and free wi-fi, it's a popular venue for laptop-toting coffee lovers to relax and check their inboxes, have breakfast or lunch or recharge the batteries in the afternoon.

Besides a big selection of coffee from around the globe and a variety of coffee drinks, The Bean has tea and other beverages and a variety of hearty sandwiches, pastries and muffins, plus other light fare.

SANIBEL DELI & COFFEE FACTORY

Sanibel Deli & Coffee Factory offers a gluten free menu in addition to regular choices, along with pizza and wings, Boar's Head meats, frozen yogurt and ice cream. There is indoor seating as well as outdoor tables shaded with umbrellas, and free wi-fi.

SANIBEL FISH HOUSE

Find out why Sanibel Fish House is such a great addition to the list of Sanibel restaurants. We offer a wide range of fresh seafood as well as our great alternative choices at reasonable prices.

Come and see us in our delightful tropical island setting. Open 11 to 10 daily with excellent lunch and dinner specials. Don't miss the best happy hour on the island 11 to 6 daily and all day on Saturdays and Sundays in The Lounge! The Lounge opens 11 to 10 Sunday through Thursday and until 1 a.m. on Fridays and Saturdays.

SANIBEL GRILL

The Sanibel Grill has 19 big screen TVs with satellite TV tuned to every televised sporting event. The Grill shares a kitchen with The Timbers, serving the same fresh seafood, along with burgers, sandwiches, pizzas and salads. Crunchy Grouper and Crunchy Shrimp are signature dishes.

SANIBEL SPROUT

The Sanibel Sprout is the island's only vegan cafe and organic juice bar. There is comfortable seating for friends to socialize and taste Chef Nikki's extended menu of plant-based gourmet cuisine. The soups – lentil, Vietnamese Pho, etc. – are popular year-round, as are vegan lasagna, Mexican taco salad, kale salad with avocado chipotle dressing and numerous desserts. The extended menu is posted on the Sprout's Facebook page.

The organic juice bar is popular with locals and visitors of all ages. Kids love the Strawberry Kiss or the Chocolate Bliss Smoothie, whereas adults favor the Coffee Sproutaccino or the green Emerald Mermaid Smoothie. Those are just a few of the juice bar favorites from an extensive menu.

The Sprout is open for breakfast, lunch and dinner 8.30 a.m. to 7 p.m. Monday through Saturday.

SUNDIAL BEACH RESORT & SPA

The Sea Breeze Café at Sundial Beach Resort & Spa is open 7 days a week, from 7 a.m. to 10 p.m., serving breakfast, lunch and dinner. Dine indoors or al fresco, overlooking the gulf. Choose from classic tavern fare, fresh seafood, innovative entrees, salads and sandwiches. There is a daily happy hour from 4 to 6 p.m. with drink specials and bar menu. Every Monday is Margarita Monday with $5 margaritas from 4 to 10 p.m. and live island-style entertainment from 5:30 to 8:30 p.m.

Turtle's Pool & Beach Bar serves imported and domestic beer, wine and tropical drinks in a casual outdoor island setting just steps from the gulf. A full menu is available at the poolside dining patio from 11 a.m. to 7 p.m., including seafood, award-winning burgers and fresh salads. Happy hour is 3 to 5 p.m. every day.

Create your own custom pizza or grab a quick snack at Slice of Paradice, Sundial's newest poolside dining option, featuring slices, specialty and custom pizzas, grab and go salads, hot dogs and hand scooped ice cream, including Sundial's signature flavor, Island Delight. Open daily from 11 a.m. to 9 p.m.

All restaurants and bars are open to the public.

TIMBERS RESTAURANT & FISH MARKET

The Timbers Restaurant & Fish Market and the adjoining Sanibel Grill are mainstays of the island dining scene, boasting 35 years of fresh fish on Sanibel Island. The restaurant offers 13 dinners for $15 daily before 5:30 p.m. plus a large selection of local seafood such as grilled shrimp, fried grouper, oysters, clams and crab cakes.

Besides specializing in fresh local seafood, the restaurant has a seafood market that opens at 11 a.m. (except Sunday, when it's 2 p.m.)

TRADITIONS ON THE BEACH

Traditions on the Beach is one of the few Sanibel restaurants with beachfront dining. Located in the historic Island Inn, the recently updated restaurant sits on 10 acres with gulf views, perfect for watching the sunset over the water while you dine. The menu features Italian and Mediterranean cuisine prepared by Chef Aziz and his team. Traditions' dishes are made with fresh ingredients, from seafood and meats, to produce from local vendors. On the menu you will find the classics and specialties including Moroccan lamb, roast duck, lobster and veal. Pasta, grilled items and a raw bar are also available. In addition to the regular menu, specials are offered daily. There's an attractive bar and lounge area that also serves food and an extensive wine and cocktail list. Dining begins at 5 p.m. and continues until late. Reservations are suggested.

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From page 31

Island Fare

ZEBRA TREATS

This bold and bright cafe/store offers a variety of frozen yogurt flavors – try the caramel sea salt pretzel – with more than 50 toppings such as strawberries, blueberries, chopped candy and sprinkles. Other offerings include milk shakes, smoothies and frappes.

Zebra has indoor and outdoor seating.

The store recently added frozen yogurt to go, by the pint and quart.

LIVE ON THE ISLANDS

The Island Cow on Sanibel has live entertainment on Friday, Saturday and Sunday

The Crow's Nest Beach Bar & Grille at 'Tween Waters Inn has live entertainment with Bad Banditos on Friday and Saturday; Taylor Stokes on Sunday and Tuesday; and Bobby Blakely on Wednesday. Crab shows are on Mondays and Thursdays.

George & Wendy's Seafood Grille has live music Friday with Roy Schneider and Kim Mayfield, playing folk; Saturday is the John Allender Band, playing blues; Sunday is Jeff Lyons on guitar and vocals; Monday is Aaron Styferth on guitar and vocals; Tuesday is Chris Coile, playing '50s and '60s hits; and Wednesday is Rex Bongo Band, playing blues and rock variety. On Sunday, there is a live jazz brunch buffet from 10 a.m. to 1 p.m. plus Hospitality Night with happy hour pricing from 8 p.m. to close. Tuesday is open mic night from 8 to 11 p.m. Karaoke is Thursday from 9 p.m. to midnight.

The Jacaranda has live entertainment on Friday and Saturday with DVS, playing classic rock and oldies, beginning at 8:30 p.m. Sunday is Jamaica Dave & Co., playing reggae and dance, beginning at 8 p.m. Weekdays, music is from 8 to 11 p.m. On Monday, it's Renata, playing jazz, funk and contemporary; Wednesday is Barbara Dexter, playing contemporary, top 40s and dance; Thursday is Eric Malibu, playing contemporary, reggae and dance.

The Mucky Duck on Andy Rosse Lane, Captiva features music by Gary Earle on Thursday and Friday; Gene Federico plays on Saturday; Gary Earle plays Sunday; Mark Dupuy plays on Monday; Perry English plays on Tuesday; and Gene Federico plays on Wednesday.

Sea Breeze Café at Sundial Beach Resort & Spa features Margarita Monday from 4 to 8:30 p.m. every Monday with $5 margaritas and island style entertainment. Happy hour is daily from 5 to 7 p.m. with drink specials.

Traditions on the Beach at the Island Inn has live music Friday and Saturday with "Pianoman" Joe McCormick and Marvilla Marzan, playing jazz, Latin, pop, R&B and contemporary dance. Mike Arnone, "The Jersey Kid", performs on Sunday. Dusk plays a variety of classic pop and rock on Monday. Barbara Smith and Woody Brubaker play on Tuesday and Wednesday. Joe McCormick and Marvilla Marzan play on Thursday.

The Island Cow on Periwinkle Way has live entertainment on Friday with Gene Federico; Saturday, Jay Helt; and Sunday, Dan Confrey.

RC Otter's on Andy Rosse Lane, Captiva, has live music daily with dining inside and out.

Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.☆

Wine & Food Fest On Captiva Benefits Golisano Children's Hospital

Michael and Helene Hall with Mary Dewane and Joe Anderson of Benovia

photos by Michael Shapiro

The Southwest Florida Wine & Food Fest held its first chef vintner dinner on Captiva Island this year.

And a grand dinner it was. Some 48 guests attended the February 27 event in the home of Michael and Helene Hall.

The Halls, who moved into the home in November, were first-time hosts for the event but have supported its primary cause, Golisano Children's Hospital of Southwest Florida, for several years.

"We're passionate about helping the hospital and the kids," said Helene Hall. "We wanted to do something special that would do something good as well."

The dinner featured food created by South Seas Island Resort Chef Tim Duque and wines supplied by Joe Anderson and Mary Dewane, of Sonoma's Benovia Winery.

The theme was Fire & Ice, with loads of crystal and blue light shimmering upon the assembled crowd during the first part of the meal, turning to fiery orange for the second half, which included a performance by fire dancers on the deck of the infinity pool.

A magnificent sunset – which took place beyond a life-sized ice sculpture of a dolphin frolicking in the waves – added to the theme.

Sanibel resident Dorothy Fitzgerald, who co-chaired the event with Elaine Hawkins, attended the dinner and was excited to finally have the dinner on the islands.

"There were many people at the Halls' who had never been to the festival before. The excitement of Friday evening carried over to Saturday's auction, when this group bid a record-setting amount," Fitzgerald said. "New, enthusiastic supporters are what keep an organization vital, and keep building the foundation."

Fitzgerald credits the Halls with providing a spectacular setting, the South Seas team for creating an excellent dinner and Anderson – one of the biggest supporters of the festival and the children's hospital – with serving top-flight wine.

"This is such an important cause," Fitzgerald says. "Whether you live here year-round or seasonally, this is your community. Together it's amazing the difference we can make."

Not only did the wine dinner take place on Captiva, but this year's child artist hails from Sanibel. A drawing by 11-year-old Sophia Black, who has been undergoing treatment at Golisano for acute lymphoblastic leukemia, raised a record $500,000 at the February 28 auction.

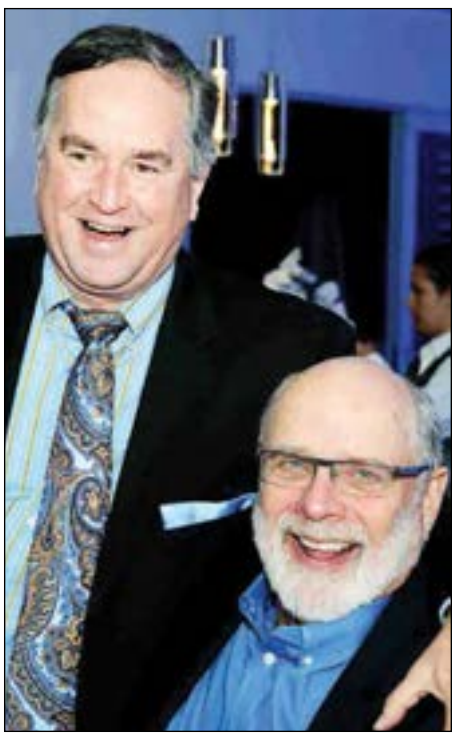
In all, this year's event raised a record $3.35 million. The funds will benefit the effort to build a larger facility for the children's hospital as well as Florida South-Western State College's pediatric nursing program and Florida Gulf Coast University's music therapy program. SWFL Children's Charities Inc. organizes the annual event.

Title sponsor was LTC Global Inc. Supporting the two-day event were FineMark National Bank & Trust, Skanska Gates and Sam Galloway Ford. Event contributors were Miromar Lakes Beach & Golf Club, Palm Printing/Printers Ink, Hyatt Regency Coconut Point Resort & Spa, Angelina's Ristorante, Jason's Deli, Preferred Travel of Naples and Norman Love Confections.

The 2016 Southwest Florida Wine & Food Fest event is scheduled for Feb. 26 and 27. Visit www.swflwinefest.org to learn more.☆

Bob and Mercedes Walter

Dorothy Fitzgerald and Kathryn Kelly



Ron Fitzgerald and Joe Anderson

Honey Citrus Stone Crab Claws with Hearts Of Palm Salad

3 pounds medium stone crab claws, cooked and chilled
1/2 cup sugar
1/2 cup rice wine vinegar
1/4 cup honey
1/2 cup orange or tangerine juice
8 hearts of palm, fresh or canned
1/4 cup red onions, thinly sliced
1/4 cup red bell peppers, roasted, thinly sliced
1/4 cup yellow bell peppers, roasted, thinly sliced
2 medium oranges or tangerines, peeled and sectioned
1/4 cup fresh tarragon leaves, chopped
2 cups fresh spinach, finely chopped
1/2 cup extra virgin olive oil
1/4 cup rice wine vinegar
2 tablespoon fresh parsley, finely chopped

Crack claws; remove shell and movable pincer, leaving the meat attached to the remaining pincer. Set aside. In a small saucepan, combine the sugar, vinegar, honey and orange or tangerine juice. Bring to a boil and cook until thickened to syrup. Remove from heat, cool and set aside. Slice hearts of palm into thin strips. In a bowl, combine the hearts of palm, onions, peppers, orange or tangerine segments, tarragon and spinach. Dress salad with olive oil and vinegar; toss until moistened. Serve salad in the center of each plate with stone crab claws arranged around the edge. Drizzle the honey citrus sauce over all and garnish with chopped parsley. Serve extra honey citrus sauce on the side.

Yields four servings.☼

Honey Citrus Stone Crab Claws with Hearts Of Palm Salad

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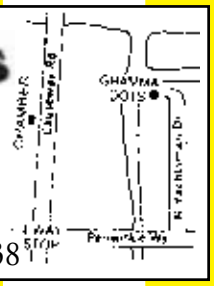

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Snowy Plover Presentation At CROW

The Clinic for the Rehabilitation of Wildlife (CROW) will partner with the Sanibel-Captiva Conservation Foundation (SCCF) to present Secret Lives of Snowy Plovers on Monday, March 23 at 4:15 p.m. in CROW's Visitor Education Center.

Snowy plovers are tiny shorebirds whose feathers are the color of sand. Because their main defense is camouflage, it's almost impossible to see them unless they're moving. They nest right on the beach and are potential prey for a host of predators. As a result, these cryptic birds are listed as threatened in the state of Florida.

With miles of unspoiled beach, Sanibel is home to a significant population of breeding snowy plovers. In 2002, SCCF initiated their Snowy Plover Project, along with the JN "Ding" Darling National Wildlife Refuge and the City of Sanibel, to protect and study these vulnerable ground nesters. Staff members and volunteers comb the beach from mid-March through August for snowy plover nests, stake off the nests to prevent their inadvertent destruction by human activities, monitor the progress of each nest and record resulting data.

Joel Caouette, SCCF's shorebird monitoring coordinator, will join Claudia Burns, long-time CROW and Snowy Plover Project volunteer, to present photos, videos, recorded vocalizations and a diorama Caouette created to show typical snowy plover habitat.

Secret Lives of Snowy Plovers offers insights into snowy plover behavior, which is completely different than that of birds who nest in trees. This is a rare opportunity to learn about a threatened species that depends on Sanibel's beach for its continued survival. It's also a chance to explore CROW's Visitor Education Center and learn more about its efforts to save wildlife through care, education and collaboration.

CROW is located at 3883 Sanibel-Captiva Road, across from The Sanibel School. Reservations are required for this special presentation. Admission is $5 per person. Call 472-3644, ext. 228 for reservations. For more information, visit www.crowclinic.org.

Joel Caouette's snowy plover habitat diorama

Audubon Bunche Beach Bird Walk

Black skimmers at Bunche Beach photo by France Paulsen

The next Sanibel-Captiva Audubon Saturday bird walk will be on March 21 at Bunche Beach. Meet at the beach parking lot at 8 a.m. Note the new parking fee. $2 an hour, bills only.

Waterproof shoes are a must because the group walks through tidal pools .

These bird walks are open to public and all levels of experience. A $2 donation is appreciated.

Call Hugh Verry at 395-3798 for further details

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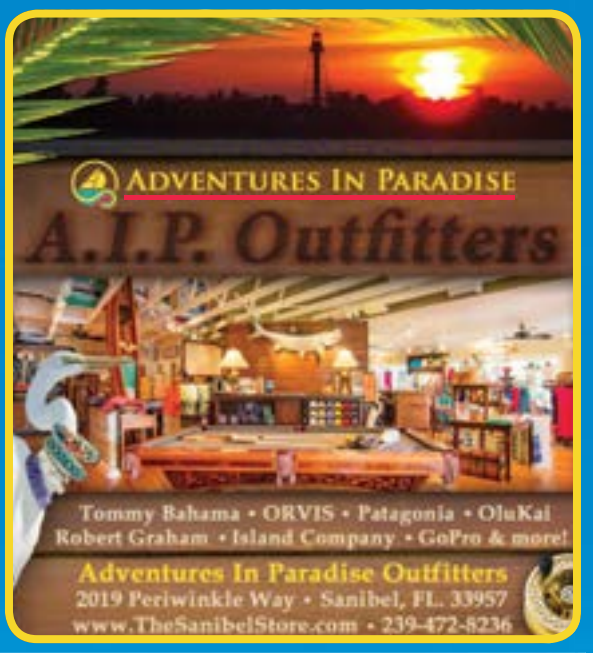

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You Can Help Improve Water Quality On Sanibel

water levels and salinity fluctuations in your planting plan and how they may affect which plants you can use in your project. Evaluate existing native plants that can be incorporated into the planting plan and identify exotic plants that may need to be removed. For help choosing native plants or for a review of your plan, contact the City of Sanibel Natural Resources Department at 472-3700.

3. After all this is complete, you are now ready to start planting.

*If you do not have a suitable littoral zone for planting, you may need to consider further shoreline restoration options. Consult with the city's natural resources and planning departments for options and permit requirements.

Other things to keep in mind

- Fertilizer is prohibited within 25 feet of any waterbody or wetland.
- Always keep safety in mind when planting and maintaining the littoral area. Alligators can be found in any waterbody on Sanibel.
- All herbicides must be applied by a state licensed contractor. Always follow product labels carefully. The label is the law.
- Dispose of pet waste responsibly, this waste not only carries viruses and bacteria, but also contributes nutrients to the waterbody.
- Any lawn cuttings or leaves should be directed away from the waterbody.

If you are not planning to do the work yourself, be sure your vegetation contractor has a valid Vegetation Competency Card and is licensed through the City of Sanibel. For more information on approved vegetation contractors and local nurseries, contact the City of Sanibel's Natural Resource Department at 472-3700.☆

Read us online at IslandSunNews.com

Fish Caught

Ron Kenoyer with the redfish he caught

Ron Kenoyer, general manager of Shell Island Beach Club, caught a 24-inch redfish while on a trip with Sea Reed Charters.☆

Email your editorial copy to:
press@islandsunnews.com

Oyster Madness?*

Stellar Bay (BC)
Nisqually (WA)
Gold Creek (WA)
Kumamoto (BC)
Tomales Bay (CA)
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From page 26

Roosevelt

Jay N. "Ding" Darling's 1919 cartoon honoring Theodore Roosevelt, titled The Long, Long Trail

hiking all contributed to his athletic frame.

In addition, "Teddy" talked about establishing America's first national wildlife refuge – Pelican Island NWR, located in Sebastian, Florida – and was subsequently paid a surprise visit by that refuge's first manager Paul Kroegel (portrayed by "Ding" Darling NWR Manager Paul Tritaik).

During a question-and-answer session following his lecture, Roosevelt was asked what his connection was to Sanibel's refuge namesake, Jay Norwood Darling.

"We weren't close and personal friends, but he did write about me and he supported my conservation efforts," said Roosevelt, who noted that after he passed away – on January 6, 1919 – "Ding" Darling published a political cartoon honoring his legacy, entitled The Long, Long Trail. Darling later sent the original artwork to Roosevelt's widow.

Wiegand, a historian, writer and lecturer on the life and times of Roosevelt, has portrayed the 26th President to audiences across the country, including a performance at The White House for President George Bush in 2008.✯

Symphony Presents From Russia With Love

The Southwest Florida Symphony will present the fourth concert in its Masterworks Series, From Russia With Love, on Saturday, March 28 at 8 p.m. Prior to the performance, at 7 p.m., patrons are invited to attend a conductor led pre-concert lecture. These lectures are offered in order to better educate audiences about the pieces being performed.

Masterworks IV: From Russia With Love features works by great Russian composers; the passionate *Romeo and Juliet Fantasy Overture* by Pytor Ilyich Tchaikovsky, Maurice Ravel's regal

continued on page 39

SUNSET CELEBRATION

OF SOUTHWEST FLORIDA CUISINE AT ITS FINEST.

FRIDAY MARCH 27 | 6 PM – 8:30 PM | LIVE MUSIC

Captiva House Executive Chef Jason Miller and Guest Chef Laurent Geroli welcome you to an exclusive celebration of the delicious wonders of Southwest Florida cuisine amid a spectacular evening outdoors — on the beautiful Garden Terrace at 'Tween Waters Inn Island Resort & Spa.

Here, 60 exclusive guests will be wowed by a four course culinary showcase of mouthwatering appetizers, fresh Gulf seafoods, Sushi Action Station, meats, local cheeses — plus cocktail reception, fresh-baked desserts and (of course) sunset, for $125 per person inclusive (including gratuity).

BONUS: WE WILL DONATE 25% OF EACH RESERVATION TO BENEFIT THE DING DARLING NATURE PRESERVE.

"I encourage you to join us for this special celebratory night to launch our new outdoor dining, our new Sunset Celebrations, and our Sushi Spectaculars, back by popular demand. Enjoy!"

~ Executive Chef Jason Miller

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FRIDAY MARCH 27 | 6 PM RECEPTION | 7 PM DINNER

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Unusual Sighting On Sea School Land

The bottom half of a turtle or tortoise shell is called the plastron. Notice the indented plastron on this male. The male plastron is indented and the female's if flat

submitted by Leah Biery, Sanibel Sea School

As we begin to feel the warmth of the sun a little more and hear the songbirds sing a little louder, we know spring is getting closer. In the animal kingdom, spring is also a time that many of our island's creatures begin to grow their families – sometimes right in our backyards.

On a recent afternoon, Sanibel Sea School's teachers were bustling around the campus preparing for class and cleaning up the backyard when one of them heard something a bit strange. Curious about the rustling coming from a pile of leaf litter, they went to investigate the noise. It was the property's resident female gopher tortoise plodding around her burrow, and she was not alone. The teachers were surprised when they saw two tortoises near the burrow, because this species can be quite territorial. They immediately postulated that it must be a mating pair.

Tortoises mating. pecies is oviparous, meaning the female deposits five to 15 eggs in the soft sand near her burrow

Peering through the surfboard racks with binoculars in hand, the teachers watched as the male tried to pursue the female. Male tortoises use a series of head-bobs and swings to try to get the female's attention, but in this case the female was unimpressed. Even with no reaction from the female, the male continued to swing his head and approach her a little quicker with every step. After a few courtship shell-nips, the male decided to try his luck at passing on his genes. The male was a little over-ambitious on his first attempt, because the female suddenly charged and flipped the male over onto his carapace, or top of his shell.

Sanibel Sea School staff members try not to interfere with nature, but when gopher tortoises are flipped upside down, they are unable to right themselves and can become stranded. Luckily, one of our teachers is a trained herpetologist, so he was able to gently right the male gopher tortoise and allow him to try his luck again. The male tortoise immediately continued to pursue the female with some more head-bobs and the two successfully mated.

Tortoises are oviparous, meaning the female will soon deposit 5-15 eggs into the soft sand near her burrow. The eggs will incubate in the sand for about 80-100 days and the tiny tortoises will use their "egg tooth" to break through their shell, beginning their new life on Sanibel Island. We can't wait to have young gopher tortoises grow up near our school.☆

Trust Company Hosts Program

Kim Kovacs, left, personal lines account executive from Heidrick Insurance, and Robin L. Cook from Sanibel Captiva Trust Company

The Sanibel Captiva Trust Company hosted a WOW presentation last week at The Sanctuary with 52 local women in attendance.

The presentation, entitled Strategies To Protect Your Assets (Identity Theft & Insurance, Home, Liability, Etc.), was led by Gerald J. McNulty from the Lee County Sheriff's Office - West District and Kim Kovacs from Heidrick & Company Insurance, Sanibel.

"The informative presentation focused on the latest safety measures to take in order to lessen the risk of identity theft. With current technology it is important to learn how to protect ourselves from fraud and what to do if we become a victim. We also learned about the latest in home insurance including the planned rate increases for flood insurance and how to protect our assets with the correct types and amount of insurance," said The Sanibel Captiva Trust Company's executive vice president Robin L. Cook.

The WOW Women's Series (Women. Opportunity. Wealth.) empowers women to be better informed and prepared to handle their lives independently and dynamically.☆

HORTOONS

Rene's Jewelry
472-5544

From page 1

Lions Club Arts And Crafts Fair

The San-Cap Lions Club Arts and Crafts Fair is a long-standing island event that attracts talented artists and crafts people to this juried showcase each year. Admission is a $5 donation; children under 12 are admitted free.

The fair includes more than 100 silent auction and raffle items, with many outstanding artworks and sculptures in addition to services, restaurant gift certificates and vacations. The silent auction and raffle will be held inside The Community House. Raffle tickets can be purchased throughout the event.

The Sanibel-Captiva Lions Club is committed to community service, and the money raised through this event will go towards various Sanibel Island charities, vision- and hearing-based charities, and local scholarships.

From page 37

Symphony

arrangement of *Pictures at an Exhibition* by Modest Mussorgsky, and Rachmaninoff's ever popular *Piano Concerto No. 2*, with a guest performance by Joshua Bell's touring accompanist, Steinway Piano artist Alessio Bax.

Tickets cost between $22 and $82 per person and may be purchased online at www.swflso.org, by visiting the Southwest Florida Symphony Box Office, located at 8290 College Parkway, Suite 103 in Fort Myers, by calling the Symphony Box Office at 418-1500 or at the Barbara B. Mann Box Office one hour prior to the concert.

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Painters On The Porch At Tahitian Gardens

Jean Eaton painting

Tahitian Gardens' merchants are hosting their first Painters on the Porch event Saturday, March 28 from 10 a.m. to 1 p.m. Many San-Cap Art League members will be set up on the porch.

"We invite you to stop by and watch them work, chat about their art and purchase a painting that will keep your Sanibel memory fresh in your mind before you head 'back home'," said Barb Harrington, marketing and event director for the ShopOnSanibel Centers.

The San-Cap Art League is a non-profit member operated group and a member of the Art Council of Southwest Florida.

Jim Bird painting

"As end of season is growing near Tahitian's merchants invite you to take advantage of this special event as an opportunity to not only purchase a one of a kind piece of art but also shop with them as they specialize in designing and finding items unique to the islands. Having 16 island merchants and many SanCap artists in one location gives you a convenient opportunity to find that special item to remind you of your time on Sanibel," said Harrington.

Tahitian Gardens, at 1974 Periwinkle Way, Sanibel, has plenty of convenient parking and is easily accessible by bike.

For further information contac Harrington at 229-4267☆

Jim Bird painting

Art by James Storer

Shells Found

Judy Dinnick, Rhonda Walker, Joy Henderson and Gerda Reid

Joy Henderson from Huntsville, Alabama, Judy Dinnick from Toronto, Canada, Rhonda Walker from Chattanooga, Tennesse and Gerda Reid from Cape Cod, Massachsetts found a lion's paw while shelling on March 8 between Bowman's Beach and Blind Pass. "We make Sailor's Valentines for The Sanibel Shell Show and room together every year," they said.☆

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'Ding' Darling/Theodore Cross Photo Contest Award Winners

Lillian Stokes, one of the three contest judges

First place winner Matthew Boutelle

Second place winner Emily Huffman

Third place winner Savannah Crowe

by Jeff Lysiak

Winners were announced on Saturday for the second annual "Ding" Darling/Theodore Cross High School Photography Contest during an awards ceremony held in the Visitor & Education Center of the JN "Ding" Darling National Wildlife Refuge on Sanibel.

First place went to Matthew Boutelle of Fort Myers High School, whose winning entry of a snook close-up was titled *Linesiders.*

"The composition of the fish photo is beautifully organized with just the right balance of light and shadow, action and stillness to create a mood, a narrative," wrote world-renowned New York photographer Arne Svenson, one of the contest judges. "The point of focus on just the glistening scales, and the fact that the fish fills the frame, makes it look enormous and somewhat threatening. And the black line running the length of the fish and then disappearing into the water, adds a mysterious, almost ghostly element to the image."

Second place was awarded to Emily Huffman of Dunbar High, whose untitled photo featured a urban landscape taken from a ground-level perspective. Third place went to Savannah Crowe of Estero High, whose image, *Take Off,* captured a pelican taking flight.

Sponsored by the Theodore Cross Family Charitable Foundation, the competition is for high school students from Lee, Collier, Charlotte, Glades and Hendry counties to compete for prizes that included a Canon digital SLR camera package, chartered class trips to the refuge, Tarpon Bay Explorers excursions, and copies of the book *Waterbirds: Portraits and Anecdotes from Birding Adventures* by contest namesake, the late Theodore Cross.

Cross, who lived part-time on Sanibel Island, marched with Dr. Martin Luther King, Jr.; advised the Johnson and Nixon administrations on anti-poverty programs; and created Birders United, a birding website that ranked legislators according to their record of bird protection support.

"Fifty years ago this month, (Theodore Cross) marched in Selma, Alabama in support of civil rights," said daughter Amanda Cross at the March 14 ceremony. "But he was also a passionate photographer of birds. I hope that you are all inspired to share your photography that may inspire others."

According to Sarah Lathrop, associate director of the "Ding" Darling Wildlife Society (DDWS), 20 high schools participated in this year's contest, with 430 entries submitted. Three judges – Svenson, refuge biologist Jeremy Conrad and celebrity bird photographer Lillian Stokes – narrowed the field to 30 finalists. From that group, 12 students were selected to receive honorable mention honors, along with the top three finalists.

"Theodore Cross' family made this contest possible, and it has become a quick success story," said Birgie Miller, DDWS executive director. "We couldn't be more thrilled that the family wanted their donation used in this way – to reach an age group that often falls through the cracks of conservation education."

At the awards ceremony for the second annual "Ding" Darling/Theodore Cross High School Photography Contest, winners pose with members of the Cross family and the "Ding" Darling Wildlife Society photos by Jeff Lysiak

Following the ceremony, students take a look at the contest's top photo entries

Sarah Lathrop and Amanda Cross

Students were able to submit up to two photographs. Winning and honorable mention images are on display at the Visitor & Education Center and on the DDWS Facebook page online at www.facebook.com/dingdarling.

"Teachers, advisors and volunteers worked hard at helping to encourage students to enter, with nearly 200 entries from 102 Lehigh Acres High School students alone," added Lathrop.

Finalists included (in alphabetical order): Christopher Bine, Bishop Verot Catholic High School; Matthew Boutelle, Fort Myers High School; Madison Brewer, Cypress Lake High School; Michael Burton, Canterbury School; Sadi Calvert, Riverdale High School; Isabelle Foy, Mariner High School; John Francois, Lehigh Senior High School; Hannah Holmes, Riverdale High School; Leeanne Loewer, Lehigh Senior High School; Jean Martinez, Lehigh Senior High School; Maya Miller, Cypress Lake High School; Tyler Millis, Dunbar High School; Janie Caley Mohl, Island Coast High School; Karla Moreno-Perez, Golden Gate High School; and John Wilander, Canterbury School.

Honorable mention certificates were awarded to: Emily Carter, Estero High School; Janet Del-Valle, Golden Gate High School; James Drake, Golden Gate High School; Francisco Franco, North Fort Myers High School; Michelle Martinez, Lehigh Senior High School; Jean Martinez, Lehigh Senior High School; Eric McElroy, Fort Myers High School; John Miller, Estero High School; Yomari Padilla, Estero High School; Daphnie PetitCharles, Lehigh Senior High School; Maxx Pollack, Canterbury School; and Elizabeth Rodriguez, Lehigh Senior High School.

Coloratura Soprano To Perform With BIG ARTS Community Chorus

Jacquie Boyce

Jacquie Boyce is a coloratura soprano. So, of course, one of the first questions she is asked is, "What is a coloratura soprano?" Boyce responds that "coloratura" means "flexible" or "agile." "You can be a colortura anything," she says, "For a soprano, it indicates how frequently your voice moves from note to note and sustains quality and volume."

Boyce realized she was a talented singer one day when she was 13 years old at a summer resort camp with her parents. A guest violinist decided to play *Estrellita* for an informal gathering of camp attendees. Boyce, not having heard the song before, thought it was beautiful and sang along with him. The violinist later came to her mother and said, "You must find someone very good to train that voice!"

Her parents bought a piano, found a good teacher, and the rest is history. After she graduated from college, she began to study with Olaf Olsen and his wife, Miriam, who lived at the Ansonia Hotel (an "artist enclave" in New York City). She studied with him for about 11 years. One day, someone from the Metropolitan Opera came to listen at one of her lessons. As a result, Boyce was invited to sing *Una Voce Poco Fa* from *The Barber of Seville* at the Met.

As a young elementary school teacher, Boyce had joined The Village Opera Company and Amato Opera in New York City and sang many coloratura soprano roles while with those companies. She sang *Gilda in Rigoletto* with Village Opera, and many roles with Amato including *Lucia* and *Queen of the Night*. "My favorite pieces to sing were and still are all coloratura pieces: *Lucia (Lucia Di Lammermoor), Gilda from Rigoletto,* and *Violetta (La Traviata)*," Boyce said.

She still sings arias from those operas when she performs with the BIG ARTS Community Chorus, the Shell Point Singers, and in many solo and duet performances. Every Christmas, Boyce performs for each of the tree lighting ceremonies at the Shell Point assisted living communities. She has also performed with Steve Cramer, director of the BIG ARTS Community Chorus, in duets for organizations and events on Sanibel.

"I have had a marvelous experience with the BIG ARTS Community Chorus," Boyce said. "Steve Cramer, our director, has a gift for dealing with this large chorus. Our accompanist, Ellen Whitten, is also a wonder." Boyce has worked with some of the best. She tells a story of working with the Monmouth (New Jersey) Lyric Opera: "Our accompanist was a Franciscan nun, who also played for dinner clubs in New Jersey. When she was playing at the dinner clubs and the opera, she wore a turban and caftan, not her order's religious dress. She became my accompanist and teacher; we had a grand time together."

Boyce has been married for more than 50 years. "I married Raymond after the Metropolitan Opera turned me down," she jokes. They have four children, one of whom is the chair of the George Washington University music department and a composer, another is a bass player and singer/composer in two rock bands, and another is a pianist.

Boyce's advice to performers old and young is, "Don't make direct eye contact with a member of the audience. As soon as you do, you will be out of character. To do your best, you have to 'get lost in the role.'"

Boyce will be heard as Adele in *Die Fledermaus*, part of which will be performed by the BIG ARTS Community Chorus at its annual spring concerts on March 24 and 26 at BIG ARTS Schein Hall at 7 p.m.

"We were sold out at both performances last spring," Boyce said, "and this year it will be even better!" Sounds like a good reason to buy your tickets early.☆

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Community Players

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BIG ARTS Community Chorus Spring Concert
7:00 pm, Tuesday, March 24
7:00 pm, Thursday, March 26
Schein Performance Hall
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Organizers, sponsors and volunteers gathered at The Dunes Golf & Tennis Club to promote the 2015 Relay For Life of Sanibel and Captiva, to be held on April 10 photo by Jeff Lysiak

Relay For Life Returns April 10

by Jeff Lysiak

After a six-year absence, islanders will be able to participate in a Relay For Life fundraiser without crossing the causeway.

The 2015 Relay For Life of Sanibel and Captiva will be held on Friday, April 10 at The Dunes Golf & Tennis Club, 949 Sand Castle Road. Festivities are scheduled to begin at 4 p.m.

"The Relay For Life is an organized community fundraising walk for survivors, caregivers, family and friends, where teams are formed to honor all who have touched by cancer," said event organizer Mary Bondurant. "This Relay builds camaraderie and is a celebration of living life through fun, food, music, games and activities for all to take a moment out of our busy schedules to come together and make a difference and support the fight against this disease."

The event, which will end around 11 p.m. that evening, will include:

• The opening ceremony, which brings everyone together to celebrate the lives of those who have battled cancer, to inspire hope by sharing recent accomplishments and progress, and to remind everyone that while we are winning this battle, fighting cancer is a year-round priority;

• The Survivors Lap, where upbeat music plays as cancer survivors take the first lap around the marked course, cheered on by the other participants in celebration of their victory over cancer;

• During the Caregivers Lap, anyone who ever cared for someone with cancer walks a lap so they can be honored for their support. Caregivers walk this lap with the people they helped if they are also present;

• The Luminaria Ceremony is a time to remember people lost to cancer, to support people who currently have cancer, and to honor people who have fought cancer in the past. The power of this ceremony lies in providing an opportunity for people to work through grief and find hope;

• During the Closing Ceremony, all in attendance will pause to remember the lives of those lost and reaffirm their commitment to continue to fight back against this disease over the next year.

Vilma Schwarz, Relay specialist with the American Cancer Society's Fort Myers office, encouraged all islanders – whether their lives have been directly or indirectly touched by cancer – to attend the fundraiser.

"It's something that can't be explained… it has to be experienced," said Schwarz. "Connections are going to be made which are going to positively impact our survivors."

One such survivor is Bondurant.

"If you speak to anyone who has been touched or heard the word cancer, it is a life-changing experience for all involved in the journey," she said. "I believe a community working together with ACS will only bring us closer, where cancer will no longer threaten our families and friends or rob anyone of another birthday."

Organizers of the Sanibel Relay For Life are not only seeking local cancer survivors and caretakers to take part in the walk, they are also looking for islanders to lend their support through volunteerism and donations. Funding may be offered through individual or team walk sponsorships, event signage, luminary sponsorships or anonymous contributions. According to Schwarz, Relay For Life is the world's largest fundraising activity, with six of the top 25 Relay events being held in the state of Florida.

At the 2015 event kick-off meeting held at The Dunes clubhouse, several people in attendance were buzzing about hosting a Relay on the islands again.

"The Dunes is the ideal location for Sanibel-Captiva's Relay For Life," added Bondurant. "The Dunes has one of the more pretty sunsets and, as part of this celebration, the Luminary Ceremony at sunset will be magical to honor our survivors and memorialize those who have fought this battle who are no longer with us. The Dunes' owners and leadership support ACS and its mission, and are providing the perfect setting for this event. We couldn't do it without their support!"

For additional information and event details, visit www.relayforlife.org or contact Vilma Schwarz at 936-1113 ext.3914 or vilma.schwarz@cancer.org.

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Opera Theater Of Connecticut At Sanibel Music Festival March 24

Scenes from Puccini's most beloved and famous operas will be performed by Opera Theater of Connecticut (OTC) at the Sanibel Music Festival on Tuesday, March 24 at the intimate setting of the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way, beginning at 8 p.m.

Giacomo Puccini was known for his verismo operas that used commonplace, often gritty settings and characters who were ordinary people rather than royalty. It is Puccini's memorable melodies that make his operas so beloved.

For 30 years, OTC has given professional singers on the cusp of major opera careers an invaluable opportunity to practice their craft. It also brings the performing arts into underserved communities at affordable prices. Its educational outreach program, Overtures, has made presentations to more than 9000, from children to seniors. Many of OTC's artists have gone on to debut with such companies as The Met, Chicago's Lyric and San Francisco Opera.

Artistic Director Alan Mann will supplement each segment with supertitles and his witty commentary. Pianist Kyle Swann will provide the musical accompaniment. The program is sponsored by The Estate of Christine Johnson.Included will be selections from *La Boheme, Tosca, Madama Butterfly* and *Turandot*.

Tickets may be purchased for $45 each online at www.sanibelmusicfestival.org or by calling 344-7025. Tickets may also be purchased by cash or check only at the Bank of the Islands, 1699 Periwinkle Way, and Sanibel Captiva Community Bank, 2477 Library Way on Sanibel Island.

Our email address is press@islandsunnews.com

Book Sale

The popular Recycled Book Sale at the Sanibel Congregational United Church of Christ, will be open to the public from 1 to 3 p.m. every Sunday through March 29. Included in the sale will be gently used books, DVDs, CDs, puzzles, games, jewelry and small gift items.

Fiction is arranged alphabetically by author, and non-fiction by subject.

Proceeds benefit local non-profit agencies supported by the church.

The sale is held in the Rookery Bookery on the ground level beyond the courtyard garden. The church is located at 2050 Periwinkle Way, across the street from Periwinkle Place shops.

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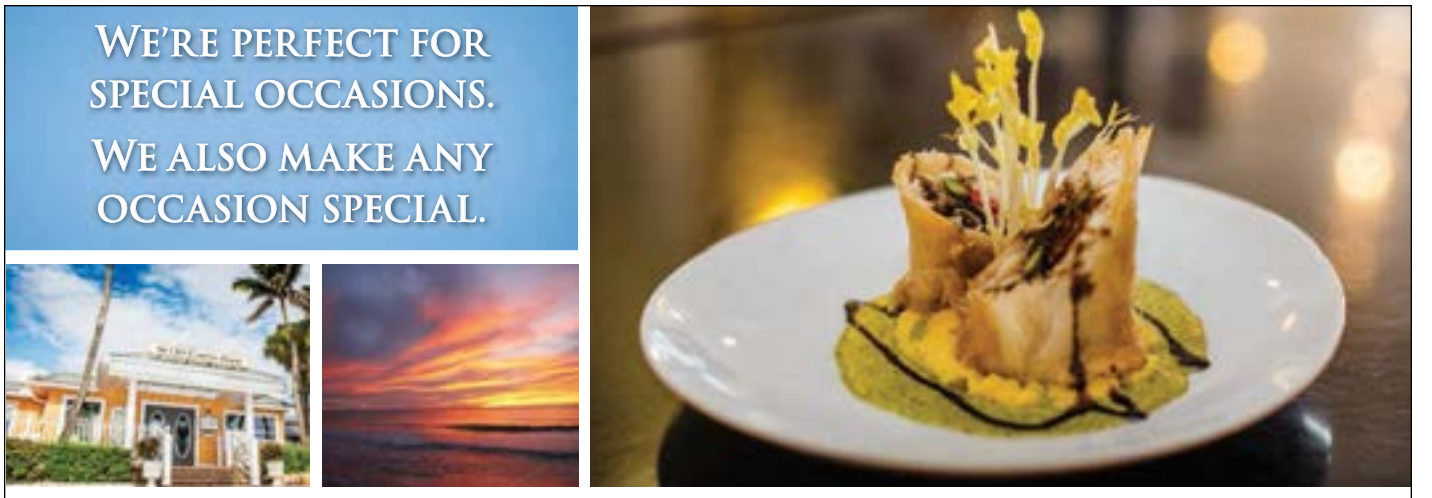

Roberts To Host Angels On Earth Program At Florida SouthWestern

Artist Myra Roberts and Robert Hilliard stand next to the portrait of Hillard at age 19

The Florida SouthWestern State College Library will twice host a program by Sanibel-based artist Myra Roberts. Titled Angels On Earth, the program is scheduled for Monday, March 23 from 7:30 to 8:30 p.m. in J Building; and again on Thursday, March 26 from 11 a.m. to noon in U Building.

Myra Roberts with her crocodile painting displayed at SCCF on Sanibel

Angels On Earth celebrates extraordinary lives, starting from World War II to the present. Included are paintings of humanitarians Sophie Scholl, Sir Nicholas George Winton and 2014 Nobel Peace Prize winner Malala Yousafzai. Also featured are paintings of local heroes Cesare Frustaci, Robert Hilliard and Steen Metz.

The program incorporates oils from her Faces of Anne Frank series, based on The Diary of a Young Girl. It also includes collages from Smokescreen: Prelude to the 1940s, depicting propaganda disseminated during Hitler's rise to power.

Roberts's paintings are in public and private collections across the nation and Europe, including the Robert Rauschenberg estate. Her exhibitions include Cab Calloway School of the Arts in Wilmington, Delaware (grant-funded); the Sidney & Berne Davis Art Center in Fort Myers; the Florida Holocaust Museum in St. Petersburg. For more information, visit www.myraroberts.com or email myralynn51@msn.com.

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Local Author To Sign At Macintosh Books

Wendy Mills

Wendy Mills will be signing her new novel, *Positively Beautiful*, at Sanibel's Macintosh Books on Friday, March 27 from 11 a.m. until 1 p.m.

Set partially in Southwest Florida, *Positively Beautiful* is about a high school girl who discovers she may have a gene mutation that confers up to an 80 percnet chance of getting breast cancer. The book has been described as Jodi Picoult meets Lurlene McDaniel.

Mills, a long time resident of Southwest Florida, grew up in Virginia and attended Old Dominion University, where she graduated with honors in English and Political Science. She lived on the Outer Banks of North Carolina before moving to Pine Island. *Positively Beautiful* is her first young adult novel, though she has published four adult mysteries.

From the back cover of *Positively Beautiful*:

Erin Bailey's life changes forever the day her mom is diagnosed with breast cancer. It's always just been Erin and Mom, so living without her is not an option.

Life takes another turn when her mom's cancer is linked to a rare genetic mutation, and Erin must decide whether to have her own DNA tested. Is it better to know now? Or should she wait until she is older? With a future so uncertain now, Erin finds comfort in two places: Ashley, a new online friend who understands Erin's genetic burden, and flying lessons, where looking to the horizon calms her fears.

Summoning courage she never knew she had, Erin embarks on a journey from the depths of frustration and despair to the heights of freedom and acceptance in a thought-provoking story about life, death, and difficult choices along the way.

continued on page 49

BIG ARTS Community Chorus

Chorus To Performs Broadway Doo-Wop In Spring Concert

If you ever wonder who wrote the book of love or what Champagne's bubbles sound like, you won't want to miss the upcoming spring concert from the BIG ARTS Community Chorus. The 80-member chorus performs at 7 p.m. Tuesday, March 24 and Thursday, March 26 in Schein Performance Hall. Tickets are $10 for general admission (students and children admitted free) and are available at the Marks Box Office, 900 Dunlop Road or by calling 395-0900.

The program will feature some all-time favorite doo-wop melodies, a medley of tunes from the Broadway hit *Carousel* and selections from Johann Strauss' operetta *Die Fledermaus*.

"Our goal is to tickle your funny bone, touch your heartstrings, and leave you humming your favorite tunes for days," said director Steve Cramer.

The BIG ARTS Community Chorus' 2014-2015 season is sponsored by The Sanibel Captiva Trust Company.

Play Reading Explores Meaning Of Art, Friendship

BIG ARTS play reading

How much would you pay for an all-white painting? Would it matter who the painter was? Would it be art? BIG ARTS Community Players will perform a staged reading of the play *Art, on* Monday, March 23, at 7:30 p.m. at the Herb Strauss Theater.

The Tony Award-winning seriocomedy by Yasmina Reza explores the meaning of art – and of friendship. Tickets are $12 for general admission (students and children $5) and are available at the theater box office, -472-6862, or online at www.bigarts.org. The theater is located at 2200 Periwinkle Way, Sanibel.

Robert Runck directs as Dorothy Donaldson, Harriet Edwards and Judy Koloski read the parts of three friends whose relationship is disrupted by the purchase of an all-white painting. Lines are drawn in a debate about the canvas and its value as "art," but the battle soon spills over into more personal arguments. With felt-tip marker in hand, the aftermath of action, and its reaction, the power of their bonds is affirmed.☆

Shell Point Photo Contest, Show

This photograph by Gerald Langberg was displayed in the 2014 exhibit

Shell Point resident photographers invite members of the Southwest Florida community to browse original photography during the annual Shell Point Photo Show. This free display is available for viewing Monday, April 6 through Friday, April 10, from 9 a.m. to 3 p.m. in the Resident Activity Center on The Island at Shell Point.

Photographs taken by Shell Point residents, including juried photo show participants who won several ribbons in past years, will be on display. Categories will include architecture, scenery, birds and other wildlife, pets and people and still life. For more details, contact Melody Desilets at 454-2290.

To learn more, visit www.shellpoint.org or call 800-780-1131.☆

From page 19

Crow Programs

with admission.

Have you ever wondered why or how animals wind up at the Clinic for the Rehabilitation of Wildlife? From fishing line entanglement, to abducted babies, CROW's presenter will address the most likely reasons patients are admitted to the hospital.

Friday, March 27, 2 p.m. – Wildlife Rescue 101, presented by CROW volunteer Ronald Frazer, free with admission.

CROW hospital treats over 3,500 patients a year, but not all of the animals admitted need our assistance. Facilities like CROW should be an animal's last resort not their first one. This presentation uses past case studies, rescues and releases to teach you about safe interactions with wildlife in the community.

Visit www.crowclinic.org for more information.☆

Read us online at IslandSunNews.com

Titanic Drama A Rotary Benefit

Deborah Jean Templin will star in *Unsinkable Women*

submitted by Shirley Jewell

Unsinkable Women is a play based on diaries, research and interviews of survivors of the *Titanic*.

Starring Deborah Jean Templin, the play will be staged Thursday, April 9 at BIG ARTS Schein Hall at 7:30 p.m.

It is presented as a fundraiser by the Sanibel-Captiva Rotary Club and all proceeds go to benefit The Sanibel Historical Museum and Village, Human Trafficking Awareness Partnership and BIG ARTS.

There will be a post-performance wine bar and dessert buffet.

Tickets, price $55, are sold at the BIG ARTS Box Office, Dunlop Road or by calling 395-0900.

The production tells the stories of nine women who survived that tragic event, among them Madeline Astor (the beautiful teenage bride of John Jacob Astor, one of the wealthiest men in America) and Margaret Tobin Brown, the Unsinkable Molly herself, whose account of the *Titanic*'s final moments brings the evening to its dramatic climax.

Characters who share their stories of tragedy and triumph include stewardess Violet Jessop (who tells of the friendships and loves of the below-decks serving crew) and Nora, an English music hall performer on her way to New York to appear in American vaudeville.

Deborah Jean Templin playwright and star of this show, brings to life each of the nine women in this internationally acclaimed tour-de-force performance. She transports the audience back in time and place not only with words but with music and costumes of the period. She transforms herself, shifting from character to character in full view of the audience.

The Sanibel-Captiva Rotary Club meets at 7 a.m. every Friday at The Dunes Golf and Tennis Club, 949 Sand Castle Road.☆

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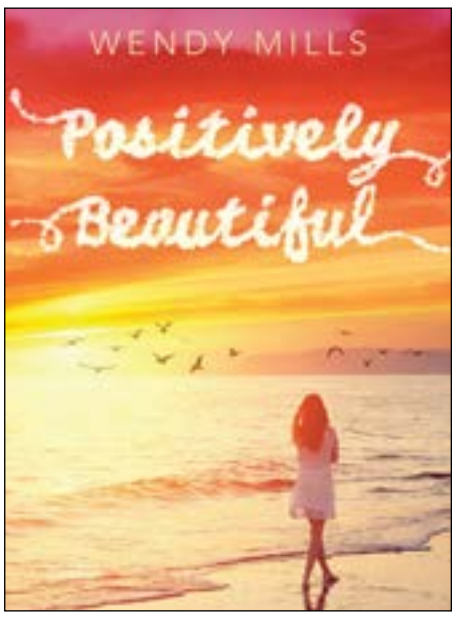
Book Signing



Kirkus Reviews says *Positively Beautiful* is a "a heartfelt, three-hankie exploration of a topic all too many teens must confront."

Macintosh Books is located at 2407 Periwinkle Way. For more information, visit www.macintoshbooks.com or www.wendymillsbooks.com. ☆

Book Signing With Ron Base

Ron Base, author of the Sanibel Sunset Detective mystery series, will be at the Sanibel Bookshop all day on Friday, March 20, signing copies of his five murder mysteries, including the latest addition to the series, *The Hound of the Sanibel Sunset Detective*.

If you can't make the event, you can call 472-5223 and order a signed copy to be shipped to you, or order online from www.sanibelbookshop.com. ☆

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Thunderbird Exhibition At Edison Ford

One of the vintage Ford Thunderbirds to be on display at the Edison Ford Winter Estates

The Edison & Ford Winter Estates will be hosting the Ford Thunderbird Exhibition on Saturday, April 4 from 10 a.m. to 2 p.m. Thunderbirds, or T-Birds, as they are affectionately known from all eras, will be displayed on the historic, riverside property of Henry Ford. Owners will be on hand to visit with guests and answer questions.

The Ford Thunderbird lives on in the hearts of so many people, in the garages of collectors and in the memories of millions. At one of the most beautiful sites in Fort Myers, this is a fitting tribute to the legacy of the American automobile and Henry Ford. The history of the Thunderbird has included two-seaters, roadsters, convertibles and four-door models, hardtops and sedans, more than 4 million of them. Over the years, there have been several different models, but the nostalgia has never waned.

A portion of the proceeds from the Thunderbird show will benefit the restoration of the antique car collection of Edison Ford. Visitors can look forward to:

The Ford Thunderbird Exhibition returns on April 4

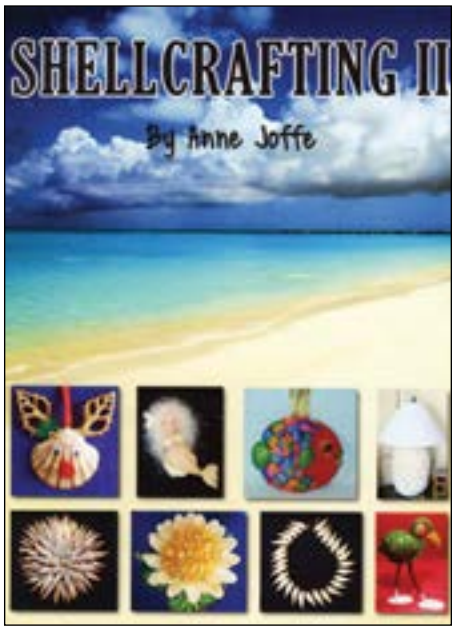
- "Henry and Clara Ford" leading informal tours throughout the event
- Thunderbird Car Talks
- Everglades BBQ for purchase at the Ford Cottage Lawn
- Live Music with The Flash Back Duo

Admission to the Thunderbird show is free for Edison Ford members, while non-member admission is $20 for adults and $11 for children, which includes an audio tour as well as admission to see the homes, gardens, laboratory and museum.

Thunderbird owners can register their car for this special show by calling Leeanne Criswell at 334-7419. There is no fee for registration.

Book Signing

Anne Joffe



Anne Joffe, noted shell-crafter, will be signing her new book *ShellCrafting II* on Friday and Saturday, March 20 and 21 from 10 a.m. to noon at the 2422 Periwinkle Way location of She Sells Sea Shells.

The book is a second edition featuring 120 color pages of step-by-step instructions for making crafts from sea shells. Craft items include creatures, Christmas ornaments, home decor, flowers and jewelry. The book sells for $18.95 and is available at both She Sells Sea Shells locations as well as local book stores. For more information, call 472-8080.

Kiwanis Club Scholarship Applications

The Sanibel-Captiva Kiwanis Club is accepting scholarship applications for the 2015-2016 school year. Scholarships of $3,000 per year, over a period of four years, will be awarded. Additionally, several one-year scholarships in varying amounts are available.

Eligible applicants must be Sanibel-Captiva residents, employed full time on the islands or a family member of such (of any age) attending a college or vocational school.

The club collects the applications and an independent committee makes the selection.

Applications must be submitted by March 27. They can be obtained by contacting any of the following: Tami Treuheit at 579-0660 or reception@sanibelinsurance.com; Bill Traum at 561-2900 or billtraum@me.com; or Chris Heidrick at 579-0660 or chris@sanibelinsurance.com.

Blues By The Bay To Support Children

An evening of live music, food and drinks, will be held Tuesday, April 7 from 5:30 to 7:30 p.m. at the Sanibel waterfront home of Sandy Stilwell.

Blues by the Bay will feature samplings from Sanibel's finest restaurants and purveyors including Bailey's, Blue Coyote Supper Club, Keylime Bistro and SS Hookers. Fine wines and a signature Blue Bay Martini will be served courtesy of E&J Gallo Winery. The champagne sponsor is The Lighthouse Resort & Tiki Bar.

Live auction items will be offered and all proceeds will benefit the School Success programs for at-risk children in the Harlem Heights neighborhood in Fort Myers. Sponsors include Stilwell Enterprises. Additional sponsorship opportunities are available.

"It's important to me to be able to help our community," said Stilwell. "The

Heights Foundation's mission is to build strong, self-sufficient families and education is the key to their success."

"Our School Success program includes

continued on page 52

Diner's Coupon Books Now On Sale

The Sanibel-Captiva Kiwanis Club's 2015 Diner's Delight books are now on sale for $35 each. This year's edition contains buy one entrée, receive a second entrée free coupons (up to a $20 value) from 29 great restaurants, valid from May 1 through December 17, 2015.

All proceeds from Diner's Delight book sales benefit island causes. Contact a member of the San-Cap Kiwanis Club to purchase a book or for more information.

Email your editorial copy to:
press@islandsunnews.com

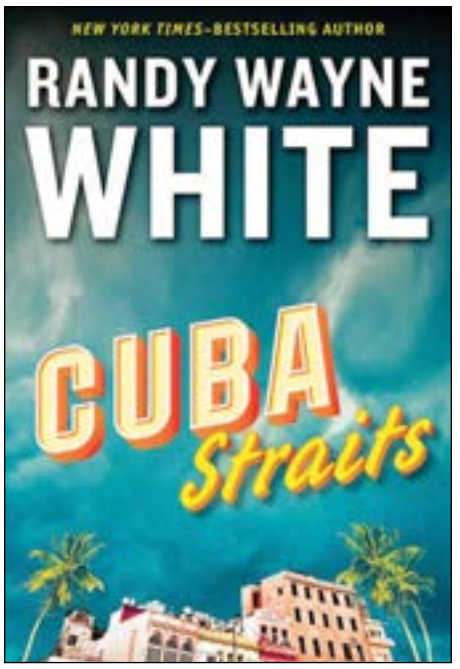
Book Signing At Doc Ford's

Doc Ford's Rum Bar & Grille on Sanibel will be hosting a book signing with Randy Wayne White, author of the Doc Ford Series, on Sunday, March 22 and Monday, March 23 from 12 to 2 p.m. and 4 to 6 p.m. both days. White's visit to Doc Ford's kicks off of his national book signing tour for the latest addition to the series, *Cuba Straits*.

The *St. Petersburg Times* stated that White, "an outdoorsman, raconteur, journalist and former fishing guide as well as a bestselling novelist – has the writing of his popular Florida thrillers down to a finely tuned science, but he always brings something fresh to the mix."

In *Cuba Straits*, Marion "Doc" Ford and trusty sidekick Tomlinson return for a grand-slam adventure featuring baseball, human trafficking, rare sea turtles, and, most dangerous of all, an unsanctioned trip deep into the heart of Cuba.

Doc Ford's old friend, General Juan Garcia, has gone into the lucrative business of smuggling Cuban baseball players into the U.S. He is also feasting on profits made by buying historical treasures for pennies on the dollar. He prefers what dealers call HPC items – high-profile collectibles – but when he manages to obtain a collection of letters written by Fidel Castro between 1960 and 1962 to a secret girlfriend, it's not a matter of money anymore. A lot happened between Cuba and the United



States between 1960 and 1962. Many men died. A few more will hardly be noticed.

White will begin each session with a question and answer period with the audience before the book signing. The hardcover books will be available for purchase.

Doc Ford's Rum Bar & Grille is at 975 Rabbit Road. For more information, call 472-8311.

Music, Health, Steampunk At Library

Yoga is one way to improve balance and prevent falls

Steampunk bracelet

Sanibel Public Library will be hosting a variety of programs this month. No registration is required to attend.

Make steampunk bracelets with Cathy Cameron at 2 p.m. Tuesday, March 24. Steampunk combines retro and futuristic sensibilities with an industrial and Victorian aesthetic. Supplies will be provided.

Mark Tesoro of Trauma Services at Lee Memorial Health System is speaking on Tuesday, March 31 at 2 p.m. He will explain why falls are preventable and teach people how to reduce their risk of injury. Falling is a leading cause of injury and death in Lee County. The numbers are staggering; one in three seniors fall each year; 20 percent of those who fall are hospitalized; and half of those who are hospitalized pass away within a year. The good news is that falls are preventable.

Balance screenings will be available at no charge.

On Tuesday, April 7 from 2 to 3 p.m., Mello Cello will perform. Mello Cello is Kris Dryckman, Linda Hart, Helen Kalish, Susanna Kelly and Doug Parker. They will be performing in the main entrance lobby. There will be refreshments.

A complete list of programs is on the library's website, www.sanlib.org. Residents as well as non-residents are invited. There is cost to participate in these programs.

The Sanibel Public Library is located at 770 Dunlop Road.

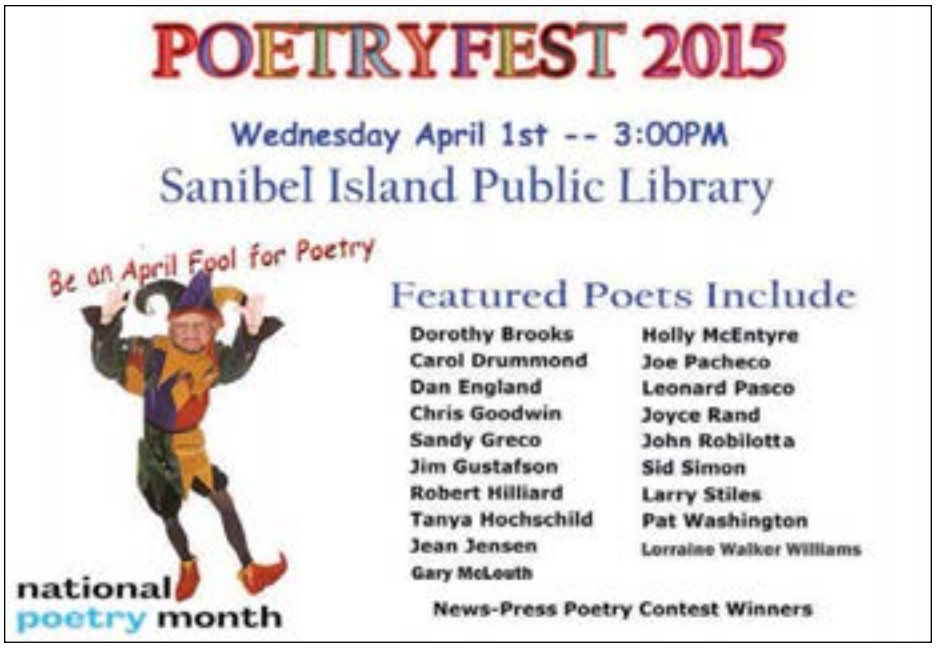
From page 51

Blues

academic tutoring, after-school and summer camp programs, scholarship and college access assistance, school supplies, and tuition support", said Kathryn Kelly, president and CEO of The Heights Foundation. "Each program is geared to meet the specific needs of children and young adults who seek to further their education."

Tickets are $125 each. Sponsorships with exclusive benefits are also available. Purchase tickets at www.heightsfoundation.org/blues or call Laurie Stanley at 482-7706.

Harlem Heights was originally settled as a rural agricultural community. Approximately 780 children live in a mixture of single-family homes and multi-family apartments. Demographically, the population is approximately 70 percent Hispanic, 20 percent African-American and 8 percent Caucasian. The poverty rate for children in Harlem Heights is more than twice the county average, with family income 40 percent below the county average. Kelly says families are not able to easily access family support services located in downtown Fort Myers, and benefit greatly from programs located within the neighborhood.



Sanibel PoetryFest Returning April 1

Once again, poets and poetry lovers from Sanibel and Southwest Florida will gather at the Sanibel Public Library on Wednesday, April 1 from 3 to 5 p.m. to celebrate National Poetry Month. Sponsored by the Sanibel Public Library, the *News-Press* and the Southwest Florida Poets Society, the event will commemorate the 15th anniversary of Sanibel's annual tribute to poetry.

Fifteen years ago, poet Marianne Strickland invited Sanibel's poets to celebrate National Poetry Month. That first celebration has grown into the Sanibel PoetryFest, which this year features Sanibel and Southwest Florida's most outstanding poets honoring the muse by performing their poetry.

Winners of the *News-Press* poetry contest will join the featured poets and perform their prize-winning poems.

This year's PoetryFest will begin with Joe Pacheco's tribute to Poetry Month:

An April Fool For Poetry

An April Fool was I for poetry,
For jests and tricks and play with irony,
Fooling the muse with rhyme tomfoolery –
Every verse footloose, every fancy free.
Until a wider world too wise for me
Turned my fool's errand into odyssey
To roam as far as my mind's eye could see
Horizons glowing with discovery.
An April Fool I'm now for poetry,
For truthful myth and made-up history,
The "cruelest month" now kind as kind can be,
Since poetry became a fool for me.

A reception sponsored by the Sanibel Public Library and Southwest Florida Poets will follow the readings. Admission is free.

For further information, contact Joseph Pacheco at 472-1280 or sanibeljoe@comcast.net.

Piano Concert

The Bower School of Music & the Arts at Florida Gulf Coast University (FGCU) presents Piano Music of Mozart and Schubert from Seoul, South Korea as the final concert of the 2014-15 Faculty & Guest Artist Series. The performance takes place on Thursday, March 26 at 7:30 p.m. in the U. Tobe Recital Hall and will feature Daehyun Kim, pianist.

Kim's international performances and recordings are noted for their sensitivity and emotional content. He has taught at Indiana University, Seoul National University and several other institutions of higher education. He is currently vice professor at Myungii College of Music.

Tickets for this event are $10 for the general public and $7 for students and are available for purchase online at www.fgcu.edu/cas/bsm or at the door.

For more information, contact Joanna Hoch at 745-4268 or jhoch@fgcu.edu.

Daehyun Kim

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Poet's Corner

We invite submissions from local poets. Anyone interested may submit their work via email to tutsie@comcast.net. Each week, individual work will be showcased.

selected by Tanya Hochschild

Cento, a poetic form made up from lines of many poets' poems, comes from the Latin word for "patchwork." The official start of Spring in the USA is March 20 and although, here in Sanibel, the delirium of Spring is not as acute as up north, enjoy the following poets' contributions and how when placed together, they collectively celebrate Spring Fever.

Cento: Spring Fever

O wind if winter comes, can Spring be far behind
Percy Byssche Shelley

Spring has returned. The earth is like a child that knows poems.
Rainer Maria Rilke

And now before the eye can focus - crocus
Lila Rogers

Then the soil is full of marvels,
Bits of leaf like flakes off a fresco
Billy Collins

The force that through the green fuse drives the flower, Drives my green age.
Dylan Thomas

The green catalpa tree has turned all white; the cherry blooms once more.
WD Snodgrass

From blossoms comes
this brown paper bag of peaches.
Li Young Lee

On a tree by a river a little tom-tit
sang "willow, tit-willow, tit-willow"
WS Gilbert

Lambs jump because in their innocence
they still find grass exciting.
Jo Shapcott.

and the road runs through the open gate
And freedom's there for the taking.
Gillian Clarke

I feel I should go to Norfolk Virginia and drink gin with the sailors on leave from the Alabama
Mark Halliday

Watch out for flying passion or kisses whizzing by your head
Emma Racine de Fleur

And hand in hand on the edge of the sand they danced by the light of the moon.
Edward Lear

"I'll love you dear, I'll love you
till China and Africa meet."
WH Auden

Cats are stretching in doorways,
sure of everything.
Denise Levertov

It's like a tap dance
or a new pink dress
Muriel Rukeyser

God's in his heaven
All's right with the world
Robert Browning.

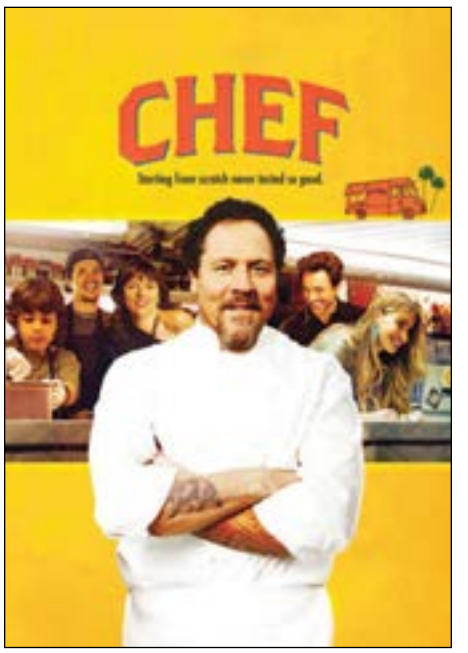
Please email me favorite poetry lines of yours that acknowledge longer days, a different light, any signal that Spring is here!

Monday Night Movie

Chef

by Di Saggau

The BIG ARTS movie for Monday, March 23 is *Chef*, a comedic and affectionate celebration of food, friendship and family. It stars Jon Favreau, John Leguizamo, Bobby Cannavale, Scarlett Johansson, Dustin Hoffman, Sofia Vergara, Oliver Platt, Amy Sedaris and Robert Downey Jr. Now that's an impressive cast and once you get past the big names in the cast, *Chef* sits you down to the modest pleasures of a dish served with simplicity and loving finesse. It's one from the heart.



Favreau gives us his best screen performance to date. He stars as Carl Casper, the master chef of a chic Los Angeles restaurant owned by Dustin Hoffman's character. His workaholism has cost him his marriage to Inez (Vergara) and a fulfilling relationship with their 11-year-old son, Percy. Carl is stuck creatively, he's in a successful rut preparing the same old offerings over and over again.

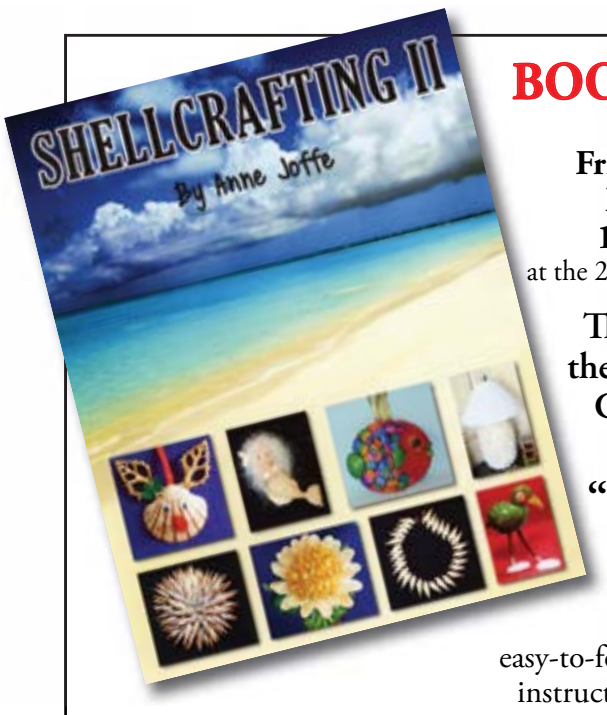
Everything changes when he learns that a much-feared food blogger (Oliver Platt) is going to review Carl for the first time in a decade. Foodies will salivate at the scenes in the kitchen as Carl preps a new menu with the grill chef (Leguizamo) and the sous-chef (Cannavale). Favreau makes these moments come vibrantly alive. It's thrilling until the restaurant owner (Hoffman) interrupts Carl's joy and insists he stick with the old menu. "Be an artist on your own time," shouts Hoffman.

Carl complies, the review is scalding and Carl retaliates on social media, berating the food critic. Viral combat breaks out and Carl gets a first-hand lesson in the dangers of social media. It is a pleasure to sit back and enjoy the goings-on as performed by an engaging troupe of actors and to savor the efforts of the star and writer/director Jon Favreau, whose warm and down-to-earth personality flavors every scene.

Carl's ex-wife pays his way to Miami so he can share more time with their son and get his juices flowing again by revisiting where he got started in the food business. She also recruits her first ex-husband (Downey) to give him a food truck so Carl can start fresh. His crew remodels the beat up vehicle into a spiffy Cubano sandwich emporium and hit the road in a part food-fueled travelogue, and part father and son reunion. The film is comfort comedy, pure and simple. It runs 115 minutes.

Next up on March 30 is *Ilo Ilo,* set in 1997 Singapore. I'll have more on that in next week's *Island Sun*.

Admission to BIG ARTS Monday Night Film Series is $8 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion in Phillips Gallery. Series Sponsors: Bank of the Islands, Stan and Visnja Gembicki, John R. Wood Properties, Penny Wilkinson. Series Supporters: Sanibel Taxi, Jerry's Foods of Sanibel. BIG ARTS is located at 900 Dunlop Road. Tickets are available at the door or by calling 395-0900.



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Critically Acclaimed Documentary Series

Following The Ninth: In The Footsteps of Beethoven's Final Symphony

by Di Saggau

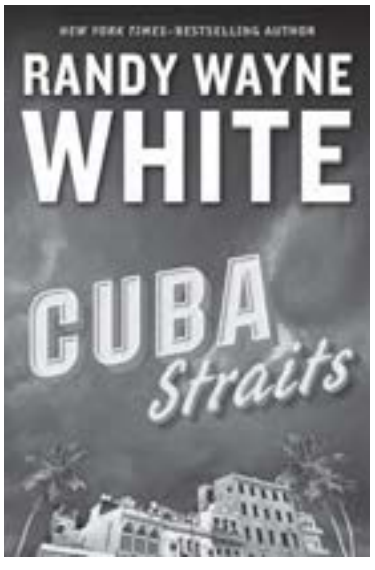
On Wednesday, March 25 at 12:30 p.m., the Island Cinema will show the last in this year's BIG ARTS Critically Acclaimed Documentary Series. *Following The Ninth: In The Footsteps of Beethoven's Final Symphony* takes us on a cinematic journey across five continents and into the heart and soul of one of the world's great works of art. Completely deaf, Ludwig von Beethoven composed his Ninth Symphony as an act of transcendence near the end of his life in 1821. He wrote his *Ode to Joy* for himself, for the people of his day, and for all generations to come.

Today, Beethoven's Ninth Symphony resonates still as the international anthem of hope. The Ninth buoyed the protesters in Tiananman Square, provided solace to those struggling for freedom in Pinochet's Chile, and continues to fill seats in symphony halls around the world.

Following The Ninth charts the inextricable relationship between music and the human experience. The results are as moving as the piece of music that inspired them. The film rotates easily among its interviewees' accounts about what the Ninth meant to them. All the film segments are smartly assembled and gracefully paced.

Tickets are $5 for members of BIG ARTS and $6 for non-members and are available at the cinema located in Bailey's Shopping Center. Following the film, a discussion will take place at Island Cinema.

RANDY WAYNE WHITE BOOK SIGNING



Tuesday, March 24
At 7pm

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8:45-9:45 Gentle Stretch*		**8:30-9:45** Vinyasa Yoga*		**8:30-9:45** Astanga Yoga*	**8:45-9:45** Gentle Yoga*
10:00-11:00 Pilates Mat*	**10:00-11:00** Pilates Mat*	**10:00-11:00** Pilates Mat*	**10:00-11:00** Pilates Mat *	**10:00-11:00** Hatha Yoga*	**10:00-11:00** Power Yoga Flow**
11:30-12:30 Vinyasa Yoga*	**11:30-12:30** Power Yoga Flow**		**11:30-12:30** Power Yoga Flow**	**11:30-12:30** Solar Warm Flow**	**11:30-12:30** Pranayama & Yoga Nidra
	1:00-2:00 Cardio Barre*	**6:30-7: 30** Candlelight Renew & Restore*	**1:00-2:00** Cardio Barre*		**March 21st 1:30 to 3:30** *Pilates Workshop with owner Ms. Debbie*

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BOOK SIGNING EVENT

MARCH

22ND & 23RD

12-2PM & 4-6PM

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B SECTION

Island Sun

BUSINESS | REAL ESTATE | CLASSIFIEDS

VOL. 22, NO. 39 | SANIBEL & CAPTIVA ISLANDS, FLORIDA | MARCH 20, 2015

Sanibel Bicycle Club Tours Tarpon Lodge And JetBlue Park

The group standing in front of the Green Monster

In late February, 15 members of the Sanibel Bicycle Club rode from Sanibel to the Tarpon Lodge on Pine Island. They stopped for lunch at the Blue Dog in Matlacha and then finished their trip in time to socialize before dinner and an overnight at the 89-year-old lodge.

They were happy to have had a tail wind and no weather issues on Day 1. However, the 20 miles each way were not without incident – a few rear flat tires on the Midway Bridge were a challenge, but they were prepared with supplies.

The return trip started in the mist and rain.

continued on page 10B

JetBlue sundial

A break for lunch in Matlacha

Bike club members on Pine Island

Highlights Of The 14th Annual Peek At The Unique

Some of the 608 participants who attended this year's Peek At The Unique, the annual island home tour which benefits the mission of the Zonta Club of Sanibel-Captiva

photos by Jeff Lysiak

Participants in the 1 p.m. Peek tour line up to board their bus at Sanibel Community Church

Russ Bilgore, one of the owners of a home on the 2015 Peek, stands next to an outdoor sculpture

more photos on page 8B

Les Boyle

Sandy Boyle

CHR Welcomes Les And Sandy Boyle As Directors

CHR (Community Housing and Resources) recently welcomed longtime island residents Les and Sandy Boyle to its board of directors. The Boyles have been an active part of the island community for the past 15 years, volunteering for several organizations including the Kiwanis Club of Sanibel-Captiva, Solutions To Avoid Red Tide, the Sanibel-Captiva Conservation Foundation, the "Ding" Darling Wildlife Refuge Society, CROW and FISH.

"Les and Sandy bring a wealth of experience to CHR's board," said CHR board president Richard Johnson.

"Whether through their business activities or volunteerism, they know the island, its people, and its culture, and they agree that providing affordable housing for full-time island workers enhances the community through service and diversity."

They both hail from the state of Indiana, where Les started a marketing and communications firm that became the state's sixth largest ad agency. After 30 years of business success, he sold the company and moved to Sanibel where he and Sandy had vacationed since the 1980s. For fun, Les took a job with Captiva Cruises, where he eventually obtained a 50-ton Coast Guard Captain's license.

Sandy worked as director of accounting for Les' firm until they sold it. After moving to Sanibel, she obtained a real estate license and now works with Pfeifer Realty Group. She also convinced Les to get into the business, so they work in real estate as a team.

"When you become a part of Sanibel Island, you quickly see that there is a huge amount of giving and volunteerism that takes place here," Les Boyle said. "There are great island organizations that help protect our wildlife and their habitat; there are some great organizations that help provide people with food, financial assistance, and counseling for a wide variety needs. But there is only one organization that helps provide shelter for people who live and work on Sanibel but can't afford to live here, and that's CHR."

Les and Sandy Boyle want to help CHR to communicate its mission and its successes.

"CHR is an organization that's been in place for 36 years but has kept a low profile while helping hundreds of people of all ages to have a better life," he added. "Sandy and I believe in CHR's mission and want to try to do our part to help CHR to be better known so that it can help more people and continue to be a vital part of this community."

Community Housing and Resources, Inc. is a 501(c)(3) nonprofit organization that is dedicated to providing affordable housing for families and individuals who work full-time on Sanibel and for long-time or disabled residents of Sanibel. For more information, visit www.SanibelCHR.org or call 472-1189. Donations and contributions to CHR are tax deductible.

Luncheon To Benefit Hope Hospice

Friends of Hope Women's Committee is hosting its annual Spring Luncheon at the Hyatt Regency Coconut Point Resort & Spa to benefit Hope Hospice and its Rainbow Trails bereavement camp and Pet Peace of Mind programs. The event will take place on Friday, March 27 beginning at 10 a.m. with a reception, boutiques and raffles. The luncheon and fashion show will start at 12:15 p.m.

The event begins with a reception and an opportunity to browse boutiques brimming with fashions, jewelry, handbags and cosmetics, and raffle prizes. Master of Ceremonies Robert Van Winkle from NBC-2 News will host the event, featuring a fashion show with spring apparel from Kay's on the Beach.

continued on page 22B

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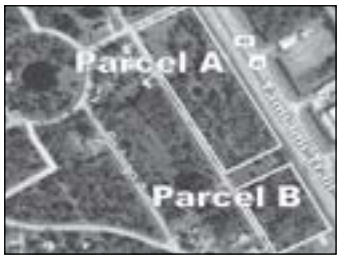

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The Sanibel School's Math Team Places Third In Regional Competiton

From left, Hannah Carroll, principal Barbara Von Harten, Hunter Borman, math coach Diane Cortese, Dahlia Dry and Jake Mann

The Sanibel School's math team participated in the Cape Coral Regional Math Competition on March 7. The team finished in third place in the Algebra I Division.☼

ABWA Fundraiser And Auction

The American Business Women's Association (ABWA) Sanibel-Captiva Charter Chapter will host its 2nd annual Little Black Dress For Education fundraising dinner at the Sundial Resort on Thursday, March 26 at 6 p.m. The event supports education through fundraising for scholarships, annual grants and professional development.

Proceeds raised will benefit the ABWA Sanibel-Captiva Charter Chapter Professional Development, Scholarship & Annual Grant programs. Business and community support allow the organization to continue to touch the lives of many women in the community.

The main features are live and silent auctions. The live auction includes two jewelry packages valued at $2,500 each, courtesy of Congress Jewelers. The highest bidder will also be treated to a luxury limo ride to Congress Jewelers, provided by Majestic Transportation Services. There are three trips donated by Debonair Concierge Travel Services for this worthy cause. The first trip is an Executive Retreat package at Schroon Lake Resort in New York near the Adirondack High Peaks and Gore Mountain Ski Resort. The winning bidder will receive a seven-night stay in a four-bedroom vacation home in the fall 2015 (with specacular views of the fall foliage) or spring 2016. Bidding will start at $1,750. Visit www.SchroonLakeRetreat.com for details.

The deluxe auction item is a three-night stay at the Casale Sodini Villa in Lucca, Italy. This five-bedroom, five-bathroom villa includes a swimming pool, sleeps 10 and is located in the heart of Tuscany. The winning bidder can stay between October 15, 2015 and April 30, 2016, excluding Christmas week. Bidding will start at $1,750. Visit www.casalesodini.com for details.

The premier auction item is a SeaDream Yacht Club seven-night Caribbean Cruise for two valued at $11,800. Yachting on SeaDream is different than big ship cruising. Only 112 guests are pampered by 95 crew members with award-winning service and cuisine. The all ocean view, elegantly appointed staterooms feature the finest Belgian linens, a marble lined bathroom with a multi-jet shower massage, SeaDream terry robe, slippers, Bulgari toiletries, a state-of-the-art entertainment center, flatscreen TV, DVD, CD player and Internet access. Bidding will start at $6,200. Advance bids in writing will be accepted. Visit www.SeaDream.com for details.

Tickets are $75 each. Sponsorships and auction donations are still being accepted. For more information, email ABWASanibelCaptiva@gmail.com or call Myriam Torres, fundraising chair, at 699-3072.☼

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Island Seniors At The Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Page Turners with Ann Rodman – If you would like to be on the Page Turners list, email annrodman@aol.com or contact the Center 4 Life.

The featured book on Wednesdy, April 8 at 2:30 p.m. is *Comes The Revolution* by Karl Rodman. Discussion will be facilitated by Alice Walzer.

iPad & iPhone Classes Now Available – Tuesdays and Thursdays with instructor Ronda Seifer Walis on the following dates:

Understanding iPhoto: April 14 and 16

iPad – Beginners: March 31 and April 2

iPhone Basics: April 7 and 9

A session includes a Tuesday and Thursday from 9 to 11 a.m. on the dates indicated. Cost is $60 per session for members and $90 per session for non-members. Class size limited to four. You must provide your own device.

Sunset Social on the Causeway – Tuesday, March 24 at 6 p.m. Spend a relaxing evening watching the beautiful island sunset. Call to RSVP, or sign up at the center. Meet on the causeway and bring an appetizer to share. Bring your beach chair. Meet on the first island on your left as you leave Sanibel. Look for Trish Phillips and the Island Seniors banner. Weather permitting.

AARP Safe Driving Classes – Thursday, March 26 from 1 to 4 p.m. Cost is $20 with a $5 discount for AARP members. You will be eligible for a discount on your auto insurance but you must attend both classes. Register by calling Ed VanderHey at 239-292-4012. You need not be a member of the Island Seniors to attend.

The Flagler Museum w/Guided Tour and Lunch in Palm Beach – Wednesday, April 15. Cost is $79 for members, $89 for non-members. Includes round trip transportation; guided tour of the Flagler Museum (also known as Whitehall, Flagler's own home with his third wife, Mary Lily); Gilded-Age style lunch at the museum; and shopping time on Worth Avenue. Depart from Fort Myers at 7 a.m. Deadline to sign up is Friday, April 3.

Coping with Life Series – Featuring guest speakers on various topics at the Center 4 Life.

Planning For Home Care Needs – Friday, March 20 at 1:30 p.m. with Lisa Armstrong, Comfort Keepers. What is available, and the importance of asking for and accepting help.

Also, complete your funeral plan in a small workshop with Debra Almeida. Everyone should consider the inevitability of death thoughtfully and with consideration for the feelings and needs of those who will mourn with family and friends. In the midst of their bereavement, family and friends should not be burdened with the need to handle such details. Deciding what you want now brings your loved ones peace of mind. There is no fee to participate. Contact the center if you are planning to attend.

Games

Bridge – Monday and Wednesday at 1 p.m. Cost is $2.50 for members and $5 for non-members. Prizes will be awarded.

Mahjongg – Thursday at 1 p.m. Cost is $2.50 for members and $5 for non-members. Prizes are awarded.

Tuesday and Thursday Kayaking – March 24, 26, 31 and April 2 (weather permitting) at 8:30 a.m. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a small snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is $5 for members and $10 for non-members. Advance registration is required.

Fitness Classes

Classes are available and all ages are welcome. Cost is $3.75 for members and $6.75 for non-members. Annual membership is $20. Sanibel Recreation Center members must show their membership card to attend.

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. This class keeps your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises and balance. Hand weights, stretch cords and your body weight will be used. Class begins with a joke and ends with a positive thought for the day. Athletic footwear required. Silvia Villanueva is the instructor.

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 and 11 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Mats are used to meet the needs of varying experience levels. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to Gentle Yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information on programs or to join Island Seniors, call 472-5743 or stop by the Center 4 Life, 2401 Library Way on Sanibel.

Sanibel Students Win Awards At Edison Science & Inventors' Fairs

submitted by Dana Sanner, Middle Grades Science Teacher, The Sanibel School

On February 7, more than 700 students participated in the Thomas Alva Edison Kiwanis Science and Engineering Fair and the Thomas A. Edison Festival of Light Inventors Fair. The Sanibel School had multiple winners.

At the Science Fair, Dahlia Dry placed second in the Plant Science category with her experiment on Measuring Energy Efficiency in Plants. Jacob Lemmon placed third in the Plant Science category with his experiment called Does Mineral Composition through Water Increase Plant Growth? Carson Towle placed second in the Animal Science category with his experiment entitled The Tortoise Maze. Kristen Dunavant received the F.G. Sanz Spirit and Innovation cash award worth $250 for her experiment Saltwater Electricity.

At the Inventors' Fair, Gabby Miltner – who invented Tube Aid – placed third and Grace Ireland placed fourth with her invention Naturally Grace.

Sanibel Students Return Victorious From STEM Competition

On March 2, Florida Gulf Coast University hosted the STEM Competition. It consists of both team and individual rounds. The subjects include Earth-Space Science, Life Science, Math and Engineering, and Physical Science. Below are the rankings and awards received:

- The Sanibel School placed fourth overall
- Team #2 – Kristen Dunavant, Hunter Borman, Grace Ireland and Caitlin Ross – placed second
- Team #1 – Charles Taylor, Daisy Arensman, Jacob Lemmon and Dahlia Dry – place seventh
- In Physical Science, Dahlia Dry placed first and Caitlin Ross placed sixth
- In Earth-Space Science, Kristen Dunavant placed fourth, Alayna Aracri ranked 18th and Charles Taylor ranked 19th
- In Life Science, Jacob Lemmon ranked 10th, Grace Ireland ranked 21st and Carley Ross ranked 24th
- In Math and Engineering, Hunter Borman placed second and Daisy Arensman ranked 11th.

Hearty congratulations are in order for these students. Their talent and efforts made The Sanibel School shine!

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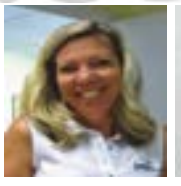

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Kevin Ruane Is Named COTI Citizen Of The Year

After being named Citizen of the Year, Sanibel Mayor Kevin Ruane addresses the crowd at Committee Of The Island's annual meeting, held on March 13 at The Community House

photos by Jeff Lysiak

by Jeff Lysiak

During the Committee Of The Island's annual meeting, held on March 13 at The Community House, the accomplishments of the group over the past 12 months were lauded and COTI's Citizen of the Year Award, was given to Sanibel Mayor Kevin Ruane.

According to Jim Beauchamp, COTI president, in the past year the organization – working in cooperation with Sanibel's elected leaders and management – has assisted in:

- Prohibiting large buses from bringing day-trippers to island beaches
- Creating a more rigorous permitting process for any on-island bus tour service
- Continuing the effort to prohibit unsupervised Segway use on Sanibel's shared paths
- Initiating the creation of architectural standards to ensure attractive resort redevelopment
- Creating a new rigorous permitting process for floating docks and helping to ensure safety and protection of our ecosystem
- Creating a consensus on the revised Dark Skies Ordinance with well-defined requirements, a January 1, 2018 implementation date and the requirement for a proactive citizen education campaign
- Promoting positive action on Florida Amendment 1, on the 20/20 funding and on various Lee County initiatives

"I have observed, that the community and City of Sanibel is a true democracy in which our voices have impact on important decisions and produce tangible results," said Beauchamp. "Through cooperative action, your voice can be heard and acted on to help ensure your quality of life."

Wayne Ponader, left, presents COTI President Jim Beauchamp with a Luc Century vase for his work on behalf of the committee

David Bath, left, presented the Citizen of the Year Award and a Luc Century vase to Kevin Ruane

Wayne Daltry gave the keynote address

Barbara Cooley, former COTI president

In addition, during COTI's 40th anniversary year, the group grew by more than 40 percent and expanded the number of people it regularly communicates with (over 1,000 households and 1,500 people).

"We serve as a civic advocate to ensure effective government, conserve Sanibel's natural ecosystem, maintain a friendly small town community and protect home values," added Beauchamp. "We are working hard to ensure the next 40 years is as special as the last 40 years and that we pass this gift on to future generations."

Following the year in review, David Bath presented the COTI Citizen of the Year Award.

"I would ask you to welcome to the stage a citizen who has defended our Vision Statement and Land Development Code, made significant progress on water quality issues, improved the finances of our city and has made many other decisions that support COTI's mission of 'Keeping Sanibel Special,'" said Bath in his introduction of Ruane, whom he noted:

- Played a significant role in persuading our elected representatives in Tallahassee and Washington to start thinking seriously about funding projects like the C-43 reservoir;
- Assisted in keeping polluted Lake Okeechobee water out of our estuary and restoring the Everglades to the vibrant living ecosystem it once was;
- Helped reduce unfunded pension liability and debt service, while local taxes are being held in check.

"You also supported a COTI initiative regarding architectural standards for resort redevelopment, to help ensure that such development would be accomplished in a

continued on page 28B

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From page 1B

Highlights Of Peek At The Unique

Dahlia Jakubauskas, Mick Denham, Jan Alden and Nancy Niesel

Tour guests meander through a room inside The Real McCoy home

Spirit Of The Earth, a home owned by Drs. Susan Luck and John Raffensperger, has a Southwestern motif

Peekers, from left, Barbara Konzi, Connie Bukowick, Lynn Frey, Laurie LaManna and Linda Vroegindewey

Peekers enter Breezes On The Bay, a home owned by John and Kathy Dubuque

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Asking price is $479,000

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From page 1B

Bicycle Club

View from the Green Monster

Thanks go out to Becky and Tom Batcheller who coordinated the trip, and John and Jane Dallas, who provided vehicle support with supplies.

In early March, 25 members rode from U.S. 41 to JetBlue Park for a guided tour of the stadium. Tour guide Joe was full of facts and figures and kept the group challenged with questions, even though not all were Red Sox fans. He shared all the details on how the park captures elements of Southwest Florida such as seashells within its brick foundation and the architecture of the white roof (mimicking cypress trees in the distance). A highlight of the 1½-hour tour was the up close view of the 43-foot high Green Monster and manual scoreboard. Before lunch at Bahama Breeze, they stopped at Norman Love Confections for a sweet treat. The group appreciated the efforts and planning of Mike and Jane Gieryic.

In addition to its off-island cycling trips, the bike club holds a breakfast ride on Sanibel each Saturday. Cyclists meet at Sanibel Community Park to begin the ride, which includes short and long options so cyclists of all levels are able to participate. Once a month, the club holds a potluck dinner where members can socialize and trade notes on their cycling experiences. Those interested in joining the club can get more information at: http://home.comcast.net/~sanibelbc☼

Spring Training Home Schedule

Minnesota Twins at Hammond Stadium

Friday, March 20 – Pittsburgh Pirates, 1:05 p.m.

Saturday, March 21 – Baltimore Orioles, 1:05 p.m.

Tuesday, March 24 – Toronto Blue Jays, 1:05 p.m.

Wednesday, March 25 – Tampa Bay Rays, 1:05 p.m.

Boston Red Sox at JetBlue Park

Friday, March 20 – Baltimore Orioles, 1:05 p.m.

Sunday, March 22 – Philadelphia Phillies, 1:05 p.m.

Monday, March 23 – St. Louis Cardinals, 1:05 p.m.

Thursday, March 26 – Minnesota Twins, 1:05 p.m.☼

This Tree Service Knows The Ropes

Taylor Maze, the chief climber for Blades Tree Service, hangs upside down from a complex web of climbing ropes. With a grin, he flips himself upright grabs one of the ropes and zips down to the ground. Taylor will be quick to tell anyone who asks, "I love my job!"

Blades Tree is an island-owned and operated business that's only been around for a couple of years. But they're looking to do things differently. While Blades prunes and removes trees of all types and sizes, they have a special fondness for palms. And if pressed to tell you what tree he likes to climb the most, Taylor will say it's the tall coconut palms.

Blades is the only tree service on Sanibel-Captiva using a unique "spikeless" pruning method. Blades climbers Taylor and Cory Wilson make their way up the tallest of palms without using spikes on their boots. Jim Ballinger, who runs Blades, explains, "Spikes cause irreparable damage to the palm tree. Because palms aren't actually trees, they can't heal damage to their trunks. So every hole left from climbing spikes remains for the life of the palm, making it more vulnerable to insects and disease." In addition, Jim notes, "Spike holes are just really ugly."

Instead of spikes, Taylor and Cory use ropes and tree stands. This allows them to literally stand next to the tree – 40 to 80 feet in the air – with both hands free for pruning. Once they finish pruning, they use ropes to zip to the ground (along with the stand) in mere seconds. It's a lot of fun to watch, and Taylor and Cory will tell you it's one reason they have the best job in the world. In addition, this method allows Blades to access the tallest palms, including those in tight spaces that bucket trucks can't reach.

Blades Tree believes it's important to stay informed on the latest climbing and pruning techniques. The Blades team dedicates at least a week every year to hands-on training sessions held around the country. They'll be the first to admit they're new to the business, but Jim Ballinger adds, "We're always looking to do things better, to learn the best pruning techniques for the health of the trees. This is particularly important for palms, because if you prune one the wrong way or too aggressively, it can affect its health and lifespan."

Blades also believes in giving back to the islands, committing time each month to provide services to those in need.

If you're interested in meeting the Blades team, or getting a free demonstration of their spikeless pruning method, call 472-9999. To learn about spikeless trimming, and see some pictures of Taylor in action, visit www.bladestree.com.☼

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SANIBEL 8-BALL POOL LEAGUE 2014-15
Standings through March 16, 2015

Standing	Team Name	Won	Lost
First	Bunt's Ball Busters	255	113
Second	Sandycappers	207	161
Third	Sanibel Café	194	174
Fourth	Fresh Legion Crew	173	195
Fifth	Island Lifers	147	221
Sixth	Legion Motley Crew	128	240

March 16 Results

Bunt's Ball Busters	9	Sanibel Café	7
Sandycappers	9	Island Lifers	7
Fresh Legion Crew	9	Legion Motley Crew	7

Sanibel 8-Ball Pool League

Ho-Hum Finish To The Season

Sanibel 8-Ball Pool League limped to a close with three 9-7 matches on the last night of regular play.

Dave Doane led all shooters with a 3-1 effort in the Bunt's Ball Busters win over Sanibel Café. Jack Dalton went 4-0 for the Sandycappers and Kelly Greten matched his effort for the Island Lifers. Doc Lubinski and Gator Gates had 3-1 victories for the Fresh Legion Crew and Chip Gelpi fashioned a 3-1 outing for the Motley guys.

On Monday, March 23, the league contests its annual Singles Tournament. The field is limited to those league shooters who have played 20 games of more during the 23-week season. To date, 29 players have paid the $20 entry fee. A blind draw will be conducted at 4:30 p.m. and double elimination play will start at 5 p.m. Spectators are welcome.

Tournament players signed up to date are: Bob Buntrock, Matt Hall, John Bates, Kevin Pottorf, Pete Mindel, Rich McCurry, Rich Ennis, Dave Doane, Kip Buntrock, Terry Ricotta, Ken Rasi, Tom Yorgey, Jeff Brown, Jack Dalton, Joe Mason, Graham Sell, John Riegert, Kip Johnson, Jimbo Gaubatz, Gator Gates, Nate Buffan, Becky Skog, Chip Gelpi, Nick Marvis, Randy Carson, Doc Lubinski, Kelly Greten, Gary Murza and Carmen Senese.

Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Palmetto Point	Fort Myers	2008	8,830	$4,950,000	$4,300,000	350
Bonita Beach	Bonita Springs	2003	4,562	$3,875,000	$3,350,000	27
Isola Bella	Miromar Lakes	2008	5,900	$3,575,000	$3,341,250	198
Cape Coral	Cape Coral	2003	11,772	$4,495,000	$2,568,000	35
Quail West	Naples	2010	5,866	$2,495,000	$2,350,000	112
Quail West	Naples	2000	5,715	$1,850,000	$1,750,000	35
Sanibel Estates	Sanibel	1998	3,286	$1,895,000	$1,750,000	533
Bellagio At The Colony	Bonita Springs	2002	4,200	$1,399,000	$1,325,000	124
Harbour Preserve	Cape Coral	2013	3,700	$1,300,000	$1,250,000	107
Beachview Country Club Estates	Sanibel	2002	2,654	$995,000	$925,000	93

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Twins First-Round Pick Has 95 MPH Arm As Shortstop, Not Pitcher

by Ed Frank

Close your eyes and imagine you are a first-baseman set to catch a blazing 95-mile-an-hour throw from your shortstop.

Once you dip your hand in ice water to relieve the pain, you realize that missile didn't come from any ordinary shortstop – a position where a hard throw might average 80 mph.

The description above belongs to 19-year-old Nick Gordon, the Minnesota Twins first-round draft pick last year (5th overall), and whose name could make baseball headlines for years to come.

It's no wonder that the polite, friendly youngster possesses such a rocket arm when you consider his baseball genes. His father, Tom "Flash" Gordon, was a Major League three-time All-Star, whose 21-year career included a record 54 straight pitching saves. And older brother, Dee, 26, the second baseman for the Miami Marlins, led the Major Leagues last year with 64 stolen bases and 12 triples. He was traded to the Marlins from the Los Angeles Dodgers last December.

Twins first-round draft pick Nick Gordon

Nick, a Florida native, signed with the Twins for a hefty $3.8 million bonus just four days after drafted. He had starred as both a pitcher and shortstop at Olympia High School in Orlando where he was named Florida Gatorade Baseball Player of the Year.

When selected by the Twins last June, Twins General Manager Terry Ryan said the teenager had been scouted by nine of his scouts just that year and 16 scouts in the last two years. According to *Baseball America,* he had the best infield arm in the 2014 draft.

Nick had verbally committed to a full-ride baseball scholarship to Florida State but, after lengthy discussions with his family and agent, decided to pursue a professional career. However, as a top student in high school with a 3.5 grade point average, he intends to work towards a college degree via the Internet.

Soon after signing with the Twins last year, he was assigned to their rookie Elizabethton farm team of the Appalachian League where he hit a solid .294 in 57 games and was named to the league's post-season All-Star team.

He enters the 2015 season as the 33rd best prospect in baseball according to MLB.com, and will likely start this year at Low A Cedar Rapids of the Midwest League, according to Brad Steil, the Twins director of Minor League operations.

As a high school junior as both a pitcher and shortstop, he hit .505 and was 5-1 as a pitcher with a miniscule .078 ERA. But he concentrated solely on the shortstop position in his senior year when he blasted a .494 average.

We asked Nick what role his father played in the decision to forgo pitching for the infield. "He didn't push me either way but I inherited my arm strength from my father," he said referring to his whiplash throw from short to first.

His older brother, Dee, "is the fastest man on earth," he said while explaining his 64 stolen bases last season. "But I'm pretty fast myself." He had 11 stolen bases in his rookie year at Elizabethton.

Although his All-Star father played as recently as 2010, he has not continued a baseball career as a coach or scout, preferring to travel to watch his sons in action. It's a closely-knit family. A middle brother is completing his master's degree, a 16-year-old sister "is the family princess and my Mom is the queen," Nick joked.

A first-round draft pick brings with it the pressure to perform. "I love the pressure. I want to get better every day," he said.

The 6-foot, 2-inch left-handed hitting shortstop trained this past off-season with Hall-of-Fame shortstop Barry Larkin. Nick also lifted weights in a competitive gym and worked out at the IMG Academy in Bradenton, Florida.

Nick Gordon knows it's a long step-by-step road from Minor League baseball to Major League baseball. His father and brother traveled that road successfully. It's a good bet that the younger Gordon, with that 95-mile-an-hour throwing arm, will follow that path.☆

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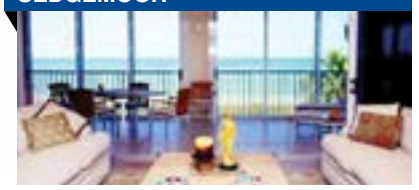

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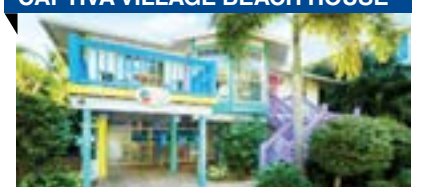

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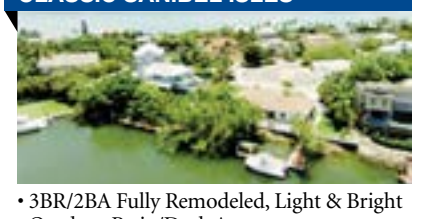

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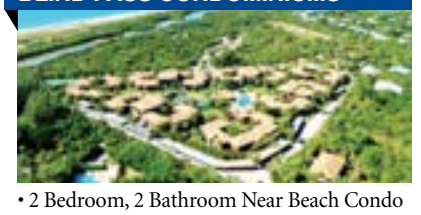

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The Dunes Golf Club

Four Man Scramble

Commonly referred to as "The Fab 4" – Ley Smith, John Frymoyer, Jack Trautwein and Jim Bradford

On a hot and dry Wednesday morning last week, The Dunes Men's Golf Association (DMGA) finally was able to compete in a four man scramble.

The guys got off to a great start right on hole #1. Each group had a ball on the green on their second shot, and were eyeing up their putts for a birdie. It was so good to see the men be able to count on each other to pick up their team when an occasion shot found a bunker or the lake. The teams completed the day with some very close totals on the scorecards.

The first, second and third place winners were:

1st Bruce Nobel
Charles Simms
Ken Grosse
Joe Mason
Team Score 56.4

2nd Gordon Rains
Dennis Riemer
Jack Roberts
Don Evans
Team Score 57.1

3rd David Dyke
Bruce McLaughlin
Bruce Sprinkle
Jay Sleiter.☆
Team Score 57.4

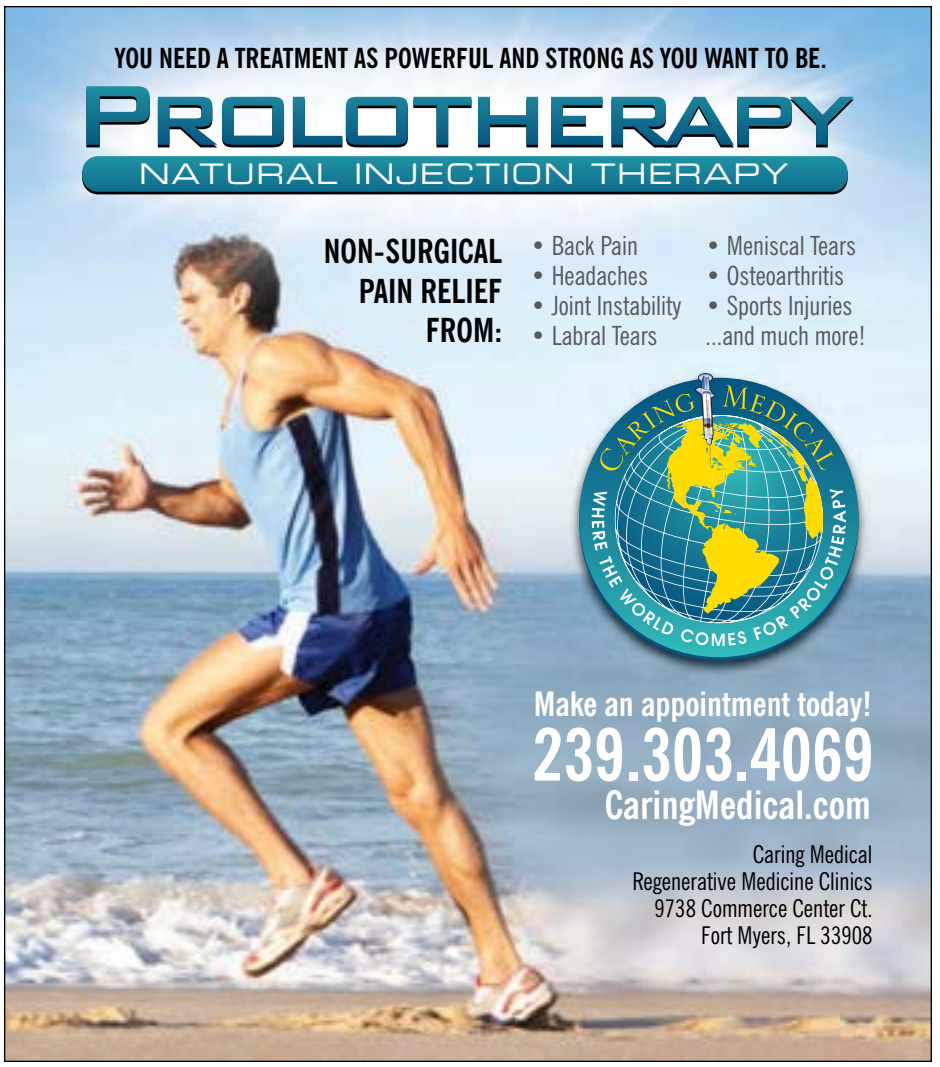
Dan Alton, Chuck Hogg, Tom Shriner and Tom Winkler

American Red Cross Youth Swim Lessons At Sanibel Rec Center

The Sanibel Recreation Center will offer youth swim lessons certified by the American Red Cross on Saturdays, April 4, 11, 18 and 25 as well as May 2, 9, 16, 23 and 30.

Improve your child's comfort level and abilities in the water. Group lessons are offered for youth starting at 6 months. Registration is on a first come, first serve basis. Cost per session for Sanibel Rec Center members is $42 and $55 for non-members. Any accompanying non-members must present a valid photo ID at the front desk. A class schedule with detailed lesson information is available at the Rec Center's front desk. Call 472-0345 for requirements and class options.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information, visit www.mysanibel.com.☆



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SANDDOLLAR C-101
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4279 GULF PINES
Secluded and private 4 bedroom/3 bath home just a short walk to the beach access. This well-maintained, elevated home is lushly landscaped with under building parking and exterior storage. Large living room opens to screened lanai and open deck for relaxing and wildlife viewing. Master bedroom conveniently located on main living level. Two guest bedrooms on top floor with loft utilized as office. Community pool and tennis.
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CONDOMINIUMS

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PRICED AT $730,000

COMPASS POINT 112
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• Separate cabana and bath • Totally remodeled
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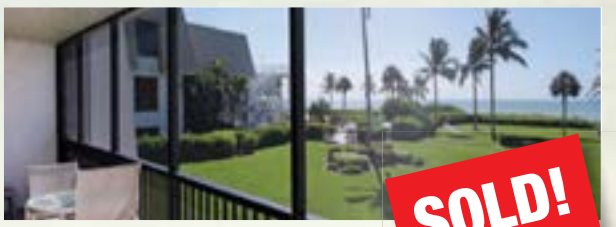

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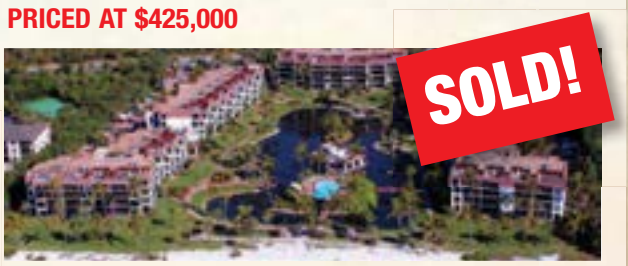

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FOR DAVE'S LATEST DEALS

Art In Bloom Returns To Sanibel Public Library

The 2nd annual Art In Bloom exhibit, a collaboration of the Shell Islands Garden Club and Sanibel-Captiva Art League, opened for three days last week at the Sanibel Public Library. Here, floral designer Barbara Wilgus with artist Pat Baker and her painting, *Late Light.*
photos by Jeff Lysiak

Floral designer Sally Parsons with artist Joan Klutch and her painting, *Serendipity*.

Artist Jane Hudson and her painting, *Tide Pool At Dusk*, with floral designer Fay Carney

Artist Marcy Caulkins and her painting, *Parrot*, with floral designer Lynne Stern

An opening reception for the Art In Bloom exhibit took place on March 10

Artist Eleanor Harries and her painting, *Two Hundred Steps*, with a floral design by Carmen Schramm

continued on page 17B

From page16B

Art In Bloom

Artist Peter Zell and his painting, Sisters, with floral designer Anne Walter

Artist Jaye Boswell and her painting, The Strawberry Stroll, with floral designer Glenda Campbell

Email editorial copy to: press@islandsunnews.com

A Once in a LIFETIME chance only comes once, here it is! This waterfront-gulf access, elevated Island style home offers updated 4BR/2B, heated pool/spa, fireplace, move in ready with ample space for family and friends to gather. Lush and private grounds are low maintenance with natural vegetation. A short stroll to one of the best beaches, groceries and restaurants… Come and create your own Sanibel history – make this your retreat or a vacation rental property. Call it Del Sega, Call it Santiva, Call me and Call It YOURS! BEING OFFERED at…$850,000

Captiva Charming 2 Story beach cottage – Just 200 yards to private beach a short stroll to the Village area. Inspired by relaxing elements this is quaint, lazy, laid back, cozy, a hideaway that encourages lounging and promotes easy living with all the modern day conveniences. Good rental history from this updated 3BR/3Bth, w/fireplace, and garage...Natural and private landscaping. Add your personal taste, character and mixture to create your own beach therapy. Offered at…$1,325,000

A seaside resort, Sanibel Siesta beach front community – this well maintained and updated 2B/2B furnished condo, has a great view of the swimming pool and pond area from the open living quarters and large screened lanai. This unit has a garage plus extra 10 x 10 private storage room. Great rental history with onsite office. Natural vegetation with tropical flora, walking paths leading to the BBQ areas, tennis courts, shuffleboard, heated swimming pool and of course the white sandy beach. Offered at $500,000

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Sanibel Island Golf Club

Men Play for Points

Dick Waterhouse with cart mate Guy Tober

Don Bradford and Dave Bugby

submitted by Jack Tukey

On Saturday, March 14 the SIGC men played a two-man points game: 1 point for a bogie, 2 points for a par, 3 points for a birdie, 4 points for an eagle and 5 points for a double eagle. The combined scores of both players was totaled on each hole with full handicap to determine scores.

The winner was Dick Waterhouse and a blind draw. He was the only person who did not have an actual teammate, but he played well and a good blind draw gave him a score of 89 points. Waterhouse had several good chips around the greens for short net pars and birdie putts.

The team of Don Bradford and Dave Bugby and the team of Dick Arnould and Jack Tukey tied for second place both with scores of 85 points. A scorecard playoff on the back nine resulted in the Bradford-Bugby team awarded second place. Bradford shot his best round of the season and Bugby chipped in and putted well on several holes. Arnould and Tukey had to settle for third place. They had points on every hole with Arnould contributing four eagles and Tukey shooting a low round.

Because the event called for two-man teams, a fourth place was given to Dick Codair and Jack Schmidt who both played their usual steady game with a score of 84 points. They won a scorecard playoff with Jim Hopson and Tony Baldino who also had an 84.

Spring Break Camp At The Sanibel Recreation Center

Spring Break is on its way and the Sanibel Recreation Center invites kids to "Spring Back" in time for a fun filled week with decade themed athletics, games and crafts. Each day will also have a specialty snack that coincides with the theme. Spring Break Camp will be held Monday, March 30 through Friday, April 3 from 8 a.m. to 5:30 p.m. Enrollment is available for children in kindergarten through eighth grade.

Campers should pack a swimsuit and towel each day, along with their own lunch for the day.

Register by March 23 to receive the Early Bird rate. For more information, contact the recreation department at 472-0345.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly and annual memberships are available. For more information, visit www.mysanibel.com.

SPORTS QUIZ

1. In 2014, Jimmy Rollins became the Phillies' all-time leader in career hits. Who had been No. 1?
2. Who was the longest-serving manager of the Montreal Expos?
3. Three UCLA football coaches have beat Southern Cal in each of their first two times facing the Trojans. Name two of them.
4. How many NBA teams did Rick Adelman coach during his career?
5. When was the last time before the 2013-14 season that the Dallas Stars made the NHL playoffs?
6. Since winning World Cup titles in 1930 and 1950, what is the highest the Uruguay men's soccer team finished in a World Cup?
7. What was the last major WBC or WBA title belt held by boxer Sugar Ray Leonard?

ANSWERS

1. Mike Schmidt, with 2,234 hits. 2. Felipe Alou, who managed the Expos from 1992 to 2001 (1,409 games). 3. Jim Mora (2012-13), Tommy Prothro (1965-66) and Bob Toledo (1996-97). 4. Five between 1988 and 2014 -- Portland, Golden State, Sacramento, Houston and Minnesota. 5. It was the 2007-08 season. 6. Fourth place in 1954, 1970 and 2010. 7. WBC super middleweight title, 1988-1990.

Share your community news with us.
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Solar Go-Kart Races At FGCU

Teams from area schools are tuning up their entries for the third annual High School Solar Go-Kart Challenge presented on Saturday, March 21 by the Whitaker Center for Science, Technology, Engineering and Mathematics (STEM) Education and the Renewable Energy Institute at Florida Gulf Coast University (FGCU).

A dozen South Florida high schools will compete in races from 11 a.m. to 1 p.m. on the main campus loop. They are Barron Collier, Bishop Verot, Clewiston, Gulf Coast, Hardee, Immokalee, Key West, Labelle, Lely, Naples, North Fort Myers and South Fort Myers. Students have spent months building the go-karts from kits, customizing their vehicles in hopes of outpacing their competitors. The vehicles can reach up to 30 mph.

Elementary and middle school teams will race miniature solar-powered cars from 2 to 4 p.m. An awards ceremony will be held afterward.

Spectators are welcome to watch the races and should arrive on campus by 10:30 a.m. to avoid lane closures and traffic delays. Visitors should use Parking Area 3 or Parking Garage 3. The race start and finish line will be in front of Parking Garage 4.

The event is the culmination of the yearlong STEM Tour organized by the STEM Team of SW Florida, a group of community leaders, educators and parents advocating for programming that engages K-12 students in fun learning activities in the designated fields of study. Other events included a solar-oven cook-off at the Imaginarium Science Center, a solar boat race at Algenol Biofuels in Bonita Springs and an energy challenge at The Village School in Naples.The hands-on activity gives students the chance to learn critical thinking skills while having fun, according to chemistry professor Laura Frost, director of the Whitaker Center.

"Students learn through doing instead of through listening to a teacher or reading about it in a book," she said. "Building a mini-solar car or a solar go-kart requires lots of testing and problem solving before race day."

For more information, go to www.fgcu.edu/WhitakerCenter or contact the Whitaker Center at 590-7444 or lfrost@fgcu.edu.✡

Skin Cancer Screening

Harris Dermatology will be offering a complimentary skin cancer screening at the Sanibel Recreation Center on Friday, March 20 from 8 to 11 a.m.

Skin cancer screenings are quick and easy. The exam is a non-invasive, visual inspection of exposed areas of the body that will be done after a brief medical history is completed. No appointment or registration is necessary and walk-ins are welcome.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information, call 472-0345 or visit www.mysanibel.com.✡

Volunteers Needed

On Thursday, April 2 beginning at 7 a.m. the Sanibel Recreation Center is gathering community-spirited individuals to install mulch on the native plant beds at the Sanibel Recreation Center, located at 3880 Sanibel-Captiva Road. Participants are requested to bring their work gloves, boots and grass rakes. Cold water and snacks will be provided. The first 25 volunteers will receive a free T-shirt. Rakes and gloves will be provided for those who do not bring them.

During the mulch installation project, the Rec Center parking lot will be closed. Parking will be available in the neighboring school parking lot until the event concludes. Please allow additional time to walk from the school parking lot to the Rec Center.

For more information, contact the Sanibel Recreation Center at 472-0345 or visit www.mysanibel.com.✡

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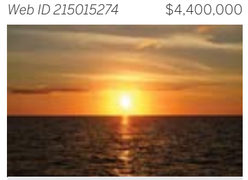

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Heart Walk participants

Realtors Take The Sanibel Heart Walk

Why is it important to raise awareness about your heart and to do the Sanibel Heart Walk? According to some local realtors there are many reasons:

Promote a healthy lifestyle. - Evan Dupont;

Healthy heart leads to a healthy brain, which is proven to prevent Alzheimer's and stroke. - Ray Ochester;

Triple bypass, very lucky and happy to be here. - Chuck Bergstrom;

Something for the community. - Fred Bondurant;

Unfortunately, my father died at a young age of a heart attack. - Eric Pfeifer;

A healthy lifestyle is what Sanibel is all about. - Robin Roberts;

We know how many people it affects and how important it is to raise awareness. It's a great event and a great day. - Brendan and Kasey Albright;

With obesity in the U.S. at an all time high, the education is needed and more important than ever. - Becky Mulka;

My mom had heart disease. - Mike Stone;

Continue health for individuals and for my father. - Connie Walters.

FGCU Hosts 26th Annual Wanderlust Event

Training tomorrow's resort and hospitality professionals is a vital mission in a place like Southwest Florida, where tourism is among the top industries, employing one of every five people.

It's the mission of Florida Gulf Coast University's School of Resort & Hospitality Management (RHM) to prepare tomorrow's leaders in these industries and the school's annual fundraiser, the Wanderlust Travel Extravaganza, plays a critical role in accomplishing that goal.

The 26th annual Wanderlust is set to take place from 6:30 to 9:30 p.m. on Saturday, April 11 at Herbert J. Sugden Hall on the FGCU campus. The festive evening features food stations, unlimited drinks, and live and silent auctions, which include travel packages, fine wines and rounds of golf at some of the region's finest courses.

This year's food stations will be provided by SS Hookers, Hyatt Regency Coconut Point Resort and Spa, and RHM students led by chef/instructor James Fraser.

Tickets for this year's event start at $150 per person.

Wanderlust began as a fundraising event organized by the region's hospitality industry to bring awareness to importance of the industry and the need to provide training for future leaders. Once FGCU began its Resort and Hospitality program in 2003, funding was directed to its operation and scholarships for its students.

In recent years, students from the RHM program took over the planning and production. Many of the auction packages are donated by hospitality industry leaders, who make up the school's Advisory Board. Planning the event themselves creates a sense of pride among the students as they apply what they learn in classes to create a successful fundraising event.

For further information, visit www.fgcu.edu/wanderlust or contact FGCU Associate Professor Scott Lee at slee@fgcu.edu or Alana Martin at agsmartin@fgcu.edu.

From page 2B

Hope Hospice Luncheon

Admission is $100 per person or $1,250 to sponsor table of 10 guests and program recognition (checks should be made payable to Hope Hospice). To purchase tickets, visit https://donate.hopehcs.org/spring15. For more information, call Heather Chester at 489-9164.

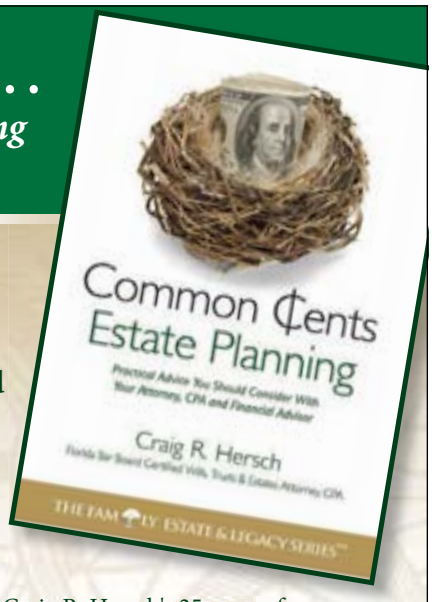
Hyatt Regency Coconut Point Resort & Spa is located at 5001 Coconut Road in Bonita Springs. For more information, visit www.HopeHCS.org.

Just Published…

Common Cents Estate Planning

by Craig R. Hersch

Craig Hersch is a Florida Bar Board Certified Attorney and "*Will Power*" columnist



This groundbreaking book is based on attorney Craig R. Hersch's 25 years of experience helping clients address real life estate planning situations. Topics include:

- Will and Trust basics
- Beneficiary matters
- Estate planning for second and blended marriages
- Dealing with family dynamics
- How Florida estate planning is unique
- Probate and trust administration basics

Mr. Hersch's new book is available at **Amazon.com.**
To order a copy, follow the link at **www.sbshlaw.com/books**.

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Ambassador Family Named

Michelle Schiff, Justin Schiff and their son, Noah Logan Schiff, have been selected as the 2015 ambassador family for Lee County's annual March For Babies.

Noah Logan Schiff was born 16 weeks premature on September 15, 2013 at the Golisano Children's Hospital of Southwest Florida, weighing only one pound, seven ounces. Noah was immediately admitted to the neonatal intensive care unit (NICU) under level three care. Due to Noah's resilience and the intensive care he was given, on January 27, 2014, he was able to go home at six pounds and one ounce.

March For Babies is the March of Dimes signature annual fundraising event to help every baby have a healthy start. Premature birth is the leading cause of newborn death in this country and babies who survive may have lifelong disabilities. Money raised through March For Babies supports programs and research to help prevent these problems.

"We heard about March of Dimes while Noah was in the NICU at the Golisano Children's Hospital of Southwest Florida," said Michelle Schiff. "March of Dimes came and spoke to us at a parent support group meeting, and they also came to the NICU during World Prematurity Month to speak with us and gave us shirts to wear for World Prematurity Day. They have been very involved the NICU families and have continuously shown their care and support."

It is this support, and the work that March of Dimes has done, that inspired the Schiff's to become this year's ambassador family and help put a face, and a story, to the March of Dimes cause and to 2015 March For Babies.

The event will be held on Saturday, April 25 at Centennial Park in Fort Myers. You can register to walk online at www.marchforbabies.org/event/leecounty.

Fun Days At The Rec Center

Registration is open for children's Fun Days on Friday, March 27 and Monday, April 6, offering a variety of athletic games, craft projects and special entertainment. Enrollment is available for children in Kindergarten through 8th grade. This program operates from 8 a.m. to 5:30 p.m. Each child needs to bring a lunch, swimsuit and towel. Light snacks will be provided.

Register in advance and receive the early bird rate of $21 for members, $27.50 for non-members.

For more information call the Sanibel Recreation Center at 472-0345 or visit www.mysanibel.com.

Will Power

How Are Gift And Estate Taxes Related?

by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

I'm often asked how the gift tax rules and the estate tax rules relate to one another. Gift and estate taxes are known as "transfer" taxes, based upon the value of assets being transferred from one person to another.

The federal tax system entitles each of us to a $5.43 million lifetime exemption from gift and estate taxes. This exemption can be consumed during your lifetime, and any unused exemption may be applied at your death. So assume that I own a commercial office building worth $5 million and transfer that office building to a family partnership owned by my three daughters. I have consumed $5 million of my lifetime exemption against gift and estate taxes, leaving me with only $430,000 of exemption to be applied at the time of my death. If, at the time of my death, my will bequeathed another $2 million of assets to my three daughters, then an estate tax would be due from my estate since I have made total transfers of $7 million against my lifetime exemption of $5.43 million.

The estate tax is paid before the additional transfers are made, so my daughters would receive a net inheritance after the tax is calculated and paid. The federal estate tax return actually "adds back" prior taxable gifts to compute the amount of gross estate tax owed. The net estate tax equals the tax on the taxable estate (lifetime taxable gifts plus gross estate value at death) less the total amount of exemption available at the time of the death.

You may have noticed that I referred to "taxable gifts." Certain gift transfers that are made during your lifetime do not reduce the gift/estate tax exemption available to you. The first is an "annual exclusion" gift. You may gift up to $14,000 annually to anyone that you want, and not have that gift counted towards your lifetime exemption. You may also gift unlimited amounts for someone's health or education, provided that you make the gift directly to the medical care provider, or the educational institution, respectively.

My daughter Gabrielle attends Brandeis University. I can gift Gabi $14,000 annually (as can my wife) so she can receive gift tax free transfers from both of us in the amount of $28,000 without anyone having to report the gift on a Federal Gift Tax Return Form 709. Even if the entire $28,000 was paid from my personal checking account, so long as Patti and I timely file a Federal Gift Tax Return where we elect to "split the gift," no part of the gift will be deemed taxable, meaning that we will not reduce our federal estate and gift tax exemptions. These annual exclusion gifts must be "present interest" gifts, meaning that they have to be currently available to the recipient rather than being restricted in any way, such as contributed to a trust that the recipient has no access to.

In addition to the annual exclusion gifts to Gabi, my wife and I can also pay Gabi's tuition at Brandeis so long as we write the check directly to the university. I can also pay Gabi's health insurance premiums, doctor bills and prescriptions so long as I don't give her the money to pay those expenses and I pay them directly myself. None of those gifts should reduce our lifetime exemption.

Spouses can transfer unlimited amounts between themselves, both during their lifetimes and at their deaths and not incur any transfer taxes, so long as both are United States citizens. Bill Gates can transfer his entire fortune to Melinda without incurring any transfer taxes.

You can probably determine that it's important for your estate tax attorney to both know and have copies of any taxable lifetime transfers. This can be readily accomplished by providing your estate attorney copies of all prior Federal Gift Tax Return Form 709s filed with the IRS. Without this information, your attorney may assume that you have not made any lifetime transfers, and the estate plan recommended for you might not be proper.

Further, if you have made lifetime transfers that haven't been reported, you should meet with your attorney and/or CPA to discuss filing a late return. When one files a Federal Gift Tax Return, the IRS generally has three years in which to challenge the return. When transfers are made of hard to value assets like real estate or business interests, the IRS isn't shy about challenging the value and assessing back taxes, interest and penalties. Failure to file a return opens the door at the donor's death for the IRS to go back in time and make assessments.

It's always a good idea to discuss these issues with your tax professionals.

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Superior Interiors

A Window Into Luxury

by Jeanie Tinch

"Like so much else in life, luxury is relative. When it comes to interior design, the concept is often invoked, but its meaning can take many forms." Those words really got me thinking as I read them in *Elle Decor* magazine's recent report of results from its "Luxury Survey."

The magazine surveyed designers for "their insights on what constitutes real luxury now."

Many of my clients are much more middle America, which made me reflect on what is luxurious for them. It made me think of our company founder's vision to make custom decorating affordable to more people.

I think that many homeowners would agree with *Elle Decor's* finding that 68 percent of respondents said that "quality beats everything else in determining what constitutes true luxury." However, that begs the question: What is quality?

It could mean high-end materials. It could mean craftsmanship. It could mean exclusivity. It could mean the recognizability of the brand.

Every Person's Luxury

Here's another way to look at luxury: The view through another window, so to speak. Some years ago, the Total Quality Movement (TQM) was all the rage in business. One of the principles of one quality-improvement guru was "Quality is meeting mutually agreed upon expectations."

Applying that to home furnishings, one might suggest that quality – luxury – is whatever meets your expectations. However, I'd like to add a ribbon to that dress, or valance to that window, by adding that luxury is what makes you feel special.

It doesn't always cost a lot of money. One of the interesting benefits of the quality improvement movement was that many businesses found they could improve quality and save money. But I digress.

My point is that you don't need to spend a lot of money to be luxurious. Your home or office is your haven. It can make you feel more luxurious with simple touches.

Windows: The Most Obvious Option

Windows are already a natural focal point of any room. When you walk into your favorite room, your eyes will almost always be drawn to the windows. Usually, we put up blinds, or draperies, or some other sort of window covering, and then leave it at that.

Why not have window treatments that allow you to change the look periodically? An interchangeable valance top treatment could enable you to have a variety of looks to those windows. A swag over side panels, with the right drapery rods, could produce seasonal ambiance.

The phrase may be "window treatments," but how you treat your windows can be your own way to add affordable luxury to your environment.

Accent On Luxury

The *Sex in the City* TV show was frequently about shoes, wasn't it? So, we women all know that an important aspect of luxury is how we use accessories. Yes, Carrie's shoes were expensive, but she did shop for sales (as I'm told). The point, I think, was to make a statement – to yourself, and to others. Most importantly, though, to yourself.

Luxury for Carrie was certain shoes. Luxury for you can be whatever makes you feel special when you walk into your home or office. It might be a colorful area rug, a painting or a family heirloom. Luxury is about you. Luxury is about how it makes you feel. Luxury is that special touch for you.

So, think about adding some simple touches, or not highly-expensive touches, that will give you the feeling of luxury.

Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at jeanie@decden.net.

Duplicate Bridge

On Tuesday, March 10, there were 11 duplicate bridge tables in play at The Community House. The winners were:

North/South
1. Elaine Jass and Will Smith
2. Linda Drasnin and George Willoughby
3. Donna Gould and David Hutzler
4. Marilyn and Alan Austin-Nelson

East/West
1. Marlyn and James Stewart
2. Dorothy and Irwin Levy
3. Carolyn Combi and Ellie Svenson
4. Lois and Doug Townsend

On Thursday, March 12, there were nine tables in play at The Community House. The winners were:

North/South
1. Clara and Terry Terrana
2. Carolyn Combi and Caroline Oldenburg
3. Susan Riley and John McDermott
4. Kenneth Appel and Albert Simon

East/West
1. Marlyn and James Stewart
2. Lois and Doug Townsend
3. Geoffrey Moss and Clark Wackerman
4. Christl and Bruce Smith

There are two ACBL-sanctioned games per week: Tuesdays and Thursdays, from 1 to 4 p.m., at The Community House, 2173 Periwinkle Way. The games run from January 1 through April.

For more information, contact Susan Willoughby at 281-3258.

Our email address is press@islandsunnews.com

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$899,000

Compass Point 111 - 1299 Middle Gulf Dr
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$1,149,000

778 Cardium Street
3BR/3BA Remodeled Beach Cottage $479,000

Moonshadows 1A - 1351 Middle Gulf Dr
3BR/3BA - Very Spacious - Near Beach - Pool & Tennis - $939,000

1pm - 4pm

Lighthouse Point 231 - 200 Periwinkle Way
2BR/2BA +Den - Furnished - Updated - Bay Views! $670,000

Compass Point 111 - 1299 Middle Gulf Dr
2BR/2BA +Den +Cabana w/ Bath - Direct Gulf Front - Weekly Rentals
$1,149,000

778 Cardium Street
3BR/3BA Remodeled Beach Cottage $479,000

Moonshadows 1A - 1351 Middle Gulf Dr
3BR/3BA - Very Spacious - Near Beach - Pool & Tennis - $939,000

Nutmeg Village 209 – 2777 West Gulf Dr
2BR/2BA - Remodeled & Furnished - $730,000

Sanibel Sunset 202 – 2959 West Gulf Dr
3BR/2BA - Enclosed Lanai - Direct Gulf Front - Fantastic Views!
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MONDAY MARCH 23rd • 9AM - NOON

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2BR/2BA +Den - Furnished - Bay Views! $670,000

603 N Yachtsman Drive
3BR/2BA upgraded kitchen/baths, private upstairs master $688,500

755 Pen Shell Drive
3BR/2BA - Ground Level - Remodeled - Corner Lot - Canal & Dock
$899,000

Compass Point 111 - 1299 Middle Gulf Dr
2BR/2BA +Den +Cabana w/ Bath - Direct Gulf Front - Weekly Rentals
$1,149,000

778 Cardium Street
3BR/3BA Remodeled Beach Cottage $479,000

Spanish Cay C-5 - 1610 Middle Gulf Dr
Remodeled 2BR/2BA - Sanibel River View $379,000

1209 Sand Castle Road
3BR/3BA - Updated - Pool - Expansive Golf & Water Views $789,900

Nutmeg Village 209 – 2777 West Gulf Dr
2BR/2BA - Remodeled & Furnished - $730,000

1pm - 4pm

Lighthouse Point 231 - 200 Periwinkle Way
2BR/2BA +Den - Furnished - Bay Views! $670,000

923 S Yachtsman Drive
3BR/2BA - 2 Story w/ Elevator - Fireplace - Pool - Wide Canal
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755 Pen Shell Drive
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$899,000

Compass Point 111 - 1299 Middle Gulf Dr
2BR/2BA +Den +Cabana w/ Bath - Direct Gulf Front - Weekly Rentals
$1,149,000

778 Cardium Street
3BR/3BA Remodeled Beach Cottage $479,000

Sundial R304 – 1401 Middle Gulf Dr
2BR/2BA +Den - Amazing Gulf Views! $799,000

Spanish Cay C-5 - 1610 Middle Gulf Dr
Remodeled 2BR/2BA - Sanibel River View $379,000

1173 Kittiwake Circle
4BR/2BA +Den - Lake & Golf Views - Pool $789,900

Nutmeg Village 209 – 2777 West Gulf Dr
2BR/2BA - Remodeled & Furnished - $730,000

Sanibel Sunset 202 – 2959 West Gulf Dr
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450 Lake Murex Circle
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3BR/2BA Main House - 1BR/1BA Guest House - Pool $1,999,000

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ISLAND SUN BUSINESS NEWSMAKERS

McMurray & Nette

Top Producers

Royal Shell Real Estate recognizes its top producers for the month of February. The are:

Sanibel/Captiva office top listing producers team is the McMurray & Nette Team; top listings producer individual/partners, Cindy Sitton; top sales producers team, Burns Family Team; and top sales producers individual/partners, Betsy Belpedio.

Fort Myers office top listing producers team is the Yergens, Miller & Welsh Team; top listings producer individual/partners, Patti Testa; top sales producers team, Yergens, Miller & Welsh Team; and top sales producers individual/partners, Patti Testa.

Cindy Sitton

Betsy Belpedio

Burns Team

Realtors Honored

Jim Hall, Lynda and Kit Traverso and Matt Hudson

During a recent 2014 recognition ceremony, Tina DiCharia was recognized as VIP Realty's Rookie of the Year for Sanibel and Captiva.

Lynda and Kit Traverso were the 2014 Associates of the Year for Sanibel and Captiva, and also were awarded VIP Realty's most prestigious award for 2014, the All Company Number One Agents out of all the VIP Realty Group offices in Lee and Collier counties.

Karen Bell

Tina Dicharia

The Bell Team was the 2014 Sanibel and Captiva Top Team, and also were awarded VIP Realty's most prestigious award for 2014, the All Company Number One Team out of all the VIP Realty Group offices in Lee and Collier counties.

The awards ceremony was held on February 27 at Kelly Greens Country Club in Fort Myers. Realtors from the Sanibel, Captiva, Fort Myers and Naples offices were in attendance.

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Top Producers

LeAne Taylor Suarez

Bob Berning

The top associates at John Naumann & Associates for the month of February are: top listing agent, LeAne Taylor Suarez; top listing team, Berning-Colter team; top sales agent, LeAne Taylor Suarez; top team, Harrell, Tolp & Albright team.

Ken Colter

Harrell, Tolp & Albright Team

Top Producer

Premier Sotheby's International Realty named Brooke Brownyard its top producer and top listing agent for the month of February.

Brooke Brownyard

Letter Carrier Food Drive Is May 9

Letter carriers in Lee County are gearing up for the 23rd annual national letter carrier food drive. The nation's largest single-day food drive, Stamp Out Hunger, will be held on Saturday, May 9. This is the one day when letter carriers collect non-perishable food that has been left at mailboxes.

Seasonal residents returning home before May 9 may drop off their contributions at any post office.

Summer is coming, school will be out, and the need for food assistance will be great. Food collected in Lee County will be distributed by the Harry Chapin Food Bank and several other agencies. All food collected in this food drive is distributed to participating agencies at no cost.

Businesses can set up collection boxes for employees and customers who may not be able to leave food at their mailboxes on May 9. Non-perishable food in unopened, non-breakable containers may be donated. Items especially in need are peanut butter, tuna, rice, beans, canned meats, fruits, vegetables and soups.

Volunteers are needed to assist letter carriers with their pickups. For more information in Lee County, contact Megan Fasig with the United Way at-433-2000 ext. 228 megan@unitedwaylee.org.

Volunteers are also needed to help at post offices with preliminary food sorting on May 9. Contact Tanya Phillips at Harry Chapin Food Bank at 334-7007 ext. 141 or tanyaphillips@harrychapinfoodbank.org, or Kim Berghs at United Way at 433-2000 ext. 260 or kim@unitedwaylee.org.

The Difference Between PTSD And TBI

submitted by Dan Perkins, Songs and Stories for Soldiers, Inc.

There are a great number of myths associated with PTSD and TBI. Traumatic Brain Injury (TBI) is a physical injury to the brain cavity. The explosion of roadside bombs, mortar shells exploding, bullets or fragments that pierce the skull are some of the causes of TBI. There are more severe forms of TBI when a foreign object crashes through the skull and attacks the physical brain. The recovery from TBI, especially the more severe forms, can be very long and difficult. The courage shown by men and women who have suffered from either or both is truly inspirational.

Post Traumatic Stress Disorder (PTSD) is an anxiety disorder that is triggered by an event such as violence upon ones self, a car accident, or being on the battlefield. PTSD can occur in civilians as well as soldiers. People that have been mentally or physically abused can have PTSD. It is possible that soldiers with TBI, which is a physical injury, can also have PTSD, with is more mental, from the same accident. Losing an arm or leg in combat is physically traumatic, but to constantly reliving those events in their brains can take a long time to heal. We know from conversations with soldiers and medical staff that the night is the most difficult time for the veteran.

Songs and Stories for Soldiers is in partnership with the Carrick Brain Center in Irving, Texas to assist soldiers being treated at Carrick. We provide our MP3 package to soldier being treated at Carrick. The soldiers through Songs and Stories now fill there down time between treatments. With the addition of sleep music, we can try and get them to sleep and rest through the night.

The one thing both PTSD and TBI have him common is that sleep can help in accelerating the recovery. We have modified our MP3 system to include an eight-hour sleep audio that the soldier will be able to listen to through the night. The sleep music is already on the MP3 package the moment he or she receives the player. We have updated the content on the website to include three more sleep audio programs for the soldier to download.

We distributed the new players in Dallas three weeks ago and the feedback has been overwhelming. In the first four months of the program, we have distributed 1,500 MP3 players and in the last 30 days, we have collected enough money to send out 800 more players. Our goal is to have 10,000 veterans using Songs and Stories by the end of 2015. For as little as $10, you can help a soldier make it through the night.

On Thursday, March 26, The Dunes Golf and Tennis Club on Sanibel will host a fundraising event to help increase awareness of the challenges of TBI and PTSD, for American veterans and to raise money to buy more MP3 systems for the vets. All are welcome to come and learn more about the program. If you can't attended, then please go to the website – songsandstoriesforsoldiers.us – and click on the donate button. You will be helping us to get soldiers safely to dawn, and you just might win the complete three-volume set of Dan Perkins trilogy, *The Brotherhood of the Red Nile*.

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Eden Energy Medicine

Energies Of Love: I Am Always Right

by Karen L. Semmelman, Certified EEM, JD, AAML (03-12)

Over the last several weeks, we learned there are four sensory types, one of which we each use as a default while under stress – 1: tonal; 2: visual; 3: kinesthetic; 4: digital. See the *Energies of Love* book for in-depth exploration. When one is in the midst of an argument, the default mode will prevail and any attempt to convince the person to perceive the situation in another mode will fail. So, that means if we learn our own sensory type, and that of those close to us, we will begin to communicate in an effective and loving way. This is the energy of love. By interacting with each other's energies, loving energy is shared.

Today we explore the last of the sensory types – the digital (in balance the most kind, calm and rational person who is able to access and organize vast amounts of information while at the same time create a perfect solution for any problem). This person thinks with perfect logic, knowing that she/he is always right, since, after all, who can dispute linear thinking? In distress, the digital will rationally explain all the reasons why her/his approach is accurate, being completely un-emotive, even if loved ones may be crying.

Here is the vignette. Eleanor and Edwin have been living together for 35 years. On the way home from the gym, Edwin is rear-ended by a woman who was texting. Edwin's neck is hurt, the police arrive, the car is damaged and he is very upset, seeking Eleanor's support. Oh, and Edwin was driving Eleanor's BMW convertible – her pride and joy. When Edwin, who is now limping and holding his neck, tells Eleanor, she immediately asks that he explain every step that happened, that he needs to call the insurance company right away, that she will call the doctor and notify the police to press charges due to the woman's texting; that he should sit down and write a chronology so they can give the same account to everyone. She rationally explains that she has reminded him in the past to be careful while driving her car, explaining all this with precision and rational ease. Edwin approached Eleanor to hold her, seeking comfort and Eleanor pats him on the cheek, telling him they have must attend to business.

Solution? Both ask, "Do you Mean?" After doing the Blow-out; zip-up and hook-up exercise (part of the 5 Minute Routine), try the exercise in the column Hand to Heart with Partner Creates Bond" (5 weeks ago). There are many more solutions in the book. Understanding our loved ones' energies (plus our own), changes all our lives..

Have fun with your energy! Next week's topic is "Energies of Love-Experience Teaches."

If you have a question, email Karen Semmelman at SemmEnergyCenter@gmail.com. Learn more at www.semmelmanenergy.com. EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.

Free Autism Screening

Golisano Children's Hospital of Southwest Florida, in partnership with Ronald McDonald House Charities of Southwest Florida, offers a free monthly autism spectrum disorder screening for children 18 months to five years of age.

The next screening on the Ronald McDonald Care Mobile will be held on March 27 from 9:30 a.m. to 2 p.m. at the Sanctuary Outpatient Center, 8960 Colonial Center Drive, Fort Myers.

It is estimated that one in every 68 children is diagnosed with some form of autism spectrum disorder, making it more common than childhood cancer, juvenile diabetes and pediatric AIDS combined.

Medical consultants for the project stress that an early diagnosis and intensive behavioral intervention can make an immense difference not just in the development of children but in their families as well.

The screening is conducted by the Golisano Children's Hospital of Southwest Florida and administered by an advanced registered nurse practitioner with extensive training and experience in typical child development and developmental disorders.

A physician referral is not required. To schedule a screening, call 343-6838.

From page 6B

Ruane Named

style consistent with Sanibel's small town character," Bath added. "Thanks to your leadership, the measure passed unanimously and will be the subject of a presentation at April's council meeting."

Ruane said that it was "truly an honor and a privilege" to serve the citizens of Sanibel.

Also at the meeting, the keynote address was delivered by Wayne Daltry, former director of the Lee County Smart Growth Initiative, who spoke on the subject Problems Of Growth and Development in Sanibel's Greater Watershed Area.

"The 'magic' of Sanibel is that our city government, COTI and other Sanibel organizations work together to make effective decisions that produce positive results," said Beauchamp. "As we increase the size of our COTI community, we increase our collective capability to have influence on, decisions and actions made by Sanibel leader-ship."

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School Smart

by Shelley M. Greggs, NCSP

Dear Shelley, My 7-year-old son is overweight and we are working on it. I know that being overweight is dangerous for him. He enjoys outdoor physical games with his siblings and with us (parents). Is physical activity enough with family? What else could I do to encourage him?

Letitia W., Cape Coral, Florida

Letitia,

Life can be quite difficult for overweight children. I am glad to hear that you are aware of your son's condition and that you are trying to remedy his condition.

It's very important for you and with guidance from your family doctor to address this problem and help your son. The negative effects of obesity will impact his health, school performance, and social and emotional welfare.

In 2012, more than one third of children and adolescents were overweight or obese. According to the Centers for Disease Control (CDC), childhood obesity has both immediate and long-term effects on health and well being, with a substantially increased risk of immediate health effects of cardiovascular disease, pre-diabetes, bone/joint problems and psychological problems of stigmatization and poor self-esteem. Long-term health effects may include an increased risk of these same diseases as an adult and several types of cancer as well.

Prevention as per the CDC includes healthy lifestyle habits of healthy eating and physical activity, both of which can lower the risk of becoming obese and developing related diseases.

In regard to physical activity, there is some new research that reported the top barriers for overweight children to participate in physical activity are feeling self-conscious (29 percent), lack of enjoyment (22 percent), poor health (22 percent), lack of self-discipline (21 percent) and lack of energy (21 percent). This new preliminary research from Cincinnati Children's Hospital also indicated that friends play a major role in children's levels of physical activity. This suggests that kids may be more likely to exercise when friends do. Children and teens who did physical activities with a friend were far less likely to cite barriers for not exercising, while family participation or encouragement did not have this effect.

While your son's nutrition and emotional well being are an important emphasis for you and your son, you may also want to consider how to get your son to be active with friends as well. "Having physically active friends may make it easier for obese children to get involved with activities and lower the perceived barriers for doing so, while having a physically active family may not be as inspiring," was noted as an important finding in the CCH research.

I would recommend that you meet with your son's teachers and school counselor to ask for their assistance to increase your son's socialization with children in his class who are physically active. Once you make the school aware of your goals, I'm sure they will help you and your son work towards accomplishing them.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.

Kindergarten Orientation

The Sanibel School will be holding its kindergarten orientation on Tuesday, April 14 for children who will be 5 years old on or before September 1, 2015 and who plan to attend school in the fall.

Children are invited to visit the school from 9 to 10 a.m. They will visit a kindergarten classroom and play on the playground. That evening, parents are encouraged to visit the school from 6:30 to 7:30 p.m. The kindergarten teachers will present important information for parents about the kindergarten program. In addition, you will be able to submit your registration forms at 6 p.m. prior to the orientation.

Call school registrar Donna Marks at 472-1617 if you have any questions.

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Doctor and Dietitian

Keep Those Joints Moving

by Ross Hauser, MD and Marion Hauser, MS, RD

If you have ever injured a joint and gone to the doctor or physical therapist, you have no doubt heard them stress the importance of range of motion. Having enough motion to keep doing or gaining the ability to do the things you want to do, with no or minimal pain is important to you. So, you listen to the doctor or therapist and go through the motions of the range of motion protocol.

But why is range of motion so important? Your joint – the articulating surfaces of two bones – requires range of motion to be happy and healthy. Joints get a big part of their nutrition from movement. Most of our joints are synovial joints, meaning joints with a fluid-filled capsule around those two articulating surfaces. Blood flow is a common source of nutrition for many structures in the body, but the articulating surface where the cartilage is located has little blood flow. The joint has to receive its nutrition from the synovial fluid or lubrication along the surface of the joint, and that occurs when the joint is in motion.

Immobilization is not good for the joint. Lack of motion in a joint, as well as when the joint stops moving through its full range of motion, limits the nutrition to the cartilage. Immobilization also does damage to the ligaments of the joint; whereas exercise benefits them. In fact, exercise has been shown to increase the strength of an injured ligament by 50 percent compared to rest. Without movement, the ligaments get weak and the cartilage dries up. Instead of building up, the joint breaks down. This results in both pain and osteoarthritis.

Keep moving and exercise as your doctor or therapist recommends. If you have a joint injury that is not healing, Prolotherapy, a natural regenerative injection technique, can strengthen the ligaments and build up the cartilage.

This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.

Mom And Me

by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

We recently moved to a warmer part of the U.S. We were very anxious to get involved, meet new people and start contributing to the community.

We tried but have now withdrawn to our own little cocoon.

The people all seem resentful to the northerners. They want no change. They want to keep things exactly as they have been for the last 100 years.

We thought we would like it here but now think that it is time to move.

Do you have any suggestions?

Damon

Dear Damon,

"I don't like change." This is so common among the older generation and some people who are much younger and should know better.

If you live, you are constantly changing and so is the world around you.

You can never change people who are set in their ways – you can only change how you feel about them.

See if you can to join a "newcomers" group; maybe you will find others eager to move and shake just like you.

I do wonder, why did you move to your present location and then try to start changing it?

Lizzie

Dear Damon,

Well, there is the problem… not "them" but you. Why go to a new location and try to change them as if you and your ways are better? Not too many people north, south, east or west would be welcoming of an individual coming into their homes and trying to change their way of life. Fine if you want to move again but, as long as you bring yourself and your notions to change people, you will continue to have a problem.

Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.

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deaRPharmacist

The Diabetes Statin Connection

by Suzy Cohen, RPh

Dear Readers: Did you get diabetes after starting a statin drug? This is very common, statin users often find better cholesterol ratios over time, but higher blood glucose. Sit down for my next comment: It's entirely possible that you've been diagnosed with type 2 diabetes when in fact you just have hyperglycemia (high blood sugar) and it's just a side effect, and the result of your statin.

The good news is your "diabetes" may even be reversible when your statin treatment is over. I've counted 84 people (including my BookFace mom) who got off their statin and reversed their "diabetes."

It may be news to you, but many studies and reports have shown that statins can cause raise blood sugar, which is sadly and disgracefully mistaken for "diabetes." Now you're on the expensive medication merry-go-round!

Another bombshell coming: People with high cholesterol have a lower risk of getting diabetes, which is in keeping with what I just told you about statins triggering the condition. I've got the most current information now. Researchers looked at the rates of diabetes among 63,385 Dutch residents in the Netherlands between 1994 and 2014. Of these participants, 25,137 had inherited "Familial Hypercholesterolemia," which is a condition that means high cholesterol from their inherited genes. These people with the genetic snp (pronounced snip) coding for high cholesterol displayed significantly lower rates of type 2 diabetes! The details were reported in the March 2015 edition of *JAMA* if you want to look it up. The prevalence of type 2 diabetes was actually 38 percent lower, which suggests high cholesterol protects against diabetes. Keep in the back of your mind how people taking statin drugs face an increased risk of developing diabetes, anywhere from nine to 46 percent depending on what study you read.

It's pure genius if you think about it. Here you have multiple studies showing how cholesterol-reducing statins raise blood sugar, and now we see clearly that people who have higher endogenous levels of cholesterol are protected from diabetes. I'm talking about endogenous (body-produced) cholesterol, okay, so this is not your excuse to eat bacon.

Insulin is your God-given pancreatic hormone and it's secreted to help reduce blood sugar after you eat and drink. You want some insulin to maintain blood glucose levels, but too much of it is the equivalent of acid in your veins. And guess what? The use of statin drugs appears to increase your insulin levels!

Now I'll summarize this:

• High insulin and blood sugar are extremely harmful to your health.

• The regulation of glucose and insulin is crucial.

• The "standard of practice" in medicine calls for severely low levels of cholesterol (in my opinion) hence the need for statins.

• Statins reduce cholesterol, but may raise insulin and blood sugar over time.

• Medications used to reduce blood sugar do not address the full-body inflammatory process that is going on.

• If you started a statin drug and now have diabetes, try to lower your cholesterol with diet and exercise, and don't lower it too much.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.☆

Got A Problem? Dr. Connie Is In

by Constance Clancy

Q: What is Ayurveda?

A: Ayurveda, or Ayurvedic medicine, is a healthy-lifestyle system that people in India have used for more than 5,000 years. Ayurveda emphasizes good health and prevention and treatment of illness through lifestyle practices (such as massage, meditation, yoga and dietary changes) and the use of herbal remedies. Ayurvedic medicine is holistic, which means viewing the body and mind as a whole. Ayurveda not only treats a person's physical complaints, but it also changes lifestyle practices to help maintain or improve health.

According to Ayurveda, the five elements of nature (space, air, fire, water, earth) combine in the body as three components (doshas) known as Vatta, Pitta, and Kapha. These doshas relate closely to the basic elements of nature and to specific functions of the body. A balance of these doshas is thought to be required for optimal health. For more information, go to www.chopra.com.

Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. She can be reached at constanceclancyfisher@gmail.com.☆

Read us online at IslandSunNews.com

Mobile Mammograms Return To Sanibel Recreation Center

Mobile Mammo Coach

The City of Sanibel Recreation Center will host the Radiology Regional Center's Mobile Mammo Coach from 10 a.m. to 2 p.m. Saturday, March 21. For an appointment or if you have any questions relative to the test, call the Radiology Regional Center at 936-2316.

The Mobile Mammo Coach is a state of the art breast imaging clinic, providing full field digital mammography services. Most insurances are accepted and discounted self-pay pricing is available.

According to estimates from the American Cancer Society, one in eight women will be diagnosed with breast cancer. With early detection, the survival rate for an early diagnosed breast cancer at five years is better than 97 percent. Mammography is one aspect of breast health, in addition to monthly self-exam and annual physician exam.

The Sanibel Recreation Center is at 3880 Sanibel-Captiva Road.☆

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My Stars ★★★★

FOR WEEK OF MARCH 23, 2015

ARIES (March 21 to April 19) A pesky health problem should clear up soon. Meanwhile, travel -- both for personal as well as for business reasons -- is strong in the Aries aspect this week, and well into the next.

TAURUS (April 20 to May 20) Look for Bovines to be on the move this week, whether it's traveling for fun or for business. Other "moves" include workplace adjustments and, for some, relationship changes.

GEMINI (May 21 to June 20) Geminis who have just gone through a hectic period involving job and/or family matters might want to take some well-earned time out to relax and restore those drained energy levels.

CANCER (June 21 to July 22) A romantic situation seems to have stalled, just when the Moon Child was expecting it to go forward. Could that be a bad case of miscommunication going on. Talk it over openly and honestly.

LEO (July 23 to August 22) Showing a genuine interest in something that's important to a friend, family member or colleague could open a communication line that had been pretty much shut down for a while.

VIRGO (August 23 to September 22) Making a potentially life-changing decision takes as much knowledge as you can gather, plus determination and patience. Take your time working it out. Don't let anyone rush you.

LIBRA (September 23 to October 22) You should be back on schedule and heading in the right direction after clearing up a misunderstanding. But there could still be some setbacks. If so, correct them immediately.

SCORPIO (October 23 to November 21) A business matter keeps you pretty busy, but try to squeeze in time to be with family as well as close friends. You need the good vibrations you get from people who care for you.

SAGITTARIUS (November 22 to December 21) Investing in an attractive prospect (business or personal) with little or no information can be risky. Avoid future problems by getting all the facts before you act.

CAPRICORN (December 22 to January 19) Someone close to you might have an unexpected reaction to a decision you feel you're prepared to make. Listen to his or her point of view. It could prove to be surprisingly helpful.

AQUARIUS (January 20 to February 18) Don't give up yet. That once warm, personal relationship that seems to be cooling off fast could recover with some tender, loving care, and who better than you to provide it?

PISCES (February 19 to March 20) Career matters are strong this week. You might want to enter a training program to enhance your skills. Also, consider getting professional help in preparing a brilliant resume.

BORN THIS WEEK: You have a way of respecting the feelings of others, which is one reason people feel comfortable having you in their lives.

THIS WEEK IN HISTORY

● On March 24, 1765, the British Parliament passes the Quartering Act, outlining the locations and conditions in which British soldiers are to find room and board in the American colonies. The New York assembly refused to comply with the law.

● On March 28, 1774, upset by the Boston Tea Party and other blatant acts of destruction of British property by American colonists, the British Parliament enacts the Coercive Acts, which included closing the port of Boston and giving immunity to British officials in criminal prosecution.

● On March 26, 1804, President Thomas Jefferson attends a public party at the Senate and leads a crowd in consuming an enormous loaf of bread. The giant bread was baked to go with the remnants of an enormous 1,200-pound block of cheese given by a group of Baptist women two years prior.

● On March 25, 1958, Sugar Ray Robinson defeats Carmen Basilio to regain the middleweight championship. It was the fifth and final title of his career. Robinson is considered by many to be the greatest prizefighter in history.

● On March 23, 1962, Pakistan's governor, Ayub Khan, gives first lady Jacqueline Kennedy a horse named Sardar because of their common interest in horses. In her memoirs, the first lady referred to Sardar as her "favorite treasure." She nicknamed the jet gelding "Black Jack."

● On March 27, 1973, Marlon Brando declines the Academy Award for Best Actor for his performance in "The Godfather." American Indian actress Sacheen Littlefeather attended the ceremony in Brando's place, stating that the actor could not accept the award, as he was protesting Hollywood's portrayal of Native Americans in film.

● On March 29, 1982, the University of North Carolina wins the NCAA men's basketball championship with a 63-62 defeat of Georgetown University. With 15 seconds on the clock, Georgetown point guard Fred Brown accidentally threw the ball to Carolina's James Worthy, mistaking him for a Georgetown teammate. Worthy dribbled out the clock.

STRANGE BUT TRUE

● It was a wise man, Will Rogers, who observed, "Half our life is spent trying to find something to do with the time we have rushed through life trying to save."

● Cleopatra's husband was her brother, Ptolemy.

● Melanie Roberts, a 41-year-old Ohio woman, was forced to have her left leg amputated. Shortly thereafter, while still recovering, she was shocked to receive a $600 bill for the funeral of her leg. Evidently, she was supposed to pay for the limb's burial -- and the bill was even broken down into the separate costs for the plot, the minister, the hearse and the gravediggers.

● The name "Alice" means "noble kind"; "Amy" means "beloved"; "Angela" means "messenger of God"; and "Amanda" means "lovable."

● During the Muslim feast of Al-Adha, a sheep was to be sacrificed on top of a four-story building in Cairo, Egypt. In a fit of terror or anger, the doomed sheep rushed the executioner, who then lost his balance and fell to his death.

● Ever wonder why so many coin banks are shaped like pigs? Here's the story: In ancient times, a lump of clay was called a "pygg." A clay bowl formed from this lump would often be used to hold loose change, and it was called a pygg bowl bank. According to legend, at a later point in history, a potter unfamiliar with the term received an order for several of these pygg bowl banks. Instead of the bowls, he made coin banks shaped like pigs; they became such a hit that they're still around today.

● The Puritans wouldn't allow the singing of Christmas carols.

THOUGHT FOR THE DAY

"'A little knowledge is a dangerous thing.' That is why so many persons don't fool with it." -- Dan Kidney

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HOCUS-FOCUS

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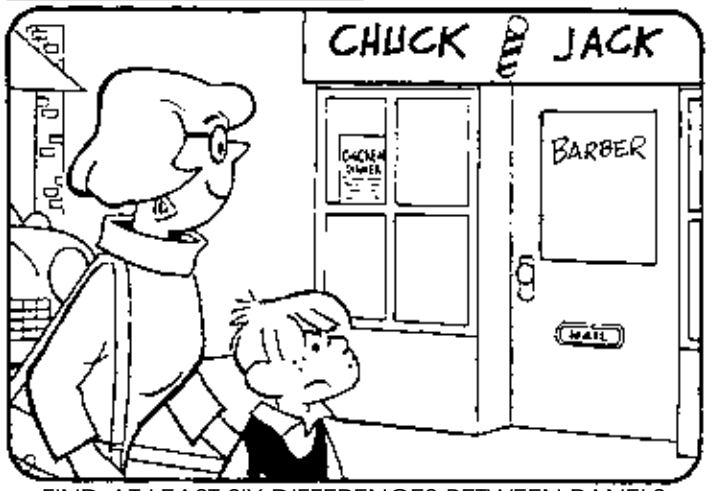
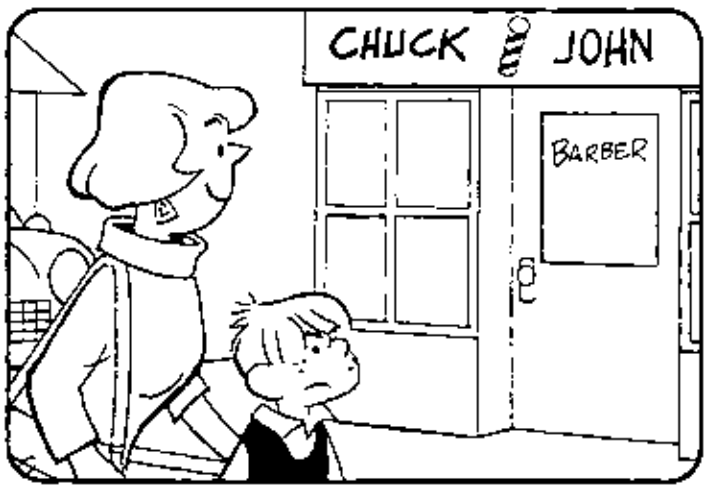


FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Chimney is missing. 2. Glasses are missing. 3. Sleeve is shorter. 4. Poster is missing. 5. Name is different. 6. Mail slot is missing.

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

"I'm late for my _____ appointment — there's an extra five bucks for you if I miss it altogether!"

Passage
ARTIST

Dissent
ALINED

Bedeck
DROAN

Weave
ECLIPS

TODAY'S WORD

answer on page 35B

SUDOKU

	4			7			1	
		7			6	8		
9			2		1			6
7				4			2	
8	3		5					1
		6			8	9		
	5		3				8	
1					7	3		
		2		8			9	5

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 35B

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SUDOKU

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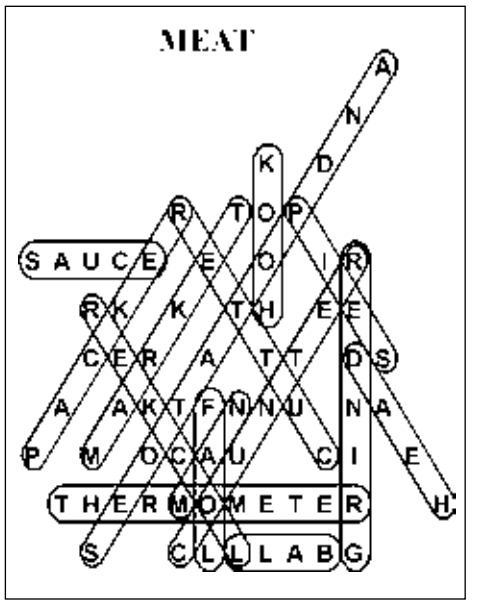
2	1	7	4	9	6	8	5	3
9	8	5	2	3	1	4	7	6
7	9	1	6	4	3	5	2	8
8	3	4	5	2	9	7	6	1
5	2	6	7	1	8	9	3	4
4	5	9	3	6	2	1	8	7
1	6	8	9	5	7	3	4	2
3	7	2	1	8	4	6	9	5

SUPER CROSSWORD

KING CROSSWORD

L	E	E	J	■	U	N	I	T	■	C	A	P
A	G	R	A	■	N	O	N	O	■	O	V	A
N	O	R	M	■	F	I	S	T	■	D	I	G
E	S	S	E	■	A	R	T	■	J	A	D	E
■	■	■	S	K	I	■	E	M	U	■	■	■
T	I	M	B	E	R	■	P	O	L	A	N	D
W	O	O	E	R	■	■	■	T	I	B	I	A
O	N	W	A	R	D	■	P	E	A	C	H	Y
■	■	■	R	Y	E	■	E	T	C	■	■	■
Y	A	R	D	■	L	E	A	■	H	E	C	K
O	D	E	■	D	U	L	L	■	I	S	L	E
W	O	N	■	A	G	U	E	■	L	A	I	N
L	S	D	■	M	E	L	D	■	D	U	O	S

MAGIC MAZE



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SCRAMBLERS

solution

1. Strait; 2. Denial;
3. Adorn; 4. Splice

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★ ★ ★ Classifieds ★ Classifieds ★ ★ ★

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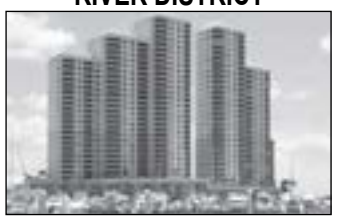

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Offering Professional Upholstery Services,
Custom Art and Hand Painted Furniture.
Lacy@LacyMcClary.com or 918-740-4972.
✲NS 1/23 CC TFN

AFFORDABLE HOME CARE
Private Duty & Personal Assistant
Flexible shifts from 4hrs, Live Ins & 24hrs
Bath Visits,Alzheimer's Care,Bedridden
Stroke, Parkinson's, Traveling Companion
Licensed and Insured. 239-444-6914
✲NS 11/28 CC TFN

SANIBEL HOME WATCH
Retired Police Captain
Lives on Sanibel
Will Check Your Home Weekly
Very Reasonable Rates
(239) 728-1971
✲RS 1/4 BM TFN

HOUSEKEEPER
Luiz home care Services house watch.
house cleaning.laundry, ironing.
Miriam or Vera. miriamluiz@hotmail.com
239-878-1416 or 239-368-6458
✲RS 3/20 CC 4/3

MOBILE DOG GROOMING
Self-Contained Trailer
Up to 40 Lbs.,
Total Grooming, Package,
Please call.
239-313-7140.
✲RS 3/6 CC TFN

HELLE'S CLEANING SERVICES
Residential Cleaning to Satisfaction
Sanibel & Captiva • 239-565-0471
Sanibel Lic. #11412 Lee Co. Lic. #051047
✲NS 1/4 PC TFN

HOME/CONDO WATCH CONCIERGE SERVICES
Dorado Property Management
⁎ Island Resident ⁎ Licensed & Insured
⁎ 24/7 ⁎ www.doradoproperty.com
Call Lisa or Bruce at 239-472-8875
✲RS 3/21 CC TFN

PIZZA DELIVERY

BEACH PIEZ PIZZA
Now delivering to CAPTIVA!
We also deliver to a beach access
or job site! Call 239-47BEACH
(472-3224) or visit www.beachpiez.com.
✲NS 3/13 CC TFN

HELP WANTED

CASHIERS/BAGGERS
Jerry's Foods is looking for
Cashiers/Baggers night time hours
3 to 10 Sunday through Saturday
29 hrs a week.
We are also looking for Servers
in the Restaurant various hours
7 days a week.
If interested contact
Tami or Mark (239) 472-9300.
✲NS 2/6 CC TFN

VOLUNTEERS NEEDED
Volunteers needed for light general
maintenance. Call (CHR) Community
Housing & Resources, Inc. 472-1189.
✲NS 11/1 NC TFN

VOLUNTEERS NEEDED
The Bailey-Matthews National Shell
Museum needs Education and Great Hall
volunteers. No experience necessary, will
train. Please contact Melanie at
(239) 395-2233 ext 11.
✲NS 7/11 NC TFN

VOLUNTEER OPPORTUNITY
The Sunshine Ambassador Program
is a new and exciting volunteer opportunity
offered at the Golisano Children's Hospital
of Southwest Florida located within
HealthPark Medical Center. The Sunshine
Ambassadors will greet, assist and be a
positive f rst point of contact for patients,
families and visitors entering the hospital.
The Ambassadors also make a difference
to families by providing educational
and healthful resources to assist in
GRANDparenting for GRANDchildren.
We are currently seeking
year-round volunteers to work
one 4-hour shift Monday through Friday
from 8:00 am to 12:00 pm
or 12:00pm to 4:00 pm.
If you would be interested in learning more
about this wonderful new opportunity,
please contact Lisa Ellinwood, Volunteer
Resources Coordinator at 239-343-5062
at the Golisano Children's Hospital.
✲NS 2/8 NC TFN

HELP WANTED

WEEKEND HELP WANTED
Part-time retail sales professional needed
year-round for a unique wildlife gift shop/
nature store located at the J.N. DING
Darling National Wildlife Refuge and
run by the non-prof t Society. Candidate
must be available to work Saturdays
and Sundays from 8:45 a.m. - 4 p.m. (5
p.m. in season.) Responsibilities include
supervising the store when manager not
present, maintaining visual appeal of
the store, working with volunteers, and
stocking the store, receiving merchandise.
Must have great customer service/people/
communication skills, able to work with
volunteers, and able to lift 40 pounds.
Must be high energy with general math
and computer skills. Tolls paid. Retail
experience required. Pay range $12.
per hour. Please contact Lise at
239-472-1100 ext. 241 or email resume to:
bookstore@dingdarlingsociety.org.
✲NS 3/20 CC 3/27

HAIR STYLIST BOOTH RENTAL AVAILABLE
Join our Professionals at the New
McGregor Salon. Increase your income,
be your own Boss. Positive, friendly,
comfortable atmosphere. Close to FMB &
Sanibel. Located in the busy, McGregor
Pointe Shopping Center near K-mart.
For Info call Anita 239-233-9882
✲RS 3/13 CC TFN

VOLUNTEER/ JOB OPPORTUNITIES
PAID volunteer opportunities to seniors,
age 55 and over, to tutor/mentor children
in elementary schools & after-school
programs. Offering a stipend, mileage
reimbursement, annual physical, holiday,
vacation, and sick pay – all tax exempt.
Providing struggling school children a
chance to succeed in school, and offering
opportunities that will last a lifetime.
Call Joan at The Dr. Piper Center at
239-332-5346.
✲NS 1/17 NC TFN

VOLUNTEERS NEEDED IMMEDIATELY
The Senior Companion Program
provides volunteer opportunities to
seniors 55 yrs. old and older, to offer
companionship & friendship
to frail elderly individual who are
homebound and generally living alone.
These volunteers serve 20 hours each
week and receive a small non-taxable
stipend, of $2.65 per hr. and .40 a mile
for travel, on-duty insurance, as well
as annual health screening.
Please call the Dr. Piper Center
at (239) 332-5346
ask for Jonah or Lourdes.
✲NS 2/20 NC TFN

HELP WANTED

TROLLEY DRIVERS NEEDED:
CDL class C with passenger endorsement.
Fun, energetic, people person, with safe
driving record. Part time / varied hours.
History of the islands a plus!
Call Evelyn at 239-472-8443 for interview
or send resume to
Evelyn@adventuresinparadise.com
✲NS 3/6 CC 3/27

WANTED TO BUY

CASH PAID FOR MILITARY ITEMS
Cash Paid For Old Military Items.
Medals, Swords, Uniforms,
helmets, old guns, awards & more.
Local Toll Free 1-866-440-3280
✲RS 3/6 CC 5/29

BOATS - CANOES - KAYAKS

RENT OR BUY USED, SMALL SAILBOAT
My wife and I are very experienced sailors
who wish to rent a 15ft or so sailboat
with centerboard to sail between
Captiva Island and mainland during the
day from Saturday, March 21 to thru Friday,
April 3. Alternatively would consider buying
a used sailboat. We own a condo at
South Seas. 314-413-1282
✲NS 3/20 CC 3/20

DOCKAGE
Hourly, Daily, Weekly
and Monthly.
Captiva Island 472-5800
✲RS 1/4 NC TFN

Island Sun
NEWSPAPER
Sanibel & Captiva Islands

FOR SALE

SIGMA TELEPHOTO 300M LENS
for Nikon f lm camera.
170-500 mm. F5-63 APO
$750.
472-3108
✲NS 3/20 CC 3/20

CAUTION

GARAGE • MOVING • YARD SALES

ISLAND WOODS COMMUNITY YARD SALE
Farm Trail Road
just off Periwinkle next
to the Community Church.
Tools, Books, Furniture,
Cookware, Rugs, Artwork.
A Little Bit Of Everything and More.
Fri. 3/20 and Sat. 3/21
10 a.m. to 2 p.m.
No Early Birds Please.
Great f nds.
Rain or Shine.
✲NS 3/20 CC 3/20

HUGE TAG SALE
Vintage beach cottage furniture
and garden treasures
Shabby Chic Galore!
Sat. March 21st.
9 am to 1 pm
2480 Library Way
Sanibel
NO EARLYBIRDS PLEASE
✲NS 3/20 CC 3/20

TO PLACE A CLASSIFIED
LOG ONTO:
IslandSunNews.com
CLICK ON **PLACE CLASSIFIEDV**

★ ★ ★ Classified Deadline Friday at Noon ★ ★ ★

Pets Of The Week

My name is Zoie and the sign on my kennel should read: "Beware of dog. She will steal your heart!" I could be the goodwill ambassador for my breed. I'm obedient, loving, loyal, kind and gentle. I walk well on a leash and always display good manners when meeting others. I could be your companion, therapy dog or your heater on a cold winter's night. My adoption fee is $25 (take a shot and make a basket and you will get $20 off your adoption fee during Animal Services' March Madness adoption promotion).

Hi, my name is Crystal and I am sweet and petite. In fact, I am so little, you might think I am still a kitten. My personality is charming and I love to greet people. I am always ready to play or just sit in your lap. My adoption fee is $50 (take a shot and make a basket and you will get $20 off your adoption fee during Animal Services' March Madness adoption promotion).

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 11:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive, Fort Myers, next to the Lee County Sheriff's Office, off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at $500.☆

Zoie ID# 559131

Crystal ID# 612847

PAWS Of Sanibel

CJ And Maggie

A dog named CJ, an 11-year-old border collie mix, and his little girlfriend named Maggie, a tuxedo cat who is about three years old, are both in need of a home – hopefully together. According to PAWS, their mom passed away a month ago. They are both current on shots and fixed. CJ loves Maggie, he cleans her and sleeps with her. Both are great pets caught in a bad situation.

Contact PAWS volunteer Melanie at 908-1550 to help CJ and Maggie.☆

CJ and Maggie

Home Needed

Snow needs a new home. Snow is a beautiful white cat with bright green eyes. She has always been an indoor cat on Sanibel, but sadly, her family can no longer care for her due to an illness in the family. To meet Snow, call PAWS of Sanibel volunteer Rose at 851-5188.☆

Snow

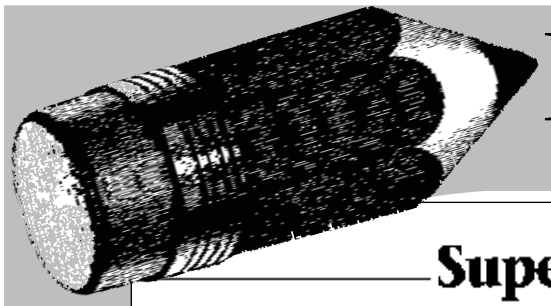
Read us online at
IslandSunNews.com

Island Sun
NEWSPAPER
Sanibel & Captiva Islands

CALLING CARD 239-395-1213

Emergency	911
Sanibel Police	472-3111
Lee County Sheriff's Office	477-1200
On Call Captiva Deputy	477-1000
Fire Department - Sanibel	472-5525
Fire Department - Captiva	472-9494
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
Chamber of Commerce	472-1080
City of Sanibel	472-4135
Administrative Office	472-3700
Building Department	472-4555
Community Housing and Resources	472-1189
Planning Department	472-4136
Library - Sanibel	472-2483
Library - Captiva	239-533-4890
Post Office - Sanibel	472-1573
Post Office - Sanibel (toll free)	800-275-8777
Post Office - Captiva	472-1674
Sanibel Community Association	472-2155
Center 4 Life - Senior Center	472-5743
ARTS	
Arcade Theater	332-4488
Art League Of Fort Myers	275-3970
BIG ARTS - Barrier Island Group for the Arts	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	472-6197
Lee County Alliance for the Arts	939-2787
Naples Philharmonic	597-1111
The Herb Strauss Schoolhouse Theater	472-6862
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	472-4258
SW Florida Symphony	418-0996
CLUBS & ORGANIZATIONS	
ABWA - American Business Women's Assoc.	565-7872 or 433-7798
American Legion Post 123	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon Society	472-3744
Sanibel Bike Club	sanibelbicycleclub.org
Community Foundation of Sanibel-Captiva	274-5900
CROW - Clinic For The Rehabilitation of Wildlife	472-3644
FISH of Sanibel - Friends in Service Here	472-0404
Sanibel Island Fishing Club	472-8994
Horticultural Society of the Islands	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club, Tom Rothman	395-3248
Master Gardeners of the Islands	472-6940
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club	472-0836
PAWS	472-4823
Rotary Club	472-7257 or 472-0141
Sanibel Beautification Inc.	470-2866
Sanibel-Captiva Orchid Society	472-6940
Sanibel-Captiva Power Squadron	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus	395-1202
Sanibel-Captiva Shell Club	395-1770
Sanibel Youth Soccer	www.sanibelsoccer.org 395-2040
MOAA - Military Officers Assc. of America, Alex MacKenzie	395-9232
United Way of Lee County	433-2000
United Way 211 Helpline 24 hour	211 or 433-3900
Zonta Club	728-1971
ISLAND ATTRACTIONS	
Bailey-Matthews Shell Museum	395-2233
JN "Ding" Darling National Wildlife Refuge	472-1100
Sanibel Historical Museum & Village	472-4648
SCCF Sanibel-Captiva Conservation Foundation	472-2329

To be listed in calling card email your information to:
press@islandsunnews.com



BEACH CHAIR PASTIME

answers on page 35B

Super Crossword

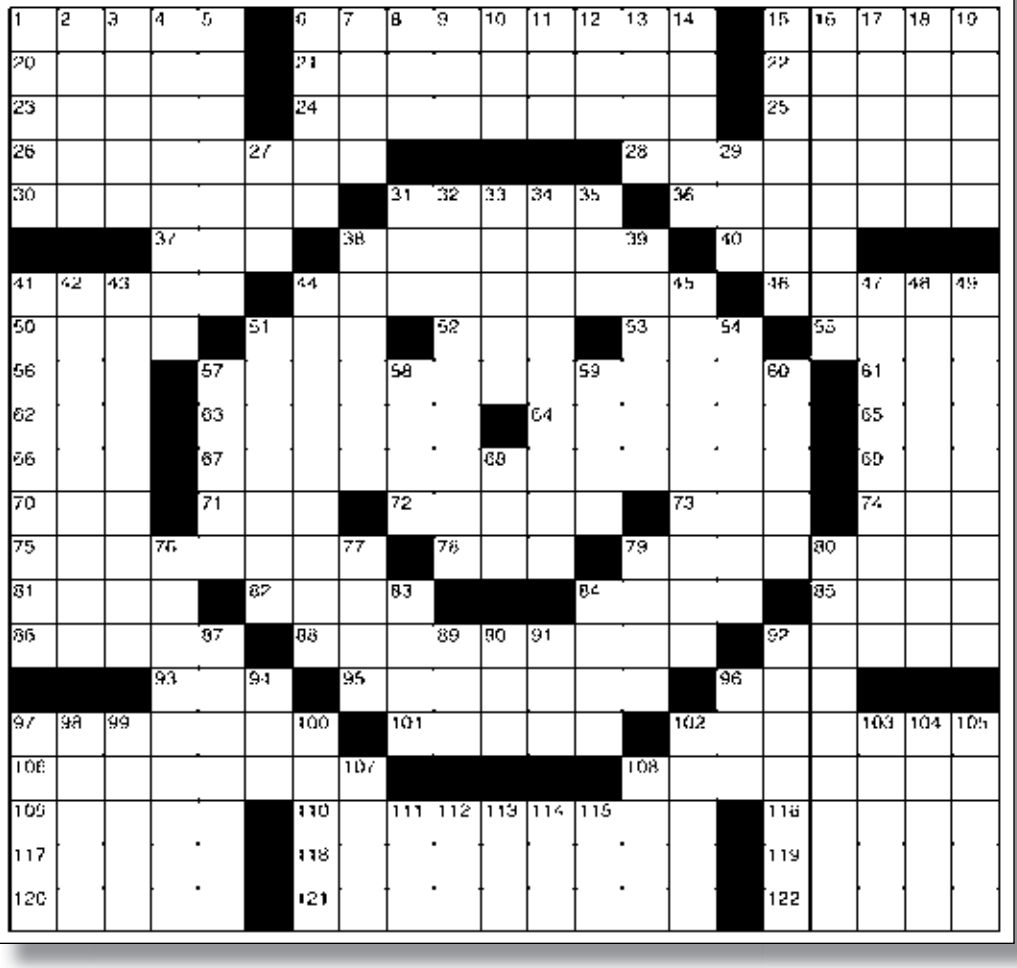
PICTURE OF JOY

ACROSS

1 Will of "Men in Black"
6 Took back as one's own
15 Online money
20 Hidden store
21 Very small blood vessel
22 One of the Obama girls
23 Al of "Today"
24 Jokester's self-satisfied expression
25 Base for a jazz chore
26 Aids in facial orientation
28 Large black-and-tan terrier
30 Loses
31 Clean up, as a program
36 Scholarly sorts
37 True-crime writer Rule
38 Fiery insects
40 Onyx, e.g.
41 — Beach (city near San Luis Obispo)
44 Forgiveness of sins
46 "The Greek" of film
50 Voice range
51 Just-released
52 Lighter name
53 Stooge with a bowl cut
55 Babylonian kingdom
56 Eurasian deer
57 2003 Julia Roberts film
61 Blvds.
62 Blvd.
63 Like galaxies
64 Engages completely
65 Pre-flight aid
66 Sea, in Nice
67 Show delight in one's achievement
69 Kind of snake
70 See 103-Down
71 Fish that may be pitted
72 Places for 11-Downs
73 Previously named
74 Osaka sash
75 Pure chance
78 Thus far, on a quarterly stmt.
79 "I Got Rhythm" composer
81 Cake frosting
82 Quite a few
84 Lock tips
85 — Decor (magazine)
86 Scornful, negative sort
88 Sports cars
92 — on a true story
93 Line of Canon cameras
95 Comic Abbott
97 Spice from a crocus
101 Johnson's successor
102 Hecate vers' counterparts
106 Like the U.S. flag, in terms of hues
108 Bush pilot's runway
109 U.N.'s Kofi
110 Pleased look (as depicted by this puzzle's grid)
116 Pacific island kingdom
117 Washer cycle
118 Too enthusiastic
119 Pungent bulb
120 Adjust, as a watch
121 Gizmo that squeezes grapes
122 British nobles

DOWN

1 "Skedaddle"
2 New Zealand native
3 Clinton adviser Harold
4 Mission to remember
5 Spanish for "brother"
6 Coarse files
7 Deity of strife
8 Pt. of NATO
9 Tierra — Fuego
10 Suffix with transit
11 Hog
12 Craggy hill
13 Director Kazan
14 Leary of "Rescue Me"
15 Emilio of the Brat Pack
16 Spice of the ginger family
17 Filipino, e.g.
18 Wi-Fi, biblically
19 Styx locale
27 Writer Rand
29 Inferior paper
31 JFK or FDR's party
32 Food quality
33 Four-flat on
34 Without injury
35 VW model
38 Heat up again
39 Actress Eike
41 Lifesaver at an accident scene
42 Sitcom featuring the Ricardos
43 Helm holders
44 Axis pitching
45 Glamorous quality
47 Games played on January 1
48 Robin's ride
49 Refrained from voting
51 Tiny biting fly
54 Evasive types
57 Silents star Normand
58 Statutes
59 Small drinks
60 Some swords
68 — for fat
76 Attaché
77 Be aware of
79 Encircle with a belt
80 Slab marking a grave
83 Spun thread
84 Sharp-witted
87 Small crown
89 Agnus — (lamb figure)
90 Kenny G's specialty
91 Ref's org. decision
92 Public pickup point
94 Fa-la linkup
96 Liquor server
97 Ringo of rock
98 Palmer of the links
99 Swedes' neighbors
100 Not at all, in the slicks
102 Jetties
103 With 70-Across, 2012 British Open winner
104 Straitness
105 Runs across
107 Star star Shankar
108 Experts
111 Place for an 11-Down
112 Start to fix?
113 "Indeedy"
114 Not near
115 Become old



King Crossword

ACROSS

1 Actor Cobb
5 One
9 Upper limit
12 City of Ind.
13 Forbidden act
14 In vitro cells
15 Standard
16 Solidarity symbol
17 Archaeological site
18 Belong to Brutus
19 Illustrations
20 Green stone
21 Tackle moguls
23 Ostrich's cousin
25 Woodsy shout
28 1983 Michener bestseller
32 The sort who'll court
33 Leg bone
34 Ahead
36 Swell
37 Catcher's place?
38 List-ending abbr.
39 Play area
42 Meadow
44 "Phooey!"
48 Praise in verse
49 Boring
50 Capri, e.g.
51 Triumphed
52 Malaria symptom
53 Deposited
54 "Acid"
55 Pinochle play
56 Pairs

DOWN

1 Highway division
2 Hollywood clashers
3 Blunders
4 Chef with an eponymous award
5 Prejudiced
6 Bleak.
7 Foot part
8 Youngster
9 Last few notes
10 Enthusiastic, plus
11 Senate staffer
20 TV's "French Chef"
22 Massachusetts politico John
24 Sacred composition
25 Low card
26 Charged out
27 Tend the grass
29 "The View" airer
30 Medical research org.
31 Rotation duration
35 Flood
36 Bang out
39 Prolonged cry of grief
40 Passes
41 Tear asunder
43 Hebrew month
45 Biblical brother
46 Advertising award
47 Kesey and Ellett
49 Beavers' creation

MAGIC MAZE ● MEAT —

A J G D A X V S Q N K I A F D
A X V T Q O M J H F C N A Y W
U R P N L J H F K D D B Z X V
T R Q O M R K T O P I H F D B
S A U C E Z E Y O W I R V R T
R Q R K O K N T H L E E K E I
H F C E R D A C T T A D S V Z
X A W A K T F N N U V N A A U
P S M R O C A U Q O C I N E M
K (T H E R M O M E T E R) J L H
I H S F E C L L L A B G D C B

Find the listed words in the diagram. They run in all directions: forward, backward, up, down and diagonally.

And potatoes
Ball
Counter
Cutter
Grinder
Head
Hook
Loaf
Locker
Man
Market
Packer
Pies
Sauce
Thermometer

Happy Easter

Sunday Buffet Brunch with Prime Rib Carving Station

Slow Roasted Ham • Belgian Waffles • Omelets • Eggs Benedict
Applewood Bacon • Southern Style Cheese Grits • Biscuits & Sausage Gravy
Smoked Salmon • Assorted Salads • Pastries & Desserts • And More!

Easter Sunday Buffet 10:00AM-3:00PM

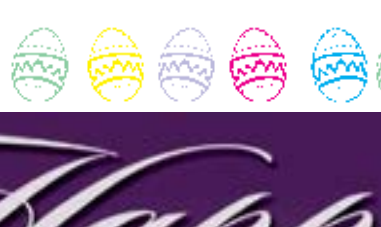
$29.99 per person • $12 kids 6-12 Children under 5 free (limit 2 free children per adult)

Easter Dinner 3:30 PM - 10:00PM.

Serving: Lunch 11am - 4pm • Dinner 4pm - 10pm
Happy hour 11am - 7:00pm daily with a Live music Nightly
Sunday Brunch Buffet 10 am -2:00 pm

239-489-2233 • www.sunshinegrillefm.com
8700 Gladiolus Drive, Ft. Myers 33908
(Winkler and Gladiolus) across the street from Winn Dixie.

Sunshine Grille
WOOD FIRED STEAKS & SEAFOOD



Join us for a Special Easter Sunday Brunch & Easter Sunday Dinner!

Just a cast away from the Sanibel Toll

Monday - Sunday 7:30 am - Late Night
Breakfast, Lunch, Dinner & Late Night Bar • Live Music Nightly
Happy Hour Daily from 3:00 pm - 6:00 pm and 10:00 pm - Closing

17501 Harbour Pointe Drive, Fort Myers, FL 33908
239-689-3857
www.sshookers.com

SS HOOKERS
The Best Catch for Waterfront Dining

We feature live music daily during lunch and dinner with a Sunday Jazz Brunch.
Monday - Sunday • 8:00am - 10pm
Breakfast, Lunch, Dinner
& Sunday Jazz Brunch
Late night bar

11509 Andy Rosse Lane
Captiva Island, FL 33924
239.395.4000
keylimebistrocaptiva.com

Key Lime Bistro
Sun, Food & Spirits
At Captiva Island Inn

Rooster's Island Eats
Monday - Sunday
8am - 10pm
11506 Andy, Rosse Lane
239-395-1142

Cantina Captiva
Mexican & Southwestern Cuisine With your Tex Mex Buzz
Open Daily
11:30am - 10:00pm
14970 Captiva Drive
239-472-0248

Sunshine Seafood
CAFÉ AND WINE BAR
Open Daily
11:30am - 9:00pm
14900 Captiva Drive
239-472-6200

Latte Da
Open Daily
8:00am - 9:00pm
11508 Andy, Rosse Lane
239-472-0234

Captiva Pizza
BEER, WINE & ESSENTIALS
Open Daily
5:00pm - 9:00pm
11513 Andy, Rosse Lane
239-395-0823

http://captivaislandinn.com/captiva-island-dining/